

Run The Banner 10m

Kilnaboy

POS.	NUM	PARTICIPANT	GENDER	CAT	CAT Pos	CLUB	TIME
1	600	Rory Chesser	Male	MS	1	Ennis Track	00:54:33
2	601	David Richardson	Male	MS	2	South Galway AC	00:58:44
3	625	Brian Murphy	Male	MS	3	Ennis Track	00:58:52
4	620	Finbar O Grady	Male	MS	4	Kilmurry Ibrickane/North Clare	00:59:38
5	612	John Moloney	Male	M40	1	Ennis Track	01:00:45
6	155	Thomas Garrahy	Male	MS	5	Kilmurry Ibrickane/North Clare	01:00:49
7	14	Brian Sheedy	Male	MS	6		01:00:50
8	557	John Whelan	Male	M40	2	Athenry AC	01:01:13
9	640	Billy Mc Kenna	Male	MS	7	Ennis Track	01:01:29
10	531	John O'Gorman	Male	M50	1	Kilmurry Ibrickane/North Clare	01:01:32
11	630	Fergal Grogan	Male	M40	3	St Marys	01:03:17
12	611	Kieran Dillon	Male	M45	1	St Marys	01:03:53
13	174	Kevin Synnott	Male	M40	4	Ennis Track	01:04:03
14	609	Ronan Mc Manus	Male	MS	8	Sligo	01:04:13
15	594	John Whelan	Male	MS	9	Sligo	01:04:46
16	607	John Cahill	Male	M50	2	St Johns	01:04:55
17	624	Pat Morrissey	Male	M55	1	Ennis Track	01:05:31
18	1	Michael Moynihan	Male	MS	10	Kilnaboy AC	01:05:58
19	143	John O' Malley	Male	M45	2	Kilmurry Ibrickane/North Clare	01:06:07
20	642	Dan O Rourke	Male	M50	3	Tuam	01:06:11
21	593	Fintan Whelan	Male	MS	11	Sligo	01:06:20
22	145	Anne Marie Connellan	Female	F45	1	Ennis Track	01:06:20
23	615	Aidan Downes	Male	M45	3	FERGUS AC	01:06:34
24	140	Sean McNamara	Male	M40	5	Kilmurry Ibrickane/North Clare	01:06:40
25	592	Martin Carey	Male	MS	12	Ennis Track	01:06:41
26	127	Liam Shannon	Male	M45	4	Kilmurry Ibrickane/North Clare	01:06:58
27	171	James Flanagan	Male	M50	4	Kilmurry Ibrickane/North Clare	01:07:20
28	646	Tommy Joe Whyte	Male	M55	2	Tuam	01:07:34
29	141	Selenia Nolan Culligan	Female	F45	2	Ennis Track	01:07:51
30	46	Tomas Whelan	Male	MS	13	Kilnaboy AC	01:08:17
31	616	Cormac Flannery	Male	M40	6	Derg AC	01:08:33
32	33	Keith Butler	Male	M40	7	Clare Crusaders	01:08:36
33	634	Sean Cahillane	Male	M45	5	Kilmurry Ibrickane/North Clare	01:08:50
34	181	Mike Clune	Male	M55	3	Ennis Track	01:09:30
35	175	Pat Baker	Male	M45	6	Kilnamona	01:09:47
36	38	David Corry	Male	MS	14	St. Mary's A.C.	01:09:50
37	177	Brian Mullins	Male	MS	15	Love2Run	01:09:58
38	636	John Williams	Male	M40	8	St Cronans	01:10:39
39	148	Anthony Culligan	Male	M50	5	FERGUS AC	01:11:04
40	39	Brian Collins	Male	M45	7		01:11:24
41	150	Eamonn Morgan	Male	M45	8	Kilmurry Ibrickane/North Clare	01:11:30
42	139	Neil Jordan	Male	M50	6	Go tri	01:12:02
43	135	Maeve Flannery	Female	F35	1	Derg AC	01:12:07
44	121	David Burrows	Male	M45	9	Storm Runners 2019	01:12:17
45	537	Tom Tuohy	Male	M45	10	Craughwell A. C.	01:12:28
46	21	Mary Cahill	Female	F40	1	Ennis Track	01:12:29
47	107	Kieran Hassett	Male	MS	16	Kilmurry Ibrickane/North Clare	01:12:29

