



# Eastbridge Neighbourhood Association Newsletter

ISSUE 15

WWW.EASTBRIDGE.INFO

JUNE 2003

As our community continues to grow and change, our website is constantly developing as well. We have an address at [www.eastbridge.info](http://www.eastbridge.info). There you can find the neighbourhood newsletters, coming events, contest winners, members of the board, contact information, helpful tips and more. Check it out often and watch for more changes and additions throughout the coming year! Gunther Kramer

## HAVE SOME FUN CATCH THE 5<sup>th</sup> ANNUAL SUMMER CARNIVAL

The summer Carnival is back! On Sunday, June 22, 2003 from 1:00 to 4:00pm join us behind St. Luke's School. There will be a live band playing, dunk tank, bouncy castle for the kids, mini-putt, mini-bikes, pick up basketball games, food (subs, hotdogs, freezies, popcorn, candy floss) and more! A skateboard park will likely be available.

Bring the kids, your friends and your teens — there is something for everyone.



Volunteers are needed to help run activities and sit in the dunk tank. Volunteer hours count for the high school program, so encourage your teens to get involved. We are also having a raffle and silent auction. If you or your business could donate anything, or would like to rent a table to advertise, please contact us. To volunteer or make a donation contact Tania Harper at 746-8552 or [specialevents@eastbridge.info](mailto:specialevents@eastbridge.info).

### Edition Highlights

1. Summer Carnival
3. Eastbridge Board of Directors
3. [www.MyWaterlooRegion.com](http://www.MyWaterlooRegion.com)
4. Eastbridge Blvd. Traffic
5. Teddy Bear Picnic
6. Computer Corner
7. Children's Corner
8. Handy Phone Numbers

### MISSION STATEMENT

Eastbridge Neighbourhood Association is dedicated to providing our neighbourhood with a unified voice, family oriented social events utilizing the many talents and ideas of our residents ultimately creating a safe, desirable and enjoyable community for those who have chosen to call Eastbridge their home.

## Letter to the editor : 'Local History'

Thank you for the Eastbridge Neighbourhood Association Newsletter!

I am a member of the Publications Committee of Waterloo Historical Society and we publish an annual volume with articles of local history (since 1912). In the 2002 issue is an article about four farms at Snyder's Corners on Lot 63 German Company Tract. A part of Lot 63 that is in Eastbridge would be around what is now Timeless Material Inc. on Northfield Drive. Draw a line on the map from the corner at Northfield and University to Fox Cove and Brigantine. From that line to Bridge and to Northfield is the approximate area. (The rest of Lot 63 is on the other side of Bridge Street and Northfield Drive. Besides the buildings which Timeless Material have restored is one other remnant -- a decrepit spring house in a gully just off Bridge Street, north of the Viessman building.)

Included in the article is a picture (there are lots of pictures) circa 1880 of one of the Snyders clearing stumps with a team of oxen. I like to think the picture was taken near our house at 555 Brigantine at Fox Cove!

If Eastbridge neighbours are interested, the annual volume is \$15.00 and can be bought at the Grace Schmidt Room of Kitchener Public Library or through me, after May 10. If you have questions, I would be glad to answer them.  
Marion Roes 883-1448.

### ATTENTION PARENTS:

Volunteers are needed for the Summer Carnival. People are needed to help set up, provide pre-event security, sit in the dunk tank and run games and food concessions. Volunteer time counts for the high school program. Encourage your teenagers to volunteer. The Summer Carnival is loads of fun and financially assists the Association in running a full year's worth of events. Adults are also encouraged to volunteer.

Contact Tania Harper at 746-8552 or e-mail [specialevents@eastbridge.info](mailto:specialevents@eastbridge.info). It's never too late to call!

### Pathway behind Windjammer

There has been some concern regarding the dumping of yard waste, sod, soil, etc. along side of the pathway behind Windjammer Way. Please note that this is not a dumping ground. Let's try to keep our neighbourhood looking as neat as possible.

