

studio sugar

Microblading

Aftercare Instructions

The day of the treatment: Absorb

Gently blot the area with clean tissue to absorb excess lymph fluid. Do this every 5 minutes for the full day until oozing has stopped. Removing this fluid prevents hardening of the lymph.

Days 1-7: Wash

Wash daily to remove bacteria and dead skin. (Don't worry....THIS DOES NOT REMOVE THE PIGMENT!)

Gently wash your eyebrows each morning and night with water and an antibacterial soap like Dial Soap, Cetaphil or Neutrogena. With a very light touch, use your fingertips to gently cleanse the eyebrows. Rub the area in a smooth motion for 10 seconds and rinse with water ensuring that all soap is rinsed away. To dry, gently pat with a clean tissue. DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA), or any exfoliants.

Days 1-7 Moisturize

Apply a rice grain amount of aftercare ointment with a cotton swab and spread it across the treated area. Be sure not to over-apply as this will suffocate your skin and delay healing. The ointment should be barely noticeable on the skin. Never put the ointment on a wet or damp tattoo.

Careful aftercare is very important for producing a beautiful and lasting result. Follow these instructions:

- Use a fresh pillowcase
- Keep the procedure area clean by washing with lukewarm water and cotton rounds. Do not use a washcloth or sponges. Simply splash with water. Do not use cleansing creams, acne cleansers, or astringents.
- Apply the aftercare balm with freshly sanitized/washed hands or a cotton swab. Use the balm sparingly. Blot off excess with a clean tissue. Do not touch the procedure area without first washing your hands thoroughly.
- Do not scrub, rub, or pick at the crust that will form. Allow it to flake off by itself. If it is removed before it is ready, the pigment underneath can be pulled out of the dermis.
- Do not use any makeup near the procedure area for at least 5 days.
- After the procedure is completely healed, you may go back to your regular cleansing and makeup routine. Avoid scrubbing the area.
- Always use sunscreen after the procedure is healed to protect from sun fading.

- **Important note about showering:**

Limit your showers to 5 minutes so you do not create too much steam. Keep your face/procedure out of the water while you wash your body, then, at the end of your shower, wash your hair. Your face should only be getting wet at the very last end of the shower. Avoid excessive rinsing and hot water on the treated area.

Failure to follow aftercare instructions may result in infections, pigment loss or discoloration.

Caution: If the skin around the eyebrow breaks out in a heat rash or small pimples, this is usually a histamine reaction to the numbing solution and should go away by itself. Do not pick at the skin. PLEASE CALL IMMEDIATELY if this occurs so that a technician can make note of the reaction and follow up to ensure that this is not a more serious situation.

WARNINGS:

- Do not use any Retin-A or Glycolic Acids in the brow area during or after healing.
- DO NOT rub, pick or scratch the treated area.
- Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring or loss of color.
- No facials, botox, chemical treatments or microdermabrasion for 4 weeks.
- Avoid hot, sweaty exercise for one week.
- Avoid direct sun exposure or tanning for 4 weeks after procedure. Wear a hat when outdoors.
- Avoid heavy sweating and long hot showers for the first 10 days.
- Avoid sleeping on your face for the first 10 days.
- Avoid swimming, lakes, hot tubs for the first 10 days.
- Avoid topical makeup including sunscreen on the area.
- Do not dye or tweeze eyebrows for at least one week after the procedure.
- Do not use Vaseline, Neosporin, or other petroleum based products while healing.
- Do not bleach, tint, or dye the microbladed area for one month following the procedure.
- No exercising and/or sweating for 24 hours prior to getting microblading and for one week after receiving microblading.

What is normal?

- Mild swelling, itching, light scabbing, light bruising, and dry tightness is to be expected. Aftercare ointments work well for scabbing and tightness.
- After 2-7 days any darkness will fade, and once any swelling dissipates unevenness usually disappears. If it is still too dark or still a bit uneven after 4 weeks, then we can make adjustments during the touch-up appointment.
- Color change or color loss. As the procedure heals, the color will lighten and sometimes seem to disappear in places. This can be addressed during the touch-up appointment which is why touch-up is necessary. The procedure area has to heal completely before we can address any concerns. Healing takes four to six weeks.
- Subsequent touch-ups. A touch-up may be needed 12 to 18 months after the first touch-up procedure depending on your skin, medications, and sun exposure. We recommend the first touch-up 6-12 weeks after the first session, which is included in the initial price. Touch-ups not performed during the subsequent 12 weeks after the initial appointment will be charged at the touch-up price. We also recommend touch-ups every 12 to 18 months to keep results looking fresh and beautiful. Future touch-up sessions will be priced at the current touch-up rate at the time the procedure is completed. An email/text photo consultation may be necessary to determine if you need a touch-up.

I have read, understand, and agree to the above instructions.

Signed

Date

Print name