Our Regional NCSGNA Spring Conference

Our conferences rely on generous donations of time and content from our speakers, who are mainly rewarded by your energy and enthusiasm. They rely heavily on our vendors, who choose to support our conferences in exchange for the opportunity to share their products with you. Our all-volunteer Board of Directors spends time and energy ensuring that we support the Northern California SGNA with educational conferences while still maintaining fiscal responsibility. Consider taking the next step—start out by observing, asking, or even volunteering yourself!

NCSGNA’s Spring Conference will be at the Marriott in Walnut Creek on Saturday, March 16, 2019

The SGNA 46th Annual Course combines renowned industry leaders, focused educational sessions, hands-on training, insights from colleagues, and product and service highlights. SGNA gives you the tools and knowledge-base you need to bring value to your job and patients every day. The SGNA 46th Annual Course is the best educational investment your company will make all year. Take advantage of the opportunities available including:

- Networking with like-minded professionals
- Education focused on relevant topics like infection prevention, sedation and endoscopic reprocessing
- Opportunity to earn up to contact hours
- Viewing the latest products and services in the Exhibit Hall

Our National SGNA Annual Course

SGNA 46th Annual Course
Portland, Oregon

https://annualcourse.sgna.org/
For details and to register

Earn 34.25 contact hours with more than 100 educational sessions spanning 8 different tracks.

Keep Your Membership Up-to-Date—SGNA wants to ensure that you have uninterrupted access to year-round member benefits. Visit the Member Center to renew your membership today!
Message from the Past President

Cheers to 2019

I hope all is well with everyone as we welcome a new year. A new year yields new opportunities for growth. Whether you have resolutions or not, I hope you find yourself yearning for more learning opportunities. In fact, one way to grow professionally is to join our Board of Directors. I believe that since joining becoming an SGNA member and becoming a part of NCSGNA, I have learned quite a bit about event planning. From Director of Education, to now being the Immediate Past President, I have appreciated the time I spent putting together a few of our programs. I never knew how much time, effort, and money it takes to bring our NCSGNA conferences to life. Also, I have been able to attend SGNA’s conferences to see what other providers see their practice that I do not typically experience in my own. So, I highly encourage everyone to set a few goals this year. If you are curious about our board, do not hesitate to approach us at one of our events.

See you in the spring,

Shaleena Kumar
In 2018, an estimated 14,400 new cases of colorectal cancer will be diagnosed in California; and sadly, 5,300 Californians will die from the devastating disease. (Siegel et al., Cancer Statistics, 2018. CA: A Cancer Journal for Clinicians. January 2018). As GI and Endoscopy nurses, we know that when colorectal cancers are detected at an early stage, survival is 90 percent.

According to the United States Preventative Services Task Force, access to appropriate use of colorectal cancer screening tests could reduce death rates of colon cancer up to 66 percent. But only about 39 percent of colorectal cancers are diagnosed at an early, more treatable and curable stage. In 2016, only 73 percent of the population in California had received colorectal cancer screening according to the guidelines.

80% in Every Community

On March 7, 2019, the National Colorectal Roundtable, The American Cancer Society, and other national partners will launch their new campaign to reach an 80% colorectal cancer screening rate nationwide.

Location: Atlanta, GA
Time: 9:30 AM EST - Social Media Kickoff
      2:00-3:00 PM EST - Livestream Broadcast

80% in Every Community is an initiative which aims to substantially reduce colorectal cancer as a major public health problem. The initiative seeks to build on and grow the tremendous success of the “80% by 2018” campaign.

Call to Action:

I challenge NCSGNA members to become a “screening champion.” Re-energize your current efforts to help spread the word in your community that screening can prevent colorectal cancer by finding and removing precancerous polyps, or by finding colorectal cancer early when treatment is more likely to be successful. What can you do?

Check out and adapt the many resources on the National Colorectal Roundtable website at: http://nccrt.org/80-in-every-community.
Message from the Director of Community & Legislative Relations, Continued

Medicare Colorectal Cancer Screening Loophole

A federal fix is still needed to increase CRC screening rates for seniors. Half of colorectal cancer deaths could be prevented each year if individuals age 50 and older received recommended colorectal cancer screenings. Currently, Medicare fully pays for routine colonoscopies. But if a polyp is found during the routine screening and removed during the procedure the patient must pay a share of the cost, which makes seniors not covered by private insurance, shy away from getting colonoscopies. Unfortunately, this cost-sharing loophole deters many seniors on Medicare from getting screened.