KITCHENER/WATERLOO'S PREMIERE DANCE STUDIO



TAP JAZZ BALLET LYRICAL HIP HOP

SUMMER SPECTACULAR

DANCECAMP WORKSHOP  
AUG. 11 - 15 AUG. 18 - 20

REGISTRATION 2003

DANCECAMP, WORKSHOP & FALL PROGRAMS  
JUNE 23 - JUNE 26 & AUG. 18 - AUG. 20

5:00 PM - 9:00 PM

620 DAVENPORT ROAD, UNIT # 1  
WATERLOO N2V 2C2

747-4026

# Summer Sizzlers

## *Manicure & Pedicure* \$35

Back by popular demand!

## *Back Treatments*

A deep cleansing treatment that helps to remove impurities, exfoliate and moisturize. An excellent treatment for anyone who experiences breakouts or acne on their back.

**A series of 4 for \$100**

## *Facial Acne Treatments*

A great treatment for teenagers or adults who have very oily or acneic skin. This treatment deep cleanses and purifies the skin while absorbing excess oil.

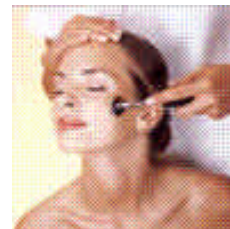
**A series of 5 for \$100**

## *Youthful Refreshing Facial* \$75

This is a new facial that includes all the benefits of the "Catiovital" facial along with the moisturizing collagen treatment of the "Lifting Beaute".



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## **Eastbridge Neighbourhood Association Executive Board of Directors**

Chairperson	Gunther Kramer	888-7425	Chairperson@Eastbridge.info
Vice Chair	Tania Harper	746-8552	ViceChair@Eastbridge.info
Secretary	Cindy Watkin	883-4075	Secretary@Eastbridge.info
Treasurer	Lesley McEachern	746-1060	Treasurer@Eastbridge.info
Vice Treasurer	Vacant Apply Today		
Fundraising Director	Jim Lawson	729-1700	Fundraising@Eastbridge.info
Special Events Director	Tania Harper	746-8552	SpecialEvents@Eastbridge.info
Volunteer Director	Vacant Apply Today		Volunteers@Eastbridge.info
Sports Director	Vacant Apply Today		Sports@Eastbridge.info
Newsletter Editor	Dave Halapir	746-4936	Newsletter@Eastbridge.info
Childcare Registry	Tara Renon	884-4939	Childcare@Eastbridge.info
Playgroup Director	Kathy DeWolfe	886-2079	Playgroup@Eastbridge.info
Website Director	Gunther Kramer	888-7425	Website@Eastbridge.info

## **www.MyWaterlooRegion.com**

Whether you are a resident, tourist, student or business executive, you are sure to find the information you need at [www.MyWaterlooRegion.com](http://www.MyWaterlooRegion.com). There is plenty of information, including links, maps, pictures, books, weather, current events and so much more.

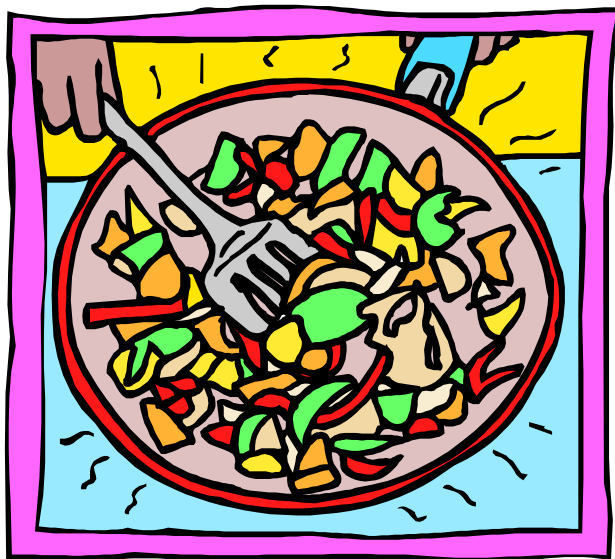
Recently a compilation of almost 600 restaurants within the Waterloo Region has been added. This massive list is organized by restaurant type, is fully searchable and users can rate each entry on a five star system, as well as write their own reviews!

