LEGAL RECOGNITION OF LGBT FAMILIES

I. Legal Parent

A legal parent is a person who has the legal right to have custody of a child and make decisions about the child’s health, education, and well-being. A legal parent is also financially obligated to support the child.

In a number of states, a person who is not a legal parent does not have any legal decision-making authority over a child, even if that person lives with the child and functions as the child’s parent. For example, in some states, a person who is not a legal parent may not be able to consent to medical care for the child or even have the authority to approve things like school field trips. In addition, a non-legal parent may have no rights to custody or even visitation with a child should something happen to the legal parent, and may have no ability to claim the child as a dependent for health insurance. In the absence of a will stating otherwise, a child generally has no right to inherit from a person who is not a legal parent or relative.

All legal parents have an equal right to seek custody and make decisions for their children, as well as the responsibility to support their children. A biological parent does not have any more rights than an adoptive parent or a person who is a legal parent without having to adopt. For example, if a lesbian couple has a child together through donor insemination and completes a second parent adoption, both parents are on completely equal legal footing. If the couple were to separate, each would be equally entitled to custody, which a court would determine based on the best interests of the child without giving an automatic advantage to either parent.

When a legally married couple has a child, they are both automatically presumed to be the legal parents of the child. This means that, if they get divorced, they both remain legal parents unless a court terminates one or both of their parental rights. This presumption does not apply for most same-sex couples, although it does apply when children are born to couples who are recognized by their state as married or in a civil union or comprehensive domestic partnership. **Regardless of whether a couple is recognized as legally married or in a civil union or comprehensive domestic partnership, NCLR always encourages non-biological and non-adoptive parents to get an adoption or parentage judgment.**
NCLR also always recommends that same-sex parents and couples ensure that other family protection documents are in place, such as medical authorization, guardianship agreements, wills, advanced directives. For more information on this issue, please see NCLR’s Lifelines publication at www.nclrights.org/lifelines.

II. Second Parent Adoption

A. An Overview

The most common means by which LGBT non-biological parents establish a legal relationship with their children is through what is generally referred to as a “second parent adoption.” A second parent adoption is the legal procedure by which a co-parent adopts his or her partner’s child without terminating the partner’s parental rights. As a result of the adoption, the child has two legal parents, and both partners have equal legal status in terms of their relationship to the child.

States that recognize marriage between same-sex couples, as well as states that provide comprehensive domestic partnerships or civil unions, allow couples joined in these legal unions to use the stepparent adoption procedures that married couples may use. Domestic partner and civil union adoptions have the same effect as a second parent adoption, but they are generally faster and less expensive than second parent adoptions.

It is important to recognize, however, that a same-sex partner who plans the birth or adoption of a child with his or her partner is a parent—not a stepparent. Parents should not have to adopt their own children, but it is legally advisable for LGBT parents to get an adoption or parentage judgment to ensure that their parental rights are protected.

B. Availability of Second Parent Adoption

The trend across the nation is toward permitting persons who act as parents to a child to adopt, particularly when such a person shares a household and is in a committed relationship with the person who is already a legal parent. The following states have established laws (either through statutes or published appellate court opinions) that explicitly allow same-sex couples to adopt, either through a second parent adoption, domestic partner adoption or civil union adoption: California, Colorado, Connecticut, District of Columbia, Illinois, Indiana, Iowa, Maine, Massachusetts, Nevada, New Hampshire, New Jersey, New York, Oregon, Pennsylvania, Rhode Island, Vermont, and Washington. Additionally, Hawaii and Delaware will begin recognizing civil unions on January 1, 2012; civil union spouses will be allowed to adopt jointly or using the stepparent adoption procedures.

Many more states are moving toward permitting adoption by same-sex couples on a county by county basis. States that have allowed second parent adoptions by same-sex couples in some
counties include Alabama, Alaska, Delaware, Georgia, Hawaii, Louisiana, Maryland, Michigan, Minnesota, New Mexico, Rhode Island, Texas, and West Virginia. There undoubtedly are counties in other states that have granted second parent adoptions.

Until recently, Florida was the only state to categorically prohibit lesbian, gay, and bisexual individuals from adopting, but that state law was held unconstitutional in September 2010.19

Arkansas previously prohibited anyone cohabiting with an unmarried partner from adopting or being a foster parent, but the Arkansas Supreme Court struck down this statute as unconstitutional.20

Utah prohibits anyone cohabiting with an unmarried partner from adopting.21 Utah also gives a preference to married couples over any single adult in adoptions or foster care placement.22 Arizona gives a preference to married couples over a single adult in adoption placement.23 Mississippi prohibits adoption by same-sex couples.24 Appellate courts in Kentucky,25 Nebraska,26 Ohio27 and Wisconsin28 have said that second parent adoptions are not permissible under the adoption statutes in those states either for same-sex or different-sex couples who are not married.

