

Westport Sunrise Rotary



March 9, 2018 / Volume 27, No. 35

The Crier

grandmaster fish

kk n oj

laurel in black

**Rotary International District: 7980
District Governor: Patricia Pearson
Club President: Ron Holtz**

Next Meeting

**March 9, 2018
Westport Inn**

Opener: John Hendrickson

**Program: Lori-Cochran Dougall, Westport Farmer's
Market**

Greeters: Smith, Mandell, Lavielle

LAST WEEK'S GUESTS:



Lori-Cochran Dougall will speak to Westport Sunrise Rotary on Friday March 9, 2018.

Lori Cochran-Dougall has spent her life in local-food advocacy. Growing up in Roanoke, Virginia, a city with the oldest continuously operating

farmers market in the country, she learned early the value of creating a food hub in the community. Additionally, her family were initial members of a food co-operative - a source for organic and natural foods that is still thriving today. Later, as Chair of the Jackson Hole, Wyoming Farmers' Market board of directors, she worked closed with area farmers and restructured the market, making it a financially viable operation.

Currently, Lori serves as Executive Director and board member of the Westport Farmers' Market. Under her leadership, the market became one of the first 150 501(c)(3) farmers' markets in the country. She has implemented a successful winter farmers' market and created a financially stable structure which serves as a model that other markets are working to emulate.

Lori has consulted the Old Greenwich Farmers' Market, the John Jay Farmers' Market in New York, Wakeman Town Farm, and the Black Rock Farmers' Market. Cochran-Dougall has also worked closely with area chefs and farmers to find solutions to food distribution issues,

including working with Crop-ups, an organization that facilitates the meeting of people in central places to exchange goods. She has been co-chair of the Easton Farm Tour for six years and is a member of the Easton Agricultural Commission, where she reviews the impact of zoning and other regulations on farmers.

She is a board member of the Connecticut Northeast Organic Farmers Association (CTNOFA) and has consulted on issues of food advocacy for Wholesome Wave on Capitol Hill in Washington, D.C. and in Hartford in support of agri-tourism in Connecticut. Lori is frequently quoted in local CT newspapers, Westport Magazine and The New York Times. She was the recipient of the 2016 Alyce Block award from the Fairfield County Farm Bureau, recognizing her as a woman who has made noteworthy contributions to the farming community in Fairfield County and throughout Connecticut.



Colleen Palmer spoke to Westport Sunrise Rotary on Friday March 2, 2018.

Westport Schools Superintendent Colleen Palmer told the Westport Sunrise Rotary Club today she is recommending

additional safety steps following this week's incident involving a student who threatened violence at Staples High School.

"The safety and security of our students comes before anything else," she said at the club's weekly breakfast meeting at the Westport Inn.

Were it not for a proactive student who heard something upsetting and reported it, "We might have been in a really

different place," Palmer said. She also praised the response of the Police Department.

Palmer said that Westport had invested tremendous resources in upgrading the outsides of the buildings, in communications, and in security personnel long before she arrived, many of the steps taken after the Sandy Hook shootings in December 2012.

Moving forward, she said she plans to do three things. One is to seek funding to harden building perimeters, "to buy time for the police to come and neutralize the intruder."

A second is to strengthen programs addressing students' social and emotional health, even at the elementary level. She talked about growing mental health concerns, about the stress many students feel, and about being disenfranchised.

Palmer noted the growing level of violence in society, attendant to many video games, movies and to TV programming that are also factors in creating the irrational mindset behind attacks contemplated or carried out like those at Staples, in Newtown, and Parkland.

Third, Palmer said she proposed a School Resource Officer (SRO) to the Board of Education last fall and discussed it at this week's Board of Education meeting. She said she plans to have the first assigned to Staples because statistics show that high schools are where the greatest threat is.

Palmer said she has worked with SROs for 20 years, and that Westport is the only district in the area that does not have one.

SROs are hand picked by the administration and the police, she said. They are officers who can build a strong relationship with students and administrators, and who become a part of the school by participating in school events and activities.

The attack threat, she said, is "typically internal. "

"(It's) someone who's been in your school, who feels disenfranchised, who has a mental illness and access to weapons," she said. "He feels that suicide is his way out... I'm going to shoot as many people as I can because I'm going to die anyway."

In the event of an attack, "we'll lock down." Palmer said. "The SRO will go in, and engage the shooter in a firefight with a trained officer."

Access to guns is a serious issue, she said, adding: "We need to figure out what's common sense gun control... I don't know any hunter who uses an AR-15 to shoot a deer." And she said she "doesn't endorse teachers being armed."