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48	11	Francis Mc Mahon	Male	M50	7	Kilnaboy AC	01:12:39
49	169	Seamus OGrady	Male	M45	11	Roche Running Club	01:12:55
50	570	Aidan Hogan	Male	MS	17		01:13:15
51	627	Mike Cooney	Male	M50	8	Ardnacrusha	01:13:24
52	163	John McGrath	Male	M40	9	Roche Running Club	01:13:30
53	644	Diarmuid Kennelly	Male	MS	18	Kilmurry Ibrickane/North Clare	01:14:09
54	115	Martin Cusack	Male	M45	12	Vitalograph Ltd.	01:14:22
55	164	Jimmy Doyle	Male	M55	4	Ennis Track	01:14:22
56	176	Siobhan Lennon	Female	F45	3	Ennis Track	01:14:29
57	649	Donal Walsh	Male	M45	13	South Galway AC	01:14:51
58	599	Padraig Breathnach	Male	MS	19	Ennis	01:15:05
59	645	Niamh Donnellan	Female	FS	1	Kilmurry Ibrickane/North Clare	01:15:07
60	151	Fiona Kinsella	Female	F45	4	Kilmurry Ibrickane/North Clare	01:15:19
61	614	Roy Singleton	Male	M45	14	Kilnaboy AC	01:15:19
62	595	Emma Ryan	Female	FS	2	Ennis Track	01:15:26
63	157	Johnny Wilson	Male	MS	20	Friels pub running club	01:15:28
64	45	James Blake	Male	MS	21		01:15:41
65	539	Noel Gorman	Male	M45	15	Craughwell A. C.	01:15:47
66	79	John O'Looney	Male	MS	22		01:16:06
67	65	Stephen Lynn	Male	M40	10		01:16:10
68	566	Matthew Vaughan	Male	MS	23	Spartan Fitness Ennis	01:16:19
69	20	Sue Garrahy	Female	F55	1	Kilmurry Ibrickane/North Clare	01:16:25
70	562	Cyril Howard	Male	MS	24	Spartan Fitness Ennis	01:16:31
71	639	Michael Meehan	Male	M40	11	Newmarket on Fergus	01:16:35
72	117	Pat Lynch	Male	M40	12	Vitalograph Ltd.	01:16:36
73	144	Martina Murphy	Female	F45	5	St Cronans	01:16:40
74	60	Tim Joe Buckley	Male	M65	1	Ennis Track	01:16:40
75	602	Kieran Boland	Male	M40	13	Shannon	01:17:02
76	87	Sarah Boland	Female	F40	2		01:17:04
77	626	Mark Campbell	Male	M50	9	Craughwell A. C.	01:17:06
78	78	David Callinan	Male	M40	14		01:17:22
79	589	P J Tarpe	Male	M45	16	Athenry AC	01:17:24
80	586	Neill Killeen	Male	MS	25	Kilnaboy AC	01:17:34
81	558	TJ Van Der Valk	Male	M55	5		01:18:04
82	136	Kenneth O Driscoll	Male	M45	17	Broadford	01:18:13
83	129	Rose Enright	Female	F55	2	(St Marys ac) Vitalograph Ltd	01:18:42
84	94	Eugene Moroney	Male	M45	18	Love2Run	01:18:52
85	217	Shane Mc Carthy	Male	MS	26	St Marys	01:18:52
86	618	Gerard Keogh	Male	M45	19	Kilmihil	01:18:56
87	97	Claire Ryan	Female	F40	3	Spartan Fitness Ennis	01:18:58
88	597	Garret Taylor	Male	M45	20	Liscannor	01:18:59
89	631	John Meehan	Male	M50	10	Clare Crusaders	01:19:00
90	643	Brian Corbett	Male	M45	21	Clare Crusaders	01:19:01
91	515	Margaret Malone	Female	F45	6	Kilmurry Ibrickane/North Clare	01:19:11
92	96	Don Regan	Male	MS	27	Spartan Fitness Ennis	01:19:15
93	542	Brian Mathews	Male	M40	15	Craughwell A. C.	01:19:31
94	588	Claire Troy	Female	F35	2	Ennis Track	01:19:36
95	17	Lisa McGrath	Female	FS	3	Ennis Track	01:19:37
96	27	Colin Mullaney	Male	MS	28		01:20:04
97	49	John Neenan	Male	M45	22	St. Mary's A.C.	01:20:06
98	596	Lorraine Hayes	Female	F40	4	Ennis Track	01:20:18
99	47	Annette Kelly	Female	F40	5		01:20:19
100	162	Sean Whelan	Male	M65	2	Ennis Track	01:20:20
101	635	Patrick White	Male	M45	23	Ennistymon	01:21:02
102	637	Ailish Mc Elroy	Female	F45	7	Bodyke	01:21:21
103	581	John Mc Grath	Male	MS	29		01:21:42