C. Recognition of Second Parent Adoptions

Adoptions are court orders, which all states are required by the Full Faith and Credit Clause of the federal Constitution to recognize. For this reason, a final adoption by an LGBT parent should be recognized in every state, even if that state’s own laws would not have allowed the adoption to take place. Many courts have recognized that adoption decrees are entitled to full faith and credit. For instance, in a 2009 decision, a Florida Court of Appeal held that Florida must recognize a second parent adoption granted to the biological mother’s same-sex partner in Washington, and that the adoptive parent is entitled to all the rights and responsibilities of a legal parent under Florida law.29 Additionally, in 2002, the Nebraska Supreme Court said that Nebraska must recognize a second parent adoption granted in Pennsylvania, even though the adoption would not have been permitted in Nebraska.30 The federal Tenth Circuit Court of Appeals invalidated an Oklahoma law that refused to recognize adoptions where there were two parents of the same gender, holding that the Full Faith and Credit Clause of the U.S. Constitution required Oklahoma to treat all adoptions in an “even-handed manner.”31 The Fifth Circuit Court of Appeals recently held, however, that Louisiana could refuse to issue an amended birth certificate for a child adopted by a same-sex couple in another state without violating the Constitution, although this case is not yet final.32

Courts have also recognized that, as a general rule, an adoption that has become final cannot be challenged later by one of the parties to the adoption. For example, the Iowa Supreme Court recently held that a parent who had consented to a second parent adoption years earlier could not later change her mind and seek to challenge the legality of the adoption.33 Appellate courts
in Texas have issued similar decisions. The courts found that, in order to give children and adoptive parents finality and stability, Texas statutes prevented an adoption from being attacked for any reason more than six months after it was issued. In one case, the court noted: “The destruction of a parent-child relationship is a traumatic experience that can lead to emotional devastation for all the parties involved, and all reasonable efforts to prevent this outcome must be invoked when there is no indication that the destruction of the existing parent-child relationship is in the best interest of the child.” Only one of the many states that has considered this issue has invalidated a final valid adoption.

III. Parentage Judgment

Second parent adoptions, domestic partner adoptions, and civil union adoptions are currently the most common means used by LGBT non-biological parents to establish a legal parental relationship with their child. In many states, non-biological and non-adoptive parents who are recognized by their state law as legal parents also have the option of obtaining a parentage judgment. This is sometimes called a “parentage action,” “maternity action,” “paternity action,” or action under the state’s Uniform Parentage Act, known as a “UPA action.” It is extremely important for non-biological parents to get a parentage judgment or adoption to ensure that their parental rights will be respected by the federal government and when they travel to other states. Having your name on the birth certificate does not necessarily make you a legal parent – only an adoption or parentage judgment can ensure that parental rights will be respected.

Parentage statutes can be used to establish parentage when a child is born to a couple that is recognized as married or in a civil union or comprehensive domestic partnership in their state. Transgender parents who are not biological parents can also obtain parentage judgments for children born to them and their spouse or partner if they are legally married or in a civil union or comprehensive domestic partnership.

- Same-sex couples may currently marry in Massachusetts, Connecticut, Iowa, New Hampshire, New York, Vermont, and the District of Columbia.
- Although they do not currently allow same-sex couples to marry, California, New Mexico, and Maryland have indicated that they will recognize marriages between same-sex couples validly entered into in other jurisdictions. Wyoming has allowed same-sex married couples to divorce.
- Civil unions are recognized in Illinois, New Jersey, New York, Vermont, and Hawaii and Delaware beginning January 1, 2012. States with comprehensive domestic partnerships should also recognize civil unions.
- Comprehensive domestic partnerships are available in California, the District of Columbia, Nevada, Oregon, and Washington.
The laws recognizing relationships between same-sex couples are complex and frequently change. For information about relationship recognition in your state, see NCLR’s publication *Marriage, Domestic Partnerships, and Civil Unions: An Overview of Relationship Recognition for Same-Sex Couples in the United States*, available at www.nclrights.org.

In some states, where a female same-sex couple plans together to conceive and raise a child using a medical procedure to become pregnant, or where a male same-sex couple uses a surrogate to conceive and bear a child, the intended parents can petition the court to declare the non-biological parent to be a legal parent to the child. For example, in California, the Supreme Court of California has held that the same-sex partner of a biological parent can be a legal parent when the couple deliberately brings a child into the world through the use of assisted reproduction, regardless of the couple’s gender or marital status. A Court of Appeals in Oregon has also held that a woman who consents to her partner’s insemination can be a legal parent under the Uniform Parentage Act.