Palmer said she is happy that the press will not identify students involved in such incidents, and so deprive the shooter of any notoriety.

Yet it was pointed out by a club member that by the next day most everyone knew the identity of the Staples student involved, either by word of mouth or from social media.

Palmer said today's students "are smart, they are mature, they know what's going on," and that "We (in Westport) have the smartest student body in the entire world."

(Roy Fuchs)



Nick's Notes:

I haven't started the month with a poem this time. Instead I'd like to relate a tale from the short stories of Somerset Maughan. Are you sitting comfortably? Then I'll begin. The story begins in London.

As this chap's father tells it, his college boy son, we'll call him David, went to Paris for a week's school trip. This is before the Channel tunnel, by the way. His pater's instructions were no gambling and keep away from loose women.

All went well and David did all the sights and sounds of the city until the last night, when he thought " nobody will know - I'll run into the casino with the few francs I have left. This is before the Euro, by the way. Well, he put the few francs on the roulette wheel and lo and behold, his number came up. So he left his chip on the same number and it came up again. He left it there again and the number came up, and up and before he knew it he had won enough to buy a small car. ("What am I going to tell Daddy", he wondered.)

As he walked away from the wheel a remarkably pretty young girl approached him and invited him round to her place. Delighted with his fortunes of the evening David agreed with shameless alacrity and before you knew it, he was doing what any young man in bed with a beautiful girl would do. As the night wore on both parties fell asleep but David woke up when the girl beside him silently got out of bed and proceeded to search through David's pockets. As he watched, she removed his newly acquired cash and lifting a potted plant out of it's container placed the francs inside and replaced the plant. She then came back to bed and once she was asleep, David got dressed , quietly retrieved his money and let himself out into the street.

On the ferry home to Dover, on whim, he carefully counted his money and to his astonishment found that he had ten times the amount he had won. He must have taken her savings as well as his own. He couldn't possibly return it as he didn't know her name, let alone her address.

**His father was naturally disturbed by the incident but a friend told him to look on the bright side. His son must be lucky with money and with girls.
Moral ? None. And it certainly didn't happen to me.**

BUT, Nick did win the raffle



March Birthdays

David Press - March 2
Rob Hauck - March 8
Cheryl Eldh - March 22
Bill Harris - March 31

**Westport Sunrise Rotary
Board of Directors Meeting
February 5, 2018, 5:30-7pm
Town Hall Room 309**

Present: Bruce Paul, June Getraer, Karen Kleine, Liz Wong, Eileen Flug, John Hendrickson, Ron Holtz, Phil Sharlach, Ed Horne, Yvonne Senturia, Roy Fuchs, Ralph Krueger, Helen Garten and Jeff Cohen.

President's comments: Ron Holtz

- 1. Haberstroh ALS Hot Pepper Challenge - February 9th during breakfast. Our club will challenge Darien, New Canaan, Fairfield and Norwalk Rotary Clubs.**
- 2. Wine tasting final numbers - Jeff reports profit of \$24,032 after expenses, which is an increase over past years.**

Secretary's Report: Yvonne Senturia

Motion to approve January minutes (after one edit) passed unanimously.

Minutes of the special meeting were unavailable (not taken by Yvonne) and will be presented in March for approval.

Treasurer's Report: Phil Sharlach

Lengthy discussion of questions regarding membership expenses, which were not itemized in report provided to board regarding December and January expenses. Concern also expressed regarding high cost of shipping on special orders for apparel. In future, apparel orders to be bundled in all cases, if shipping paid by the club.

After discussion of and concerns expressed regarding January charges to the club for breakfasts during meetings, Jeff proposed that going forward the club not be charged for food when people meet. This was unanimously accepted.

Eileen asked for breakout of expected expenditures through June 30th from Phil, based on last year's month to month expenses, with special attention to programs and conferences.

Motion to approve December and January financial reports (Jeff proposed/Roy seconded) passed unanimously.

Rotary International Foundation: Ron Holtz

After discussion, motion was made (Roy proposed/Jeff seconded) to replace Vik Muktavaram (primary) and Helen Garten (backup) with Joe Renzulli (primary) and Eileen Flug (backup) as the names on the Rotary Club of Sunrise Rotary bank account for raffle tickets. These are the funds that get sent to the Rotary International Foundation. Joe Renzulli will keep track of the amounts contributed from the raffle each week. Both will be able to sign checks. Motion passed unanimously.