Both California Senators Kamala Harris, who recently launched her 2020 presidential campaign, and Diane Feinstein have co-sponsored the Removing Barriers to Colorectal Cancer Screening Act. The bill would close this unintended loophole in the Affordable Care Act, save thousands of lives, reduce suffering and reduce Medicare cancer costs. In fact, Senator Harris’ mother died from CRC.

Call to Action:

Now is a great time for NCSGNA members contact their congressional representatives to support this bill, especially given Senator Harris’ personal history with colorectal cancer. Senator Harris: https://www.harris.senate.gov/contact. Senator Feinstein: https://www.feinstein.senate.gov/public/index.cfm/e-mail-me. NCSGNA members should also contact their US representatives: https://whoismyrepresentative.com.

As GI and Endoscopy nurses, we know first hand that everyone deserves to live a life free from colorectal cancer. We must take an active role to ensure 80% screening rates in all our communities.

Message from the Director of Vendors

If you have recently tried a new product that you really liked, please send me the contact number of the vendor so that I may invite them to our March conference. That way they can share their product with your GI colleagues.

Thanks to all of you for visiting the vendor tables during the conferences. Without their continued support of our conferences, the fee to attend would be higher.
NCSGNA Board Meeting
Date: Friday October 5th, 2018
Time: 6:00-830pm
Place: Monterey, Hyatt Regency- Oak Tree Room 1-3

Present:
Ryan David, Kristine de Guzman, Janelle del Rosario, Anne Hayes, Shaleena Kumar, Dawn Neblett-Cross, Sheila Nuqui, Emily Scafaldi, Nancy Schlossberg, April Sundong, Kendall Yoshisato

Introductions:
Welcome Guests- Ryan David-UCSF, Emily Scafaldi- Stanford, Nancy Schlossberg-John Muir

Report:
Dawn Neblett-Cross- Director of Membership
  Spring Conference minutes already sent out
  Board member reports-158 Registrants

April Sundong- Director of Education
  More speakers are needed for future conferences
  Review of complaints
  No syllabus- now online
  Thanking and acknowledgement of vendors
  7.0 contact hours from ABCGN

Sheila Nuqui- President Elect
  Friday and Saturday S. Lake Tahoe September 19, 2018 2019 for Spring Conference
  Cost of room at South Lake Tahoe Resort is $159/night
  NCSGNA is code for booking – cut off date August 30, 2018

Janelle del Rosario- Secretary
  Tomorrows elections- will keep track of positions that are open
  Nancy Schlossberg running for Director of Community and Legislation Relations
Board Meeting Minutes, cont.

Kristine De Guzman- Director of Social Media
   Facebook boost- goal is to make people aware and engage with our members or people interested in gastro.
   The goal is to target members and their friends
   Possibly create IG account

Kendall Yoshisato- Treasurer
   Overview of budget
   Destination vs Local conference locations
   High vs Low costs

Anne Hayes- Director of Community and Legislation relations
   Input on where people were drawn for past conference sites
   ABCGN and National recognition

Shaleena Kumar- President
   House of delegates meeting in Florida overview
   Syllabus online- evaluation online, note page included
   Google forms – evaluation with multiple choice, email link or embed on website populating responses.
      Creates certificates and emails back with PDF. Issue is forwarding/falsification issues
   Lydia needs articles by November 1, 2018

Board Positions: Tomorrow is our elections
   President- Elect: Sheila Nuqui---April Sundong
   Director of Education: April Sundong- Emily Scafidi
   Treasurer- Kendall Yoshisato-willing to do another year
   Director of Membership-- Dawn Neblett-Cross will serve another term
   Director of Community & Legislation: Anne Hayes- Nancy Schlossberg
   Director of Publicity and Scholarship - Lydia Blethrow, will do another term
   Director of Social Media-- Kristine De Guzman
   Director of Exhibitors: Elena Gomez  Ryan David
Board Meeting Minutes, cont.

