

## BSHS Canteen Menu Summer 2018

\*\*\*Online ordering available\*\*\*

Canteen opens every day from 8.15am

Orders are recommended to ensure availability of your meal

### **Before School - From 8.15am**

Fruit Toast	\$1.00
Toast & Vegemite	\$1.00
Muesli, fruit & yoghurt	\$3.50
Egg Muffin	\$2.50
Breaky Wrap	\$3.50
Warm Milo	\$2.00

### **1<sup>ST</sup> Break 11.00am**

Cheesies -	\$2.50
Plain, Ham, Chicken, Spaghetti	
Junior cheesie - plain	\$1.00
Garlic Focaccia Bread	\$1.00
Zucchini Slice	\$3.50
Buttered roll	\$1.00
Bacon & Egg Toasted Wrap	\$3.50
Sushi- Chicken, Tuna, Veg	\$1.00ea
Potato Salad tub	\$3.50
Chicken Tenders	\$1.50ea
Hash Browns	\$1.50
Seasonal Fresh Fruit Tub	\$3.00
Yoghurt - vanilla, strawberry	\$2.50

### **Drinks**

Warm Milo		\$2.00
300ml Flavoured milk		\$3.00
600ml Flavoured milk		\$4.00
Dare flavoured milk		\$4.00
Harvey Fresh Juices -		\$2.50
Orange, Apple, Apple & Blackcurrant, Orange & Mango		
Water	600ml	\$2.00
Up n Go - banana, choc, vanilla		\$2.00
Plain Milk	225ml	\$1.70
	600ml	\$3.00
NW Nutrient Water		\$4.50
Glee - Carbonated Juice		\$2.50

### **Treats**

Cinnamon Bun	\$2.00
Apple & cinnamon scroll	\$3.50
Cheddar mite Scroll Lge	\$3.50
Cheddar mite Scroll Sml	\$2.00
Muffin	\$2.00
Trail Mix (nut free)	\$1.00
Fresh Fruit (Piece)	\$1.00
Frozen Yoghurt	\$2.50
Icy Pole	\$1.00
Jelly Cup	\$1.00
Jelly & Custard Cup	\$1.50

Gluten Free, vegetarian and vegan options available  
on request (please order in advance)

Check us out on the Skoolbag App or visit us at the canteen

Daily hot meal Specials available (\$4.50 - \$5.50)

## **Available All Day**

### **Freshly made assorted sandwiches, wraps and rolls - Choose from:**

- Freshly made Sandwiches - Seasonal salad, chicken & Salad, Ham & Salad, Curried egg and lettuce, tuna and salad \$4.50
- Freshly made wholemeal rolls - Seasonal salad, chicken & Salad, Ham & Salad, Curried egg and lettuce, tuna and salad \$5.50
- Freshly made Chilled wraps - Seasonal salad, chicken & Salad, Ham & Salad, Curried egg and lettuce, tuna and salad \$5.50
- Chilli Chicken & Lettuce Sub \$5.00

### **Fresh Salads –**

- Seasonal Salad Bowl – fresh and healthy mixed salad \$4.50
- Chicken and Salad Plate – Chilled chicken tender served with fresh seasonal salad, egg and salad dressing \$5.50
- Ham and Salad Plate – Sliced ham served with fresh seasonal salad, egg and salad dressing \$5.50
- Tuna & Salad Plate - tuna served with seasonal salad and dressing \$5.50

### **Burgers – All burgers filled with fresh seasonal salad**

- |                          |        |                    |        |
|--------------------------|--------|--------------------|--------|
| Beef Burger              | \$5.50 | Bacon & Egg Burger | \$5.50 |
| Chicken Schnitzel Burger | \$5.50 | Vegie Burger       | \$5.50 |

### **Daily Specials -**

- |                         |        |                        |
|-------------------------|--------|------------------------|
| Homemade Sausage Rolls  | \$3.50 | (Tuesdays & Fridays)   |
| Travellers Pie          | \$3.50 | (Fridays only)         |
| Lasagna                 | \$4.50 | (Tuesdays & Thursdays) |
| Nachos                  | \$4.50 | (Mondays & Wednesdays) |
| Hot Chicken & Mayo Roll | \$5.00 | (Mondays & Thursdays)  |
| Hot Beef & Gravy Roll   | \$5.00 | (Wednesdays & Fridays) |

We are happy to cater to any dietary requirements on request