- Gunther Kramer ENA Chairperson

# Pages from the Recipe Book

## Chicken Vegetable Stir-Fry

Cooking oil 2 tbsp. 30 mL  
Water 2 tbsp. 30 mL  
Red wine vinegar 2 1/2 tbsp. 37mL  
Whole oregano 1/2 tsp. 2 mL  
Garlic powder 1/8 tsp. 0.5 mL  
Salt 1/4 tsp. 1 mL  
Small short thin carrot sticks 1 cup 250 mL  
Boneless, skinless chicken breast, 1  
cut bite size  
Broccoli florets 1 cup 250 mL  
Cauliflower florets 1 cup 250 mL  
Sliced green onion 1/3 cup 75 mL  
Soy sauce 4 tsp. 20 mL  
Cornstarch 1/4 tsp. 1 mL  
Ground ginger 1/2 tsp. 2 mL



Combine first 6 ingredients in a wok or frying pan.  
Add carrot sticks. Stir-fry on medium-high for about 4 minutes until tender crisp.  
Add chicken. Stir-fry for 3 to 4 minutes until no pink remains.  
Add broccoli, cauliflower and onion. Stir. Cover. Cook on low, stirring occasionally, for 5 minutes.  
Mix remaining 3 ingredients in a small cup. Add, stirring until mixture bubbles. Serves 2.

## Eastbridge Boulevard Traffic Calming

There have been some concerns raised about the traffic speed along Eastbridge Boulevard, especially during school hours when small children are crossing. Even during off school hours, many people cross in order to get to the parks and pathways. Most people do drive cautiously and respectfully, however, sometimes vehicles seem to be travelling quite quickly down Eastbridge Boulevard, raising safety concerns.

The City of Waterloo has initiated the Eastbridge Neighbourhood Traffic Study to address traffic and safety concerns identified by residents in the area, consider possible alternative solutions and develop a recommended plan/program to address the major issues. One of the possible traffic calming methods which is currently being looked into is a three-way-stop at the corner of Eastbridge Boulevard and Windjammer Way at the western intersection (closest to Bridge Street).

If you would like to voice your opinions in regards to this issue, please send your letters either via email to [Info@Eastbridge.info](mailto:Info@Eastbridge.info) or by mail to 573 Windjammer Way, N2K 3Z5.

Gunther Kramer  
ENA Chairperson



# FIRST ANNUAL TEDDY BEAR PICNIC



On Saturday, May 10, 2003 the Eastbridge Neighbourhood Association put on the first annual Teddy Bear Picnic. Thank you to Heather Greenhalgh who brought the idea to our attention. She did a great job helping to coordinate the event.

The picnic was well enjoyed by many infants and toddlers. We had teddy bear music, snacks, balloons, stickers, bubbles, and of course, bears. It was a great opportunity to welcome spring and for young people to spend some play time together. Parents also enjoyed getting out and meeting each other.

We plan to make this an annual event, so keep your eyes open for our March 2004 Newsletter which will have the date and location.



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**Jeff Watkin**

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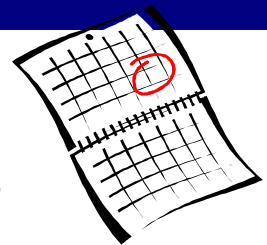
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## UPCOMING EVENTS

**SUMMER CARNIVAL**  
**St. Luke School**  
Sunday June 22, 2003



**CORN ROAST**  
**Eastbridge Green Park**  
Sunday, August 24, 2003

**GENERAL MEETING**  
**Location to be announced**  
October, 2003 (Date to be announced)

**FAMILY SKATE at RIM Park**  
January, 2004 (Date to be announced)

# COMPUTER CORNER

There are a number of tools available for creating websites. How much you're willing to spend, both your time and money, will depend on what tools you will decide upon. There is also a fair bit of work to be done afterwards by hand coding directly in HTML. Professional programs, such as Adobe GoLive cost about \$600.00 and is usually purchased by individuals and companies seriously interested in website development.

