

## Health & Safety Information

Has your child vaulted before? Yes No  
If yes, where? How Long? \_\_\_\_\_

Any previous gymnastics or dance experience?  
\_\_\_\_\_  
\_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Food allergies (specify): \_\_\_\_\_

Other allergies (specify): \_\_\_\_\_

General health/Health concerns: \_\_\_\_\_  
\_\_\_\_\_

Special Physical Needs (please detail): \_\_\_\_\_  
\_\_\_\_\_

Behavioral/Emotional Concerns: \_\_\_\_\_  
\_\_\_\_\_

- Campers who require 1:1 supervision will be required to provide their own experienced caregiver
- Due to safety concerns and staffing logistics, CTRA may not accept children with particular special needs who have not previously been involved with our regular programming
- CTRA reserves the right to decline a camper whose behavior may adversely affect other children or whose medical assessment will preclude them from vaulting activities

Medications (specify): \_\_\_\_\_

Health Card # \_\_\_\_\_

Family Physician \_\_\_\_\_

Telephone: \_\_\_\_\_

## Payment Information

**Camp Fee: \$300** (plus \$10 membership fee if child is not already a member of CTRA)

### Payment Policies:

- All cheques should be made payable to the Cowichan Therapeutic Riding Association.
- Payment can be made via cheque, cash, Visa or Mastercard.
- **Spaces cannot be reserved until payment is received, or payment from other agencies has been confirmed with the CTRA office.**
- **Registration Form must be completed in full to reserve a spot.**
- All campers must be full members of CTRA. Riders currently enrolled in our programs are already members. Full membership for the year is \$10.
- Before June 30th, 2018 campers may receive a full refund less a \$50 administration fee.
- After June 30th, 2018 full refunds (less \$50 admin. fee) will only be given in situations where a documented health concern is involved. All other situations will receive a 75% refund ONLY if the space is filled by another camper.
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- If the camp does not fulfill its minimum required capacity, CTRA reserves the right to cancel the program and refund client fees in full.

## Cowichan Therapeutic Riding Association Fearless Fillies Vaulting Camp

*An equestrian camp for girls with special needs*

**July 30th-August 3rd, 2018**



*Located at Providence Farm  
1843 Tzouhalem Road  
Duncan, BC V9L 5L6*

**Tel: 250-746-1028  
Fax: 250-746-1033  
Email: info@ctra.ca**

“CTRA” has been providing safe, exciting, and educational riding camps for the children of the Cowichan Valley for over 20 years. The “Fearless Fillies Vaulting Camp” is a chance for girls with special needs to participate in equestrian sport in a non-judgmental, empowering and fun environment.

Vaulting is the performance of gymnastic/dance-like movements on the back of a moving horse, while the horse is controlled by an experienced lunger. Vaulting combines strength, flexibility, balance, grace, creativity and teamwork for a very fun and unique equestrian sport. In competition, able-bodied and para –vaulters compete right alongside each other, making vaulting one of the most inclusive equestrian sports, from the first-exposure level right up through the competitive levels. The inclusive and team-based nature of vaulting helps to foster the confidence of girls of all abilities in sport.

All classes are taught by Coaches who are certified through the Equestrian Vaulting Association of BC, and who hold additional certification through the Canadian Therapeutic Riding Association/Equine Canada.

Campers must be between the ages of 7 & 17 No previous experience necessary.



## Camp Schedule

9:00 AM –1:30 PM Monday-Friday

### • What to Expect

Vaulting groups will be made up of 6-7 vaulters max.

Each day will include stable chores, stable management, horsemanship, theory, warmups, drills, games, practice on the stationary vaulting barrels and turns on the horse-all in a group setting. One horse is used per lesson, and vaulters will take turns on the horse. Vaulters will work on compulsory and freestyle movements, and work towards performing a short freestyle routine, either on the barrel or the horse.

Please ensure campers come with food for snack/lunch, and a water bottle. Campers must wear pants suitable to vault in: Leggings, riding pants or sweatpants. Soft-soled runners or water shoes are required. No sandals permitted. Boots or sturdy shoes are encouraged to wear while grooming and doing chores.

It is preferable that campers use their own riding helmets. If borrowing, the *helmet use waiver must be signed.*

**\*\*\*Book Early to Avoid Disappointment\*\*\***



## Registration Form

Name (Camper): \_\_\_\_\_

Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Numbers: Primary: \_\_\_\_\_

Secondary: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact : \_\_\_\_\_

Phone (if different from above): \_\_\_\_\_

Who is legally responsible for the camper? \_\_\_\_\_

Other people authorized to pick up my child:

\_\_\_\_\_  
*For safety reasons, CTRA will not release any camper to anyone who is not listed above and may require ID*

### Photo Release:

CTRA may use pictures or videotape of my child for public display and promotion. Yes\_\_\_\_ No\_\_\_\_

*I understand and agree to the above terms and conditions.*

\_\_\_\_\_  
 Date:

Signature of Parent/Guardian

### **Application Checklist: (please review)**

\_\_\_ Registration Form (above) and Health and Safety Information (on reverse) completed.

\_\_\_ Acknowledgement of Risk and Release of Liability form (separate) completed in full and signed.

\_\_\_ Helmet Use Release of Liability and Assumption of Risk Agreement (separate) completed in full and signed. (If camper is going to borrow a helmet)

\_\_\_ Dr's, PT or Secondary Referral (separate) completed if not already on file.

\_\_\_ Payment included or confirmed as necessary.