Wine tasting 2018: Ron Holtz

A \$1000 deposit is required for The Inn at Longshore to hold the date of November 30th. Motion was made (Ed proposed/John seconded) to the 21st Century foundation to send a deposit of \$1,000 to The Inn at Longshore. Motion passed unanimously.

World Affairs Seminar: Bruce Paul

Deadline is approaching for registration for World Affairs Seminar. Bruce hopes to defray some of the travel expenses with a grant, but is currently requesting release of allotted funds for the entire expense: Registration is \$590 per student. Travel is estimated as \$500 per student for airfare plus \$35 for ground transportation. Motion to the 21st century foundation to use \$2360 for registration

of four students for the World Affairs seminar (Bruce proposed/John seconded) passed unanimously. Funds for travel expenses (\$2140 total) are already in the club budget per Ed, and therefore no vote in needed.

WSR Fundraising: John Krubski

John presented an update on his committee's work, and requested further assistance in identifying club members who would be able to help coordinate fundraising efforts. Joe followed with a brief update regarding the work of the duck race committee. Helen and other board members had questions and concerns they were unable to present to John, which will be discussed at the duck race committee meeting on February 7th.

Youth Services Committee: Ed Horne

1. Interact - Ed is working with principal on getting a faculty advisor this spring so that can get club going at the beginning of the next school year.
2. Next Generations Leadership Conference - Dennis is in contact with Tim Dutton at Bridge Academy, and is requesting funding for twelve students to attend this conference in West Haven on March 4th: . Motion to recommend to the 21st Century Foundation that they approve taking \$540.00 (\$45/student registration) from the FCCF account (Eileen proposed/Roy seconded) was unanimously approved.
3. RYLA scholarships - Justin asked for scholarships for 2 Westport and 2 Bridge Academy students to attend RYLA at a cost of \$250 per student. Motion to recommend to the 21st Century Foundation that they approve \$1000, preferably from FCCF, for this purpose (Eileen proposed/Helen seconded) was unanimously approved.

4-Way Speech Contest: Roy Fuchs

Staples advisor, Kelly, only has one student who is interested in the competition. Ed suggested a follow up conversation with Kelly to assess the level of interest of the student and to discuss strategies for next year. Report back to board at March meeting.

Youth Exchange: John Hendrickson

John wondered why we are not planning on hosting an exchange students. June reminded him of the lack of interest by Staples students in this program going forward.

Other Business

1. State of the Town wrap-up: Eileen Flug

Excellent turnout estimated at 250. Eileen was congratulated by the board for her role in organization and implementation.

Speakers: Ralph

- 1. February 9: Haberstroh ALS Hot Pepper Challenge**
- 2. February 16: Kelly Livingston**
- 3. February 23: Copps Island Oysters**
- 4. March 2: Susan Granger**
- 5. March 9: Dr. Lavi Bellumkonda**
- 6. March 16: Bruce Cooper**

Hands-on Committee: Bruce Paul

Stop and Shop Super Bowl food drive gathered 155 bags of food and \$515.88 in cash donations.

Nominating Committee: Ron Holtz

The recommendation from the nominating committee to the board is that Karen Kleine be the President Elect for 2019-2020. Motion to approve the recommendation of the nominating committee (Yvonne proposed/Eileen seconded) passed unanimously. This recommendation will now be presented to the Westport Sunrise Rotary general membership.

Meeting adjourned 7:04pm

Respectfully submitted,

Yvonne Senturia

JOIN ROTARY AND CHANGE THE WORLD (VIDEO)



(sourced by Dennis Wong)

IDENTIFYING PROSPECTIVE MEMBERS FOR OUR CLUB

Think of your contacts, acquaintances, friends and family members who might qualify for membership in the Club. It's not necessary to know whether they are ready to join Rotary.

Professional Contacts:

Consider your supervisor, current and former colleagues, acquaintances from professional associations and people you have done business with recently.

Service Contacts:

Consider neighbors, community leaders and acquaintances who have volunteered with you on Rotary or non-Rotary events or service projects.

Community Contacts:

For example:

Medical Professionals, Real Estate Agents, Financial Managers/Planners, Religious Leaders, Lawyers, Business Consultants, Accountants, Veterinarians, Non-Profit Professionals, School Administrators, Social Workers

Have a name?

