



Community Advisory Forum Minutes

DATE: August 16, 2017

TIME: 2:00 to 4:00 PM

LOCATION: Bud Clark Commons
Multipurpose Room
650 NW Irving Street
Portland, OR 97209

ATTENDEES: Sandy D'Alessandro, Ernest Hayes, Mandy Kubisch, Jessica Mathis, Sarah Mead, Michael O'Callaghan, Akilah Powell, Walter Robinson II, Christopher Sage, Leticia Sainz, RJ Stangland, Danny Stribling, Cari Strickland, Emily Volpert, Jenny White, Lex Wood

MEETING DISCUSSION

- Welcome and Introductions
 - Katherine Moore led the group through introductions.
- Diversity and Equity Question
 - Community Advisory Forum uses this time to promote and inspire conversations on diversity and equity to enhance our work in the community.
 - The group took them time to reflect on the events occurring nationally.
- County Mental Health and Addiction Services Presentation
 - Mandy Kubsich and Leticia Sainz presented on the Multnomah County crisis system, how to access crisis services, what services are available, and when to call the crisis line.
 - The crisis line is available 24 hours a day, 7 days a week
 - If you are in contact with someone in crisis, the help line is the place to call initially. It can be anonymous—staff ask for demographic information but you do not have to provide that information. There are translation services available in many languages.
 - Urgent mental health walk in center staffed by qualified mental professionals, prescribers, peer services (open seven days a week from 7:30 AM to 10:00 PM), Walk in center is located on 4212 SE Division—it is run by Cascadia Health.
 - Mobile crisis response program (a team of two therapists who move through the community and check in with folks, called in by the County or law enforcement) are free resources available to anyone in Multnomah County—regardless of their insurance status.
 - Multnomah County has preventative services as well, including safety plans and connection to providers.
 - They are trying to make trainings more accessible for the wider community.
 - Mandy passed out “Get Trained to Help” (www.gettrainedtohelp.com) brochures that outline free trainings in Multnomah County.
 - They host many trainings in several different modules, with the goal of educating the public enough to recognize concerning mental health signs and symptoms, and when they have been recognized, what to do about those signs and symptoms.
 - Trainings have a focus on reduction of stigma of mental health issues.

- County Mental Health leaders have looked into opening a mental health crisis center that serves as a shelter.
- Mandy and Leticia responded to questions from the group.
- With questions regarding prevention, contact Mandy Kubisch 503-988-2282
amanda.kubisch@multco.us
- With questions regarding crisis services, please contact Leticia Sainz [\(503\) 988 - 9920](tel:5039889920)
leticia.sainz@multco.us
- Community Advisory Forum Member Announcements and Updates
 - Council Policy Coordinator Ernest Hayes asked: What can Metro do to respond to the affordable housing crisis?
 - They are looking for members of the community who have interest to come forward and tell the Metro Council that this is an important issue to them. There are two meetings per month with the Metropolitan Policy Advisory Committee (MPAC) —occurring every other Wednesday evening at 600 NE Grand Avenue. They are looking for support from jurisdictional partners, community partners, anyone in the community who is passionate about the issue. The housing initiative options materials will be presented to Council on September 7th at 2:00 p.m., at Work Session (no public testimony)
 - The materials will be presented to MPAC (Metropolitan Policy Advisory Council) on September 13th, at 5:00 p.m. (public testimony available)
 - RJ Strangland announced that you do not have to be in recovery, but need the desire to be in recovery to receive recovery services at Dancing Tree Family Day Center located at 10055 E Burnside Street. They have two intake processes per month—call the main office 503-721-1740 to speak with someone about recovery intake. If all of the appointments are taken, come to the center from Monday through Thursday at 9:00 AM (closed Fridays), and if someone misses their appointment you will be able to see a provider.
 - Call to Safety hired two new employees who are spending some time on the crisis line and in the community with domestic violence, mental health, substance abuse, and incarceration focus in our community.
 - The Ticket Home program is now being operated through the Transition Projects Day Center.

NEXT MEETING

Wednesday, September 20th 2017

2:00 to 4:00 PM

Bud Clark Commons

1st Floor Multipurpose Room

650 NW Irving Street

Portland, OR 97209