Seattle LGBTQ Youth Resource Guide

**Seattle Area:**

- Camp Ten Trees: A camp for queer youth or youth coming from queer families ([http://www.camptentrees.org/](http://www.camptentrees.org/))
- Seattle Counseling Services: A variety of counseling services available for sexual minorities ([http://www.seattlecounseling.org](http://www.seattlecounseling.org))
- Teen Link: An anonymous and confidential help line for teens by teens/Open 6p-10p/ 1-866-833-6546 (www.866teenlink.org)
- LGBT Library, affiliated with Gay City, has a variety of works of interest to the LGBT community and allies/ Monday-Friday 11a-8p and Sat 11a-5p/ ID required to borrow items free of charge
- Resource and Referral Line, affiliated with Gay City, gives connection to a variety of LGBTQ-friendly resources/ 206-323-5428/ resources@gaycity.org
- Ingersoll Gender Center: A mutual support and education organization for transgender, trans*, gender variant, and genderqueer people/ 206-860-6065/([http://www.ingersollcenter.org](http://www.ingersollcenter.org))
- PFLAG (Parents, Families, and Friends of Lesbians and Gays): A support group and activist organization for families and friends of queerfolk/ Seattle chapter number 206-325-7724
- Safe Schools Coalition: A group to help with harassment and bullying in schools/ 1-888-307-9275 ([http://www.safeschoolzine.org](http://www.safeschoolzine.org))
- COLAGE (Children of Lesbians and Gays Everywhere): A support group for youth of Lesbian, Gay, Bisexual, Trans* and/or queer parents ([http://www.colage.org/colage-chapter/colage-seattle-chapter](http://www.colage.org/colage-chapter/colage-seattle-chapter))
- YouthCare: Has a variety of programs and housing available for LGBTQ youth and/or are LGBTQ friendly/206-694-4500/ (www.youthcare.org)
- Lambert House: A center for LGBTQ youth that empowers youth through the development of leadership, social, and life skills/ 206-322-2515/ ([http://www.lamberthouse.org](http://www.lamberthouse.org))
- API CHAYA Queer Network Program- A program that works to engage the Asian-Pacific Islander culture in preventing intimate partner violence/ 206-467-9976/ ([https://www.aphichaya.org](https://www.aphichaya.org))
- Seattle Park and Rec LGBTQ: Offers a variety of safe and welcoming space for LGBTQ teens/ 206-883-6110/ Contact Randy Wiger at randy.wiger@seattle.gov

**North of Seattle**

- GLOBE (Gay, Lesbian, or Bisexual Empowerment: Meets weekly Wednesdays from 6p-8p in Everett / 425-263-2908/ globeleadership@hotmail.com/ ([https://www.globeyouth.com](https://www.globeyouth.com))

**South of Seattle**

- The New BoyZ Club: Meets bi-weekly on Fridays from 7p-9p in Olympia/ 18 and older/ Safe space for those identifying at Transgender (FTM), Transmasculine, and other non-female genders, or those questioning their gender/ ([https://www.olympiaftmgroup.webs.com](https://www.olympiaftmgroup.webs.com))
Stonewall Youth: Meetings weekly Wednesday from 5p-7p in Olympia and offers other LGBTQ youth related activities and events/ 360-705-2738/ (https://www.stonewallyouth.org)

The Oasis Youth Center: Queer drop-in center in Tacoma, offers a variety of groups, resources and referrals/ 253-671-2838 / (https://www.oasisyouthcenter.org)

East of Seattle

B-GLAD (Bisexual, Gay, Lesbian Adolescent Drop-in): Meets weekly on Thursday from 5p-7p at Youth Eastside Services (YES) in Bellevue and provides other resources and referrals for LGBTQ youth/ 425-747-4937/ (https://www.youtheastsideservices.org)

PFLAG (Parents, Families, and Friends of Lesbians and Gays): A support group and activist organization for families and friends of queerfolk/ email: info@bellevue-pflag.org

Online LGBTQ Resources

- Youth Resource (https://www.youthresource.com)
- GLSEN (https://www.glsen.org)
- Road Map (https://www.tsroadmap.com/index.html)
- Human Rights Campaign (https://hrc.org)
- Elight (https://www.eligh.org)
- GaYouth (https://www.gayouth.net)
- Oasis (https://oasisjournals.com)
- Gay Teen Resources (https://www.gayteenresources.org)
- Be! Magazine (https://bemag.org)
- ACLU Schools and Youth Project (https://aclu.org/issues/lgbt-rights/lgbt-youth)
- Youth Suicide Prevention Program (https://www.yspp.org)
- It Gets Better Project (http://www.itgetsbetter.org/)

National LGBTQ Help Lines

- Gay, Lesbian, Bisexual and Transgender National Hotline
  - 1-888-THE GLNH (843-4564)
- GLBT Hate Crimes Hotline
  - 1-800-686-HATE (4283)
- National LGBTQ Youth Hotline
  - 1-800-246-7743
- Peer Listening Line for LGBT
  - 1-800-399-PEER (7337) (25 and under)
  - 1-888-340-4528 (25 and older)
- National Center for Lesbian Rights Legal Helpline
  - 1-800-528-6257
- The Trevor Lifeline
  - 1-866-488-7386
- LGBT Helpline
  - 1-890-292-539
- GLBT Helpline and Peer Listing Line
  - 1-888-340-4528

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