

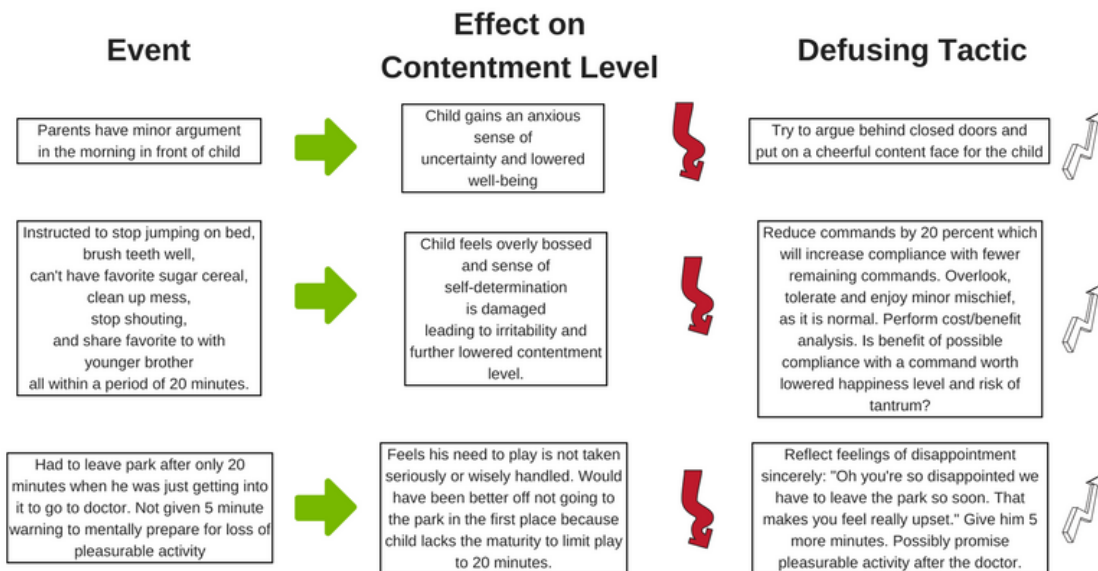
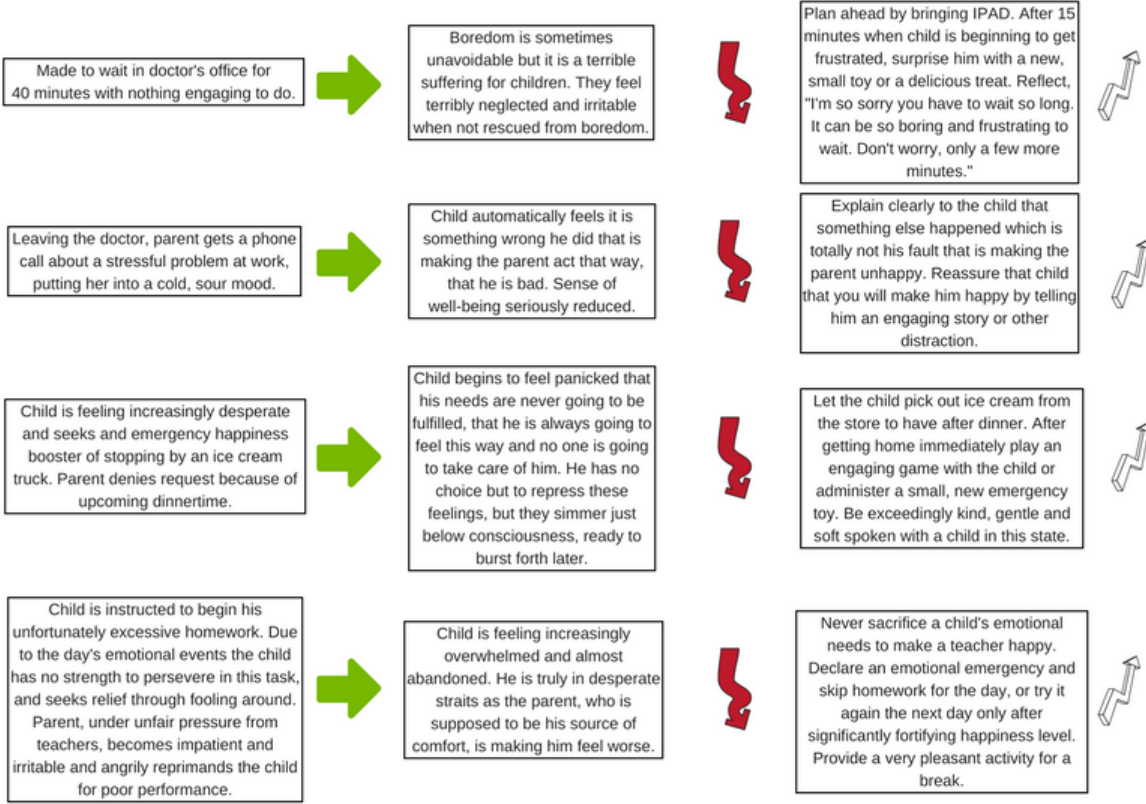


ANATOMY OF A TANTRUM



 Tantrums are fueled by a progressively spiraling lower **HAPPINESS** level. 





Out of desperation the child acts out by shouting disrespectfully at parent. Parent responds by taking away desperately needed screen time as a consequence. Child is unable to survive this drastic loss of pleasure and happiness and explodes into an extremely aggressive...

TANTRUM!



Note that by carefully **injecting happiness** and good feelings into the child's day at any level of the spiral, would have prevented the further descent and its result. Tantrums are entirely preventable by meticulously **swooping in** and providing for the child's emotional needs **ahead** of time.

Never fear that you are **spoiling** a child by making him or her happy! It is precisely the lack of happiness which causes children to **act** spoiled!

Child-Centered Play Therapy is truly **magical** in its ability to reduce tantrums. In the Playroom, I give the child such an **exhilarating sense of control** over his own life, self-determination, increased self-esteem and self-respect, that his baseline **happiness level** is so elevated that tantrums become a non-issue.

Concurrently I offer **Parenting Counseling**, where I help you come up with your **own solutions** to your child's issues, helping you develop a **step-by-step plan** to raise his or her **happiness level** and resolve the whole problem!