

Seattle LGBTQ Youth Resource Guide

Seattle Area:

- Camp Ten Trees: A camp for queer youth or youth coming from queer families (<http://www.camptentrees.org/>)
- Seattle Counseling Services: A variety of counseling services available for sexual minorities (<http://www.seattlecounseling.org>)
- Teen Link: An anonymous and confidential help line for teens by teens/Open 6p-10p/ 1-866-833-6546 (www.866teenlink.org)
- LGBT Library, affiliated with Gay City, has a variety of works of interest to the LGBT community and allies/ Monday-Friday 11a-8p and Sat 11a-5p/ ID required to borrow items free of charge
- Resource and Referral Line, affiliated with Gay City, gives connection to a variety of LGBTQ-friendly resources/ 206-323-5428/ resources@gaycity.org
- Ingersoll Gender Center: A mutual support and education organization for transgender, trans*, gender variant, and genderqueer people/ 206-860-6065/ (<http://www.ingersollcenter.org>)
- PFLAG (Parents, Families, and Friends of Lesbians and Gays): A support group and activist organization for families and friends of queerfolk/ Seattle chapter number 206-325-7724
- Safe Schools Coalition: A group to help with harassment and bullying in schools/ 1-888-307-9275 (<http://www.safeschoolzine.org>)
- COLAGE (Children of Lesbians and Gays Everywhere): A support group for youth of Lesbian, Gay, Bisexual, Trans* and/or queer parents (<http://www.colage.org/colage-chapter/colage-seattle-chapter>)
- YouthCare: Has a variety of programs and housing available for LGBTQ youth and/or are LGBTQ friendly/206-694-4500/ (www.youthcare.org)
- Lambert House: A center for LGBTQ youth that empowers youth through the development of leadership, social, and life skills/ 206-322-2515/ (<http://www.lamberthouse.org>)
- Northwest Network of Bisexual, Transgender, Lesbian, and Gay Survivors of Abuse: Provides advocacy and support for youth in crisis/206-568-7777/ (<https://www.nwnetwork.org>)
- API CHAYA Queer Network Program- A program that works to engage the Asian-Pacific Islander culture in preventing intimate partner violence/ 206-467-9976/ (<https://www.aphichaya.org>)
- Seattle Park and Rec LGBTQ: Offers a variety of safe and welcoming space for LGBTQ teens/ 206-883-6110/ Contact Randy Wiger at randy.wiger@seattle.gov

North of Seattle

- GLOBE (Gay, Lesbian, or Bisexual Empowerment: Meets weekly Wednesdays from 6p-8p in Everett / 425-263-2908/ [globeleadership@hotmail.com/](mailto:globeleadership@hotmail.com) (<https://www.globeyouth.com>)

South of Seattle

- The New BoyZ Club: Meets bi-weekly on Fridays from 7p-9p in Olympia/ 18 and older/ Safe space for those identifying at Transgender (FTM), Transmasculine, and other non-female genders, or those questioning their gender/ (<https://www.olympiaftmgroup.webs.com>)

- Stonewall Youth: Meetings weekly Wednesday from 5p-7p in Olympia and offers other LGBTQ youth related activities and events/ 360-705-2738/ (<https://www.stonewallyouth.org>)
- The Oasis Youth Center: Queer drop-in center in Tacoma, offers a variety of groups, resources and referrals/ 253-671-2838 / (<https://www.oasisyouthcenter.org>)

East of Seattle

- B-GLAD (Bisexual, Gay, Lesbian Adolescent Drop-in): Meets weekly on Thursday from 5p-7p at Youth Eastside Services (YES) in Bellevue and provides other resources and referrals for LGBTQ youth/ 425-747-4937/ (<https://www.youtheastideservices.org>)
- PFLAG (Parents, Families, and Friends of Lesbians and Gays): A support group and activist organization for families and friends of queerfolk/ email: info@bellevue-pflag.org

Online LGBTQ Resources

- Youth Resource (<https://www.youthresource.com>)
- GLSEN (<https://www.glsen.org>)
- Road Map (<https://www.tsroadmap.com/index.html>)
- Human Rights Campaign (<https://hrc.org>)
- Elight (<https://www.eligh.org>)
- GaYouth (<https://www.gayouth.net>)
- Oasis (<https://oasisjournals.com>)
- Gay Teen Resources (<https://www.gayteenresources.org>)
- Be! Magazine (<https://bemag.org>)
- ACLU Schools and Youth Project (<https://aclu.org/issues/lgbt-rights/lgbt-youth>)
- Youth Suicide Prevention Program (<https://www.yspp.org>)
- It Gets Better Project (<http://www.itgetsbetter.org/>)

National LGBTQ Help Lines

- Gay, Lesbian, Bisexual and Transgender National Hotline
 - 1-888-THE GLNH (843-4564)
- GLBT Hate Crimes Hotline
 - 1-800-686-HATE (4283)
- National LGBT Youth Hotline
 - 1-800-246-7743
- Peer Listening Line for LGBT
 - 1-800-399-PEER (7337) (25 and under)
 - 1-888-340-4528 (25 and older)
- National Center for Lesbian Rights Legal Helpline
 - 1-800-528-6257
- The Trevor Lifeline
 - 1-866-488-7386
- LGBT Helpline
 - 1-890-292-539
- GLBT Helpline and Peer Listing Line
 - 1-888-340-4528