

Providing hope, improving quality of life, and preserving families affected by opioid addiction.



One-Size Does Not Fit All

Long-term recovery from opioid addiction is possible. Northstar Behavioral Health breaks down barriers to success with a substance use disorder treatment plan that is supportive and tailored to each individual.

We understand that one size does not fit all, so we customize a program designed to address individual challenges along with issues that may have contributed to substance misuse. We also know that it takes more than a 28-day addiction treatment program to achieve transformative, lasting success. Our long-term, high-intensity residential stays of 90 days allow our clients time to fully stabilize and achieve the greatest benefit.

After finishing our residential program, we offer another 270-day plan consisting of intensive outpatient services in conjunction with sober housing coordination, which provides every individual the tools necessary to ensure long-term recovery.

Alongside our residential and intensive outpatient programs, our wide-ranging portfolio of strategies includes mental health services, which consist of health realization, motivational interviewing, solution-focused therapy, cognitive behavioral therapy, dialectical behavior therapy skills, and individual and group therapy. Additional support services also include non-emergency transportation services and medical services, such as Medicated Assisted Treatment, and more.

Q: Feeling daunted by the process?

A: We're ready to help. Initially you will need to have an assessment done. We can help provide those if you haven't received one yet. If you have, getting that sent to us through fax or email would be your first step. Once reviewed, and approved, we will work on the admission process.

Q: Do you have MA, MinnesotaCare, or no health insurance?

A: We have a lot of experience helping individuals seek treatment, regardless of ability to pay. We work with tribal and county staff to help this process. You will need to get started with a Rule 25 assessment through your county or tribal office. Call your local Health and Human Services Department to schedule this assessment. Feel free to give us a call if you have questions or would like us to assist.

Q: Do you have private insurance?

A: Call the number on the back of your insurance card to see if we are in your network. A Rule 25 assessment will still need to be completed to be approved prior to admitting. Please let us know if you need help communicating this with your insurance company and asking the right questions.

Residential Program

Residential Facilities

- Can accommodate 16 adults
- Provide 90-day residential treatment
- Specialize in opioid addiction
- Are Medically Assisted Treatment-friendly (MAT)

LOCATIONS

924 Rice Street
St. Paul, MN 55117
[MALE]

5810 Cranberry Acres
Linwood Township, MN 55092
[FEMALE]

35 W. Water Street
St. Paul, MN 55107
[MALE]

5713 Geneva Avenue N.
Oakdale, MN 55128
[FEMALE]

Outpatient Program

Our 9-Month Step Down Program

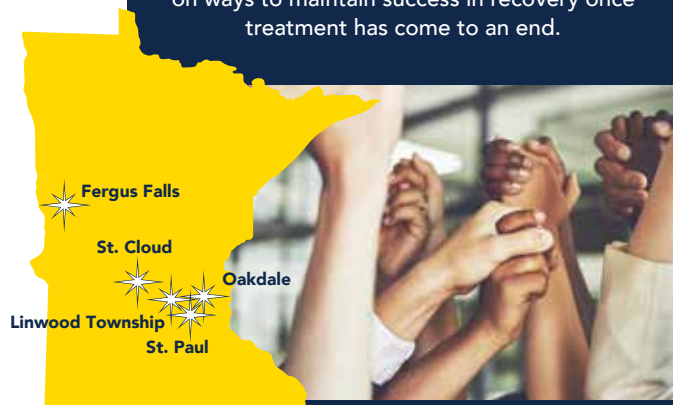
Let us help you while you choose to live at home or a structured sober living home. Northstar Behavioral Health provides a range of mental health services, including clinical assessment, treatment planning, counseling, and medication management. Services include:

- Individual/Group/Family Counseling
- Relapse Prevention
- Case Management
- Family Education
- Continuing Care
- Flexible Scheduling (Daytime/Evening)
- Transportation Assistance
- Medicated Assisted Treatment
- Sober Housing Coordination

35 W. Water Street
St. Paul, MN 55107 [MALE/FEMALE]

600 25th Ave S, Suite 207
St. Cloud, MN 56301 [MALE/FEMALE]

NBH ensures that an individual has guidance on ways to maintain success in recovery once treatment has come to an end.



NORTHSTAR BEHAVIORAL HEALTH

P 651-487-4987 | F 651-488-0887 | referraltteam@northstarbhmn.com

HEADQUARTERS: 1350 Arcade St, St Paul, MN 55106

northstarbehavioralhealthmn.com