



INFORMED CONSENT AND WAIVER OF LIABILITY

please print legibly

Name _____

Mobile Phone _____ Home Phone _____

Address _____ CITY _____ STATE ___ ZIP _____

Email _____ Birthday ____/____/____ Gender M F

Emergency Contact _____ Phone _____

Have you ever practiced yoga before? YES NO

Do you have any injuries we should know about? YES NO

If yes, explain _____

I understand that yoga can be physically intensive and I voluntarily assume the risk inherent in my participation in classes at EnSoul Yoga, including the risk of injury, accident, death, loss, cost or damage to my person, my family members or to my guests, and I release and indemnify EnSoul Yoga in Ferndale, Caren Paskel LLC, (hereinafter "organizers") from and against any and all such claims and liabilities, including attorneys' fees; I also release and indemnify any and all teachers of yoga or yoga-related activities procured by organizers to lead classes at EnSoul Yoga from and against any and all such claims and liabilities, including attorneys' fees. I acknowledge and agree that organizers shall not be responsible or liable for any losses or damage whatsoever to any personal property owned by me, my family members and my guests, which may occur on or about the premises of the EnSoul Yoga and I, on behalf of myself, my family members and my guests, hereby expressly waive of any such loss or damage. It is therefore understood that all personal property of any kind of nature or description whatsoever which I, my family members or my guests may keep, store, maintain or utilize on or about EnSoul Yoga, shall be kept, stored, maintained and utilized at the sole risk and responsibility or me, my family members or my guest. I further attest that I am in sufficient physical health, and/or that I have consulted with a physician and I am able to undertake and engage in the physical movements and exercises in classes that I have chosen to take inside EnSoul Yoga. I assume responsibility to apprise organizers of any medical conditions that might affect my safety or participation in classes at EnSoul Yoga.

Signature: _____

Date: _____

If under 18 years of age, as legal guardian of _____, I consent to the above terms and conditions.