

Articulating my Mindset

DAVID NORSWORTHY

A component of *Contemplating motivation and responsibility*, a research and choreographic creation project supported, in part, by the Toronto Arts Council with funding from the City of Toronto. More information at: davidnorsworthy.com/motivation-and-responsibility .

I am committed to continuous learning and unlearning

Dancing is doing, thinking and feeling— the beauty and necessity of performance emerges from the simultaneity of these three elements

Everything depends — specificity equals intelligence

I believe that anything is possible and find joy in contemplating what could be

Listening first

Important: regularly check the functionality of your bullshit barometer

The value of art can never be assumed — the work of an artist is to be both personal and relevant, indulgent and considerate, irrational and purposeful all at once

Questions create change

Change is needed— there is work to do (look around, read the news)

How is this relevant?

Enthusiasm!