Most people have Microsoft FrontPage pre-installed on their computers when first purchased. This program is a lot cheaper to buy, if it's not already on your system, at about \$255.00. It has a number of tools to simplify the website development process.

Most individuals, non-profit organizations and small companies are not willing to spend very much money, if any, to create their websites. Therefore most of them end up using the pre-installed Microsoft FrontPage. If you're looking to spend as little money as possible, this is probably the best way to get your site up and running.

The one aspect which many people underestimate is the importance of truly understanding the entire concept of website development. Many believe you can simply grab a program, throw in some text and pictures, and off you go. Just like any other profession, there is a great difference between the beginners and the professionals. Keep in mind the following:

1. Know your program extremely well to be able to use it properly and efficiently
2. Be able to continue hand coding HTML manually where your software's capabilities stop
3. Have a great program for creating your graphics
4. Put a lot of thought into your choice of colours and layout
5. Program your site so that it is flexible for future additions and changes

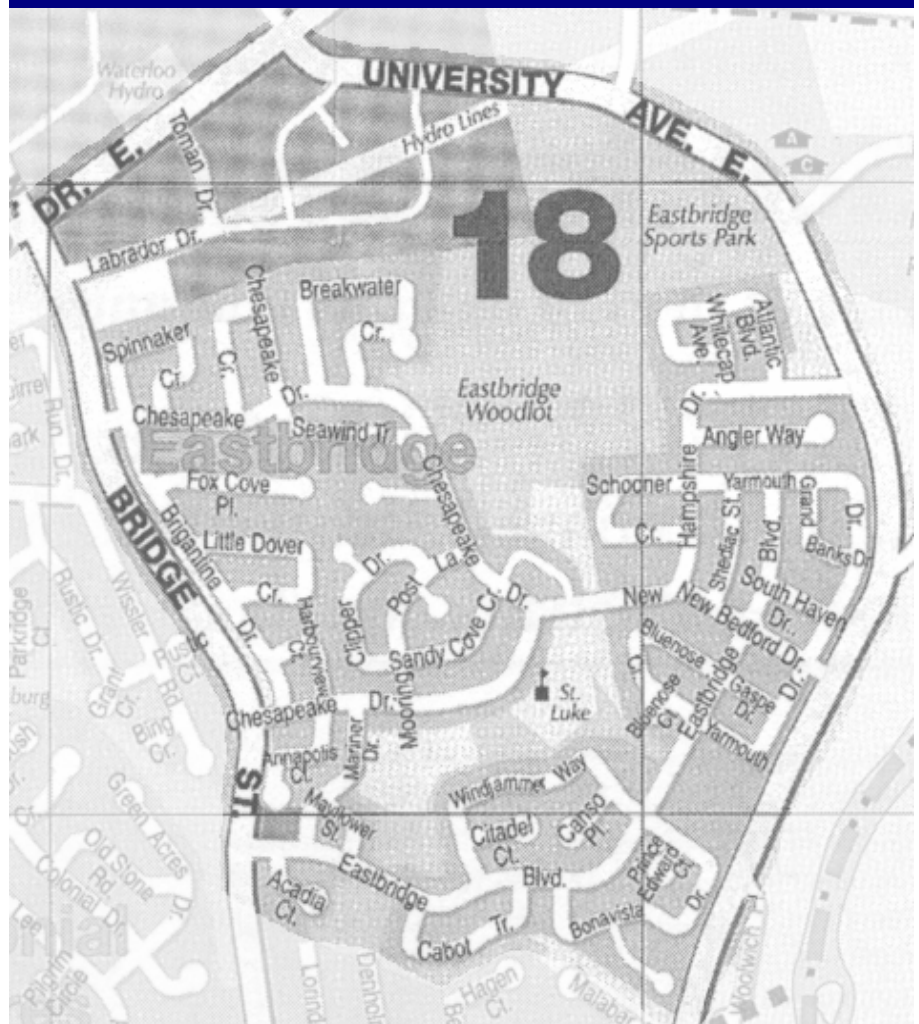
- Gunther Kramer  
ENA Chairperson

## QUARTERLY EXERCISE PROGRAM

We require assistance delivering newsletters, on various streets, four times a year. If you can spare a little of your time to lessen the demand on others, we'd certainly appreciate it. Remember, if your teens are looking for community volunteer hours, the neighbourhood association can always use more help.

[Volunteers@Eastbridge.info](mailto:Volunteers@Eastbridge.info)

## EASTBRIDGE MAP





# Children's Corner

Rainbow Cookies

This is fun for the kids - just like playing with play dough!

Materials needed:

- 1 cup sugar
- 1 cup butter, softened
- 2 cups flour
- 1 tsp. vanilla
- 1 egg

Food coloring (At least 6 colors; make sure one of them is red. With red, blue and yellow you can make all the other colors.)

Instructions:

Mix sugar, butter, egg and vanilla. Add flour and mix well.

Divide dough into six balls. Add a different food coloring to each ball.

Roll each ball in a snake shape onto a floured surface. Arch snake shape and press onto cookie sheet. Add other snake shapes until the rainbow is formed.

Bake at 350 degrees for 8-15 minutes.

When cooled let each child taste a piece of the rainbow.

- Kerstin Kramer



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## Childcare Registry