Future Venues for upcoming conferences:
NCSGNA Spring Conference, Marriott Walnut Creek-March 16, 2019
SGNA 4th Annual Course, Oregon Convention Center- April 12-16th, 2019
NCSGNA Fall Conference South Lake Tahoe Resort Hotel-September 21, 2019

New Business:
SGNA leadership meeting- November 2nd, 3rd
Hyatt Regency O’Hare
Rosemont, IL

Outstanding:
Help at registration desk is appreciated
Announcements: Anne Hayes is retiring
Time keeping: Shaleena Kumar
# Leadership Directory
Contact information for the NCSGNA leadership

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Sheila Nuqui</td>
<td><a href="mailto:snuqui@comcast.net">snuqui@comcast.net</a></td>
</tr>
<tr>
<td>President-Elect</td>
<td>April Heuschel</td>
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<tr>
<td>Immediate Past President</td>
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<tr>
<td>Treasurer</td>
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<tr>
<td>Secretary</td>
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<tr>
<td>Director of Education</td>
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<tr>
<td>Director of Membership</td>
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<tr>
<td>Dir. Comm. &amp; Legislative Relations</td>
<td>Nancy Schlossberg</td>
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<tr>
<td>Director of Exhibitors</td>
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<tr>
<td>Director of Publicity and Scholarships</td>
<td>Lydia Blethrow</td>
<td><a href="mailto:lydia@lyds.org">lydia@lyds.org</a></td>
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<tr>
<td>Director of Social Media</td>
<td>Kristine DeGuzman</td>
<td><a href="mailto:deguzmankr86@gmail.com">deguzmankr86@gmail.com</a></td>
</tr>
</tbody>
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## NCSGNA Calendar of Events

- **March 16, 2109**
  - **NCSGNA Spring Course**
  - Marriott Walnut Creek

- **April 12-16, 2019**
  - **SGNA’s 46th Annual Course**
  - Portland, Oregon

- **September 21, 2019**
  - **NCSGNA Fall Course**
  - South Lake Tahoe Resort Hotel
The NCSGNA Scholarship is open to members only. This information is for informational purposes only. Please download your application from www.ncsgna.org. You will be asked to provide your:

Name: __________________________
Address: _________________________
City/State/Zip Code: _______________
E-mail: __________________________
Home Phone: ______________________
Employer: _________________________
Work Phone: _______________________

What is the scholarship for?

The goal of this scholarship is to help a regional member attend the SGNA Annual Course. One $1000.00 scholarship will be awarded to be used for registration, airfare, and hotel accommodations. Recipients must provide documentation of actual use of funds.

What criteria are used to award the scholarship?

- The applicant’s support of SGNA, both regional and national;
- The applicant’s promotion of GI nursing;
- The applicant’s activities within their hospital and community;
- The applicant’s participation within local, state, and federal government on behalf of nursing and health care issues;
- The applicant’s participation in other nursing organizations.

What is the application process?

Begin by checking off any activities in which you have participated (each category is assigned a point value by the Scholarship Committee). Expand upon these activities, include other areas that you feel demonstrate your qualifications for this award, and add any additional comments. Return this entire form and your comments to the Scholarship Committee Chairman.

Eligible applicants must have been a voting licensed nurse or associate of NCSGNA for two years or more, must demonstrate support of NCSGNA’s goals and objectives, must currently be employed in gastroenterology. Members of the Board of Directors and those who have received an NCSGNA Educational Course grant within the past three years are ineligible.

ACTIVITIES

When did you join SGNA/NCSGNA? ____________
Years in GI Nursing: ________________
Academic/Professional Credentials: ________________
Northern California SGNA: ________________
President: held office
President-Elect: held office
Past President/Historian: held office
Secretary: held office
Treasurer: held office
Director of Exhibits: held office
Director of Scholarship/Publicity: held office
Director of Membership: held office
Director of Education: held office

National SGNA or ABCGN (e.g., HOD Speaker or Vice Speaker; national Board Member):
SGNA Foundation Board Member; SIG Group Coordinator; Annual Course poster presenter, speaker, committee member, monitor or moderator):
Education (e.g., staff in-services, community presentations, teaching student nurses, mentoring new employees):
Government (e.g., special projects, resolutions):
Health Fairs/Other Professional Organizations/GI Nurses Day:
Miscellaneous:

Research/Educational Posters

If your poster is accepted for display at the Annual Course, you may be eligible for a monetary subsidy.

Here’s hoping you will join us at the 2019 SGNA Annual Course!!!