Some states, including Delaware, Maine, New Jersey, Pennsylvania, and Washington, have found that a non-biological and non-adoptive parent can have all of the rights and responsibilities of parentage based on the following factors: her acceptance of the responsibilities of parentage, living with the child, the legal parent’s fostering a parent-child relationship between the child and not non-biological and non-adoptive parent, and the existence of a bonded parent-child relationship.

**IV. Custody/Visitation**

Many states recognize that, where a same-sex partner participated in the caretaking of the child and maintained a parent-like relationship with the child, he or she has standing (meaning the right to go to court) to ask a court for visitation or custody. Such states have recognized this right to seek visitation or custody under an “equitable parent,” “parent by estoppel,” “de facto parent,” “psychological parent,” or “in loco parentis” theory. State courts that have recognized that a same-sex partner of a legal parent may have standing to seek visitation or custody include: Arkansas, Arizona, Colorado, Connecticut, Indiana, Kentucky, Maine, Massachusetts, Minnesota, Montana, Nebraska, New Jersey, New Mexico, North Carolina, Pennsylvania, Rhode Island, Washington, West Virginia, and Wisconsin. Only a small number of states have said that a non-legal parent has no standing to seek custody or visitation with the child of his or her former partner, even when he or she has been an equally contributing caretaker of the child.

Many states have enacted statutes giving *de facto* parents or persons who have assumed a true parental role in a child’s life a right to seek visitation or custody, including Arizona, Colorado, Connecticut, Delaware, District of Columbia, Indiana, Kentucky, Maine, Minnesota, Montana, Nevada, Oregon, South Carolina, and Texas. For example, the District of Columbia defines *de facto* parents as someone who has taken on the full responsibilities of a parent, held himself or
herself out as the child’s parent with the permission of the other parent or parents, and either (1) lived with the child since birth or adoption or (2) lived with the child for 10 months out of the last year and formed a “strong emotional bond” with the child with the encouragement of the other parent.70

V. Parenting Agreement

Same-sex couples who live in a state that does not yet permit second parent adoptions or parentage actions may want to draft a parenting agreement. A number of courts have recognized that parenting agreements permitting another person to have visitation with a child are enforceable subject to a determination of the best interests of the child.71 These courts have acknowledged the importance of protecting parent-child bonds that have formed with the agreement of the child’s legal parent.

A parenting agreement should specify that, although only one of the parents is the legal parent, both parents consider themselves to be the parents of their child, with all of the legal rights and responsibilities that come with being a parent. The agreement should include language that clearly states the couple’s intention to continue to co-parent even if their relationship is dissolved. Couples may also want their parenting agreement to address child support, custody, and visitation issues.

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Endnotes

1 Second parent adoption (Sharon S. v. Superior Court, 73 P.3d 554 (Cal. 2003)) and domestic partner/stepparent adoption (CAL. FAM. CODE § 9000).

2 Second parent adoption (COLO. REV. STAT. ANN. §§ 19-5-203(1), 19-5-208(5), 19-5-210(1.5), 19-5-211(1.5)).

3 Second parent adoption (CONN. GEN. STAT. ANN. § 45a-724(a)(3) (providing that “any parent of a minor child may agree in writing with one other person who shares parental responsibility for the child with such parent that the other person shall adopt or join in the adoption of the child”)) and stepparent adoption by married couples (CONN. GEN. STAT. ANN. § 45a-724(a)(2)).


7 Stepparent adoption by married couples (Iowa Code § 600.4). Additionally, some counties in Iowa have granted second parent adoptions.

8 Second parent adoption (Adoption of M.A., 2007 ME 123 (Me. 2007)).

9 Second parent adoption (In re Adoption of Tammy, 619 N.E.2d 315 (Mass. 1993)) and stepparent adoption (MASS. GEN. LAWS ANN. ch. 210 § 1).

10 Stepparent/domestic partner adoption (NEV. REV. STAT. § 127.045).

11 Stepparent adoption by married couples (N.H. REV. STAT. ANN. § 170-B:4).


14 Domestic partner adoption (OR. REV. STAT. ANN. § 109.041(2)). Additionally, according to Basic Rights Oregon, courts in all counties have granted second parent adoptions to same-sex couples. See www.basicrights.org.

15 Second parent adoption (In re Adoption of R.B.F. & R.C.F., 803 A.2d 1195 (Pa. 2002)).
16 Stepparent/civil union adoption (R.I. Gen. Laws § 15-7-4).