Send it in with some contact info.
jbcohen27@gmail.com

Gillespie Center Schedule

On the *first Saturday* of each month, two Rotarian's are assigned to deliver and serve meals to the

homeless at the Gillespie Center. Please contact
Bruce Paul
bruce.a.paul@gmail.com

March 3, 2018: Pat Riemersma, Phil Sharlach

April 7, 2018: John Krubski, TBD

May 5, 2018: Leigh Overland, Tim Wetmore

June 2, 2018: Michael Davis, Colleen Palmer

July

August 4, 2018: Gail Lavielle, TBD

September 1, 2018: Jeff Cohen, TBD

October 6, 2018: Brian Strong, Sridhar Subramanian

Club Announcements

The Crier includes the "Club Calendar", where the upcoming Club events are

listed. Please submit event information to:
jbcohen27@gmail.com

Club Meeting Schedule

Sunrise Rotary Club members serve as greeters and deliver the openers at the Club meetings on a rotating basis. If a member is unavailable on the

assigned date, it is essential that he or she find a replacement and submit the name to:
jbcohen27@gmail.com

Greeters

2018

March	Lavielle; Smith; Mandell (Jaffe on 3/16)
April	Subramanian, Cady, Renzulli
May	Galan, Freedman, Palmer
June	Davis, Hill, Senturia
July	Wong, Stahl, Krueger
August	Kaner, Riemersma, Ayres
September	Kirby, Keenan, Holtz

Meeting Openers

January	5	Ellison
	12	Nair
	19	Tooker
	26	Strong
February	2	Ross
	9	Subramanian
	16	Cohen
	23	Lowrie
March	2	Davis
	9	Hendrickson
	16	Ayres
	23	Hawley
April	30	Adler
	6	Mullen
	13	Overland
	20	Krubski

	27	Cederbaum
May	4	Cady
	11	Stahl
	18	Getraer
	25	Flug
June	1	Haberstroh
	8	Galan
	15	Bruce
	22	Kleine
	29	Kirby

Programs

January 5: Dr. Sai Lakshmi
 January 12: Lisa Corrado
 January 19: Lt. Jillian Cabana
 February 2: SCORE Fairfield County
 February 9: ALS PEPPER CHALLENGE
 February 16: Kelly Livingston
 March 2: Susan Granger
 March 9: Lori Cochran-Dougall, Executive Director, Westport Farmer's Market
 March 16: Bruce Cooper
 March 23: SCORE Fairfield County
 March 30: the UNDIES project
 April 13: Aquarion Water Conservation
 April 20: #MeToo Movement

Westport Sunrise Rotary Club Board Meetings

Usually the first Monday of the month 5:30-7PM in **Town Hall Room 201**. All are welcome.

Avenues of Service

Rotary's commitment to Service Above Self has been channeled through the Avenues of Service,

which form the foundation of club activity. **Club Service (Fun, Fellowship and Fundraising)** Club Service focuses on strengthening fellowship and ensuring the smooth functioning of Rotary clubs.

Vocational Service (Four-WayTest)

Vocational Service involves club members serving others through their professions and aspiring to high ethical standards. Rotarians, as business leaders, share skills and expertise through their vocations, and they inspire others in the process.

Community Service (Charitable Giving and Hands-On) Community Service is the opportunity Rotary clubs have to

implement club projects and activities that improve life in the local community.

International Service (International Projects and PolioEradication)

International Service encompasses efforts to expand Rotary's humanitarian reach around the world and to promote world understanding and peace. It includes everything from contributing to Polio Plus to helping Rotary Youth Exchange students adjust to their host countries.

New Generations Service (Rising Young Voices)

New Generations Service recognizes the positive change implemented by youth and young adults through leadership development activities such as RYLA Rotaract and Interact club service projects, and creating international understanding with Rotary Youth Exchange.

WSR Board of Directors

President: Ron Holtz
Past President: Helen Garten
President Elect: Eileen Lavigne Flug
Secretary: Yvonne Senturia
Operations Chair: Karen Kleine
Treasurer: Philip Sharlach
Media: Roy Fuchs
Hands-On-Chair: Mario SaCouto
The Crier - Editor: Jeff Cohen
Program Chair: Ralph Krueger
Member at Large: Liz Wong
Member at Large: Ed Horne
Member at Large: June Getraer
Member at Large: John Hendrickson
Member at Large: Bruce Paul

The Crier

Editor/ Photographer **Jeff Cohen**
Reporter/Photographer **Roy Fuchs**
Columnist **Nick Clarke**

Westport Sunrise
Rotary



**The Westport Sunrise
Rotary Club meets
7:30 AM every Friday
Morning at
The Westport Inn
1595 Post Road East.**

Meetings are open to all Rotarians and their guests.



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Place article copy here. Be sure to make the articles short and concise as people tend not to read much more than a couple of paragraphs. Place article copy here.



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