If you are looking for full time/part time childcare in the area or would like to add your name to our community list, please contact:

Tara Renon  
884-4939  
childcare@eastbridge.info



## Trail Paving Behind The Schools

A number of residents have asked when the path behind the two schools will be paved. This path runs from the Bluenose Park to the Green Park (Pirate Ship Park) and travels behind the homes on Windjammer Way. Currently the path is simply sand and gravel, and turns into mud every time it rains. The Eastbridge Neighbourhood Association (ENA) will once again put this issue in front of the City of Waterloo. We would like to ask for your support. You can send your letters via email to [Info@Eastbridge.info](mailto:Info@Eastbridge.info), or by mail to 573 Windjammer Way, N2K 3Z5.

One of the residents on Windjammer Way has also initiated an online poll in regards to this issue. If you would like to take part, you can find the poll at [www.MyWaterlooRegion.com](http://www.MyWaterlooRegion.com) under "Forums".

Gunther Kramer  
ENA Chairperson



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This is not intended to solicit property currently listed for sale.

## A FEW HANDY NUMBERS

<b>Emergency</b>	<b>911</b>
Poison Control	1-800-268-9017
Fire Department	884-2121
Waterloo Regional Police	653-7700
St. Luke	884-4912
St. David	885-1340
Lester B. Pearson	880-0300
Margaret Avenue	578-1910
Bluevale Collegiate	885-4620
Rim Park	884-5363
Waterloo Recreation Arena	886-3844
Albert Street Library	886-1310
City of Waterloo	886-1550
By-law enforcement	747-8785
Overnight Parking Exemption	747-8559
Grand River Health Centre	742-3611
Waterloo North Hydro	886-5090
Union Gas	1-888-774-3111
Call Before U Dig	1-800-400-2255

## Waterloo Municipal Election

On November 10 2003 the citizens of Waterloo will be faced with the responsibility of electing a Mayor and five Councillors - one for each of our 5 Wards. This without question will be a very important exercise as the future stability and financial responsibility of our City rests upon good Government.

The Rim Park facility cost overrun will be a continuing burden on all of us for years to come.

We must all become proactive in getting ourselves involved in the election process starting now. The future of Waterloo cannot prosper with less than a dedicated and responsive Council, and the responsibility is ours for encouraging worthy people, with our enthusiastic support, to stand for office.

The election campaign will start soon - we must all give this a very high priority for our attention.

*Bob Wagner*  
*Eastbridge Resident*

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