17 Second parent adoption (In re Adoption of B.L.V.B. & E.L.V.B., 628 A.2d 1271 (Vt. 1993); VT. STAT. ANN. tit. 15A, § 1-102(b) (providing that, if family unit consists of parent and parent’s partner, partner of parent may adopt child without terminating parent’s rights)); civil union/stepparent adoption (VT. STAT. ANN. tit. 15A, § 4-101).

18 Domestic partner adoption (WASH. REV. CODE § 26.33.100). Additionally, some counties in Washington have granted second parent adoptions.

19 Fla. Dep’t of Children & Families v. X.X.G., 45 So.3d 79 (Fla. Ct. App. 2010) (Florida’s Third District Court of Appeal held that the ban had no rational basis and violated the equal protection guarantee of the Florida Constitution). This decision is binding on all Florida trial courts. The Florida Department of Children and Families has issued a memorandum instructing its staff to immediately cease questioning prospective adoptive parents about their sexual orientation and not consider sexual orientation as a factor in determining fitness to adopt. The Department’s staff are to focus instead on the quality of parenting that adoptive parents would provide, and their commitment to love an adopted child.


21 UTAH CODE ANN. § 78B-6-117(3).

22 UTAH CODE §§ 78A-6-307(19), 78B-6-117 (4).


24 MISS. CODE ANN. § 93-17-3(5).

25 S.J.L.S. v. T.L.S., 265 S.W.3d 804 (Fla. App. Ky. 2008) (holding that the biological mother could not challenge her partner’s adoption of the child more than a year after the adoption was finalized, but noting in dicta that an unmarried couple cannot use the stepparent adoption procedures in Kentucky to establish legal parentage for both partners).

26 In re Adoption of Luke, 640 N.W.2d 374 (Neb. 2002).

27 In re Adoption of Doe, 719 N.E.2d 1071 (Ohio Ct. App. 1998).

28 In the Interest of Angel Lace M., 516 N.W.2d 678 (Wis. 1994).


30 Russell v. Bridgens, 647 N.W.2d 56 (Neb. 2002).

31 Finstuen v. Crutcher, 496 F.3d 1139 (10th Cir. 2007) (invalidating as unconstitutional 10 OKLA. STAT. § 7502-1.4, which stated: “this state, any of its agencies, or any court of this state shall not recognize an adoption by more than one individual of the same sex from any other state or foreign jurisdiction”).

Although California does not currently allow same-sex couples to marry, California recognizes marriages between same-sex couples entered in California between June 16 and November 4, 2008, as well as marriages entered into in other jurisdictions prior to November 5, 2008. California provides same-sex couples who married out-of-state on or after November 5, 2008 with all of the rights, benefits, and responsibilities of marriage except for the name “marriage.” CAL. FAM. CODE § 308(b)-(c). For more information, see www.nclrights.org/SB54FAQ.


While Maryland does not permit same-sex couples to marry, Maryland’s attorney general issued an opinion on February 23, 2010 concluding that under existing state law, the state government must recognize valid marriages between same-sex couples entered into in other jurisdictions. 95 Op. Att’y Gen. 3 (2010), available at http://www.oag.state.md.us/Opinions/2010/95oag3.pdf.

Vermont began allowing same-sex couples to marry on September 1, 2009, and it no longer allows same-sex couples to enter into new civil unions. However, Vermont continues to recognize existing civil unions entered before this time.

Elisa B. v. Superior Court, 117 P.3d 660 (Cal. 2005) (holding that the same-sex partner of a biological parent can be a presumed parent under California Family Code § 7611(d) where she receives the child into her home and holds the child out as her own). See also, Kristine H. v. Lisa R., 117 P.3d 690 (Cal. 2005); K.M. v. E.G., 117 P.3d 673 (Cal. 2005).


DEL. CODE ANN. tit. 13, § 8-201, 2302 (providing that a legal parent includes a “de facto parent” who has a “parent-like relationship” established with the support and consent of the legal parent, has “exercised parental responsibilities,” and has “acted in a parental role for a length of time sufficient to have established a bonded and dependent relationship with the child that is parental in nature”). Smith v. Guest, No. 252, 2010, 2011 WL 899550 (Del. Mar 14, 2011) (upholding de facto parent statutes and holding that the legislature expressly intended the statutes to apply retroactively).
45. *C.E.W. v. D.E.W.*, 845 A.2d 1146, 1151 (Me. 2004) (once an individual is found to be a de facto parent, a court may award “parental rights and responsibilities to that individual as a parent”).

46. *V.C. v. J.M.B.*, 748 A.2d 539 (N.J. 2000) (“Once a third party has been determined to be a psychological parent to a child, under the previously described standards, he or she stands in parity with the legal parent.”).


57. *Soohoo v. Johnson*, 731 N.W.2d 815 (Minn. 2007).


See, e.g., ARIZ. REV. STAT. ANN. § 25-415 (2009) (a person who stands in loco parentis to a child to seek custody or visitation under certain circumstances); COLO. REV. STAT. ANN. § 14-10-123(1)(c) (establishing standing to seek custody or visitation “[b]y a person other than a parent who has had the physical care of a child for a period of six months or more, if such action is commenced within six months of the termination of such physical care”); CONN. GEN. STAT. ANN. §§46b-56 & 46b-59 (providing that, in a dissolution proceeding, a court may grant reasonable visitation or custody to a person who is not a parent); DEL. CODE ANN. tit. 13, § 8-201, 2302 (providing that a legal parent includes a “de facto parent” who has a “parent-like relationship” established with the support and consent of the legal parent, has “exercised parental responsibilities,” and has “acted in a parental role for a length of time sufficient to have established a bonded and dependent relationship with the child that is parental in nature”); D.C. CODE §16-831.01 et seq. (providing that a “de facto parent” has standing to seek custody or visitation); IND. CODE ANN. § 31-9-2-35.5 (establishing standing to seek custody or visitation by a “de facto custodian” who “has been the primary caregiver for, and financial support of, a child” for specified periods depending on age of child); KY. REV. STAT. ANN. 403.270(1) (establishing standing to seek custody or visitation by a “de facto custodian” who “has been the primary caregiver for, and financial support of, a child” for specified periods depending on age of child); ME. REV. STAT. ANN. tit. 19-A, § 1653(2) (court may grant reasonable visitation to a third party); MNS. STAT. ANN. § 257C.01 et seq. (permitting “de facto custodian” or “interested third party” as defined by statute to seek custody or visitation under specified circumstances); MT. CODE ANN. §§ 40-4-211(4)(b), 40-4-228 (a non-legal parent can seek custody or visitation if it is established by clear and convincing evidence that he or she has a “child-parent” relationship and the legal parent has “engaged in conduct contrary to the child-parent relationship”); NEV. REV. STAT. § 125C.050 (a person who has lived with the child and established a “meaningful relationship” may seek reasonable visitation if a parent has unreasonably restricted visits); OR. REV. STAT. ANN. § 109.119 (establishing standing to seek custody or visitation by a person who, within the previous six months, had physical custody of the child or lived with the child and provided parental care for the child); S.C. CODE ANN. § 63-15-60 (establishing standing to seek custody or visitation to a “de facto custodian” who has been a child’s primary caregiver and financial supporter for a specified period of time based on the child’s age); TEX. FAM. CODE ANN. § 102.003 (9) (establishing standing to seek custody or visitation by “a person, other than a foster parent, who has had actual care, control, and possession of the child for at least six months ending not more than 90 days preceding the date of the filing of the petition”).

D.C. CODE § 16-831.01 states:

(1) “De facto parent” means an individual:
(A) Who:
(i) Lived with the child in the same household at the time of the child’s birth or adoption
by the child's parent;
(ii) Has taken on full and permanent responsibilities as the child's parent; and
(iii) Has held himself or herself out as the child's parent with the agreement of the child's
parent or, if there are 2 parents, both parents; or

(B) Who:
(i) Has lived with the child in the same household for at least 10 of the 12 months
immediately preceding the filing of the complaint or motion for custody;
(ii) Has formed a strong emotional bond with the child with the encouragement and
intent of the child's parent that a parent-child relationship form between the child and the
third party;
(iii) Has taken on full and permanent responsibilities as the child's parent; and
(iv) Has held himself or herself out as the child's parent with the agreement of the child's
parent, or if there are 2 parents, both parents.

P.2d 837 (N.M. 1992) (holding that the former same-sex partner of a child's biological mother could seek
enforcement of an agreement for shared custody or visitation and the agreement was enforceable,
subject to the court’s best interest determination); Rubano v. DiCenzo, 759 A.2d 959 (R. I. 2000) (holding
that the former same-sex partner of a child’s biological mother was entitled to seek a remedy for the
biological mother’s alleged violation of the parties’ visitation agreement); In re the Custody of H.S.H.-K.:
Holtzman v. Knott, 533 N.W.2d 419 (Wis. 1995) (holding that courts may “grant visitation apart from
[custody and visitation statutes] on the basis of a co-parenting agreement between a biological parent
and another when visitation is in a child’s best interest”).