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104	538	David Callanan	Male	M40	16	Craughwell A. C.	01:21:54
105	548	Katie Gorman	Female	F45	8	Craughwell A. C.	01:21:54
106	112	Dominic Devereux	Male	M60	1	Vitalograph Ltd.	01:22:13
107	156	Shane Fitzgerald	Male	MS	30	Friels pub running club	01:22:25
108	101	Idelia O malley	Female	F50	1	Peru2	01:22:36
109	563	Kevin Mc Namara	Male	M50	11		01:23:15
110	61	Ann Marie Carpenter	Female	F35	3		01:23:19
111	102	Olivia Flynn	Female	F40	6	Love2Run	01:23:24
112	73	Lorraine Conheady	Female	FS	4	Crusheen	01:23:33
113	575	Robert Boland	Female	F35	4		01:24:22
114	579	Mark O Brien	Male	MS	31		01:24:22
115	559	Megan Mc Grath	Female	FS	5		01:24:23
116	608	John Soffe	Male	M40	17	West Clare Tri	01:24:24
117	633	Fergal Mc Grath	Male	M45	24	Ennis Track	01:25:02
118	574	Thomas Fitmaurice	Male	M50	12	Bodyke	01:25:27
119	573	Antoinette Johnston	Female	F40	7	Ennis Tri Club	01:25:29
120	19	Claire O'Grady	Female	FS	6	South Galway AC	01:25:34
121	550	Eoin Quinn	Male	M40	18	Ennis 550	01:25:34
122	532	Michael Kirrane	Male	MS	32	St. Mary's A.C.	01:25:38
123	23	Bernadette O Connor	Female	F35	5		01:25:40
124	108	Noelle Hassett	Female	F35	6	Cooraclare	01:25:47
125	603	Audrey Cahill	Female	F40	8	Kilmurry Ibrickane/North Clare	01:26:00
126	632	Fergus Hannon	Male	MS	33	Cumann suileadoiri agus ritheadoiri	01:26:15
127	561	Jerry Egan	Male	M45	25	MGRG	01:26:33
128	610	Tony O Dwyer	Male	M40	19	Sixmilebridge	01:26:53
129	128	Una Shannon	Female	F40	9	Kilmurry Ibrickane/North Clare	01:27:02
130	606	Conor Sexton	Male	MS	34	Miltown Malbay	01:27:37
131	103	Josephine Ryan	Female	F40	10	Love2Run	01:27:40
132	613	John Walshe	Male	M65	3	Road Runners Club	01:27:43
133	564	Anthony Egan	Male	MS	35		01:28:22
134	131	Fergal Lavery	Male	MS	36	Kilnaboy AC	01:28:23
135	647	Sinead Brady	Female	FS	7	Kilcolgan	01:28:33
136	114	John King	Male	MS	37	Vitalograph Ltd.	01:28:33
137	547	Kay Talty	Female	F45	9	Craughwell A. C.	01:29:11
138	170	Jane Duffield	Female	F40	11	West Clare Tri	01:29:15
139	583	John Doody	Male	M40	20	Corofin	01:30:04
140	582	Laura Mc Grath	Female	F35	7		01:30:37
141	100	Ian Dunn	Male	M55	6	Peru2	01:30:37
142	580	Jennifer Flanagan	Female	FS	8		01:30:39
143	118	Kieran Meehan	Male	M45	26	Kilmurry Ibrickane/North Clare	01:30:45
144	587	Robert Coll	Male	M60	2	Dooneen	01:30:51
145	543	Gerry Treacy	Male	M50	13	Craughwell A. C.	01:31:05
146	571	Peter Minihan	Male	M45	27	Minihane Supervalu	01:31:26
147	569	Katie Sheedy	Female	F35	8		01:31:41
148	638	Mona Rush	Female	F40	12	Kilmurry Ibrickane/North Clare	01:32:03
149	578	Declan Connolly	Male	M50	14	Kinvara	01:32:31
150	74	Eoin Conheady	Male	MS	38	Crusheen	01:33:07
151	134	Margaret Ryan	Female	F40	13	Ennis Track	01:33:32
152	75	Lisa Lane	Female	FS	9		01:33:49
153	18	Marie O'Grady	Female	FS	10		01:33:58
154	541	Colm Mc Allen	Male	MS	39	Craughwell A. C.	01:34:55
155	125	Declan McEvoy	Male	M55	7	Storm Runners 2019	01:35:30
156	551	Fiona Diviney	Female	F45	10	Craughwell A. C.	01:35:33
157	605	Eamon Nugent	Male	M60	3	Scariff	01:35:39
158	568	Brenda Byrne	Female	FS	11	Cumann suileadoiri agus ritheadoiri	01:35:40
159	598	Gillian Foley	Female	F45	11	Liscannor	01:35:56

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160	95	Jason Woods	Male	M45	28	Turnpike Harriers	01:36:16
161	82	Eddie Thompson	Male	MS	40		01:36:30
162	379	James Keane	Male	M45	29	Kilmurry Ibrickane/North Clare	01:36:30
163	567	Adrian Beakey	Male	M50	15		01:36:34
164	122	Linda Joyce	Female	F40	14	Storm Runners 2019	01:36:41
165	604	Marita Carolan	Female	F45	12	Craughwell A. C.	01:36:44
166	560	Paraic Frisby	Male	MS	41		01:37:00
167	629	Danielle Treacy	Female	F35	9	Cumann suileadoiri agus ritheadoiri	01:37:00
168	628	Anne Marie Moran	Female	F40	15	Cumann suileadoiri agus ritheadoiri	01:37:04
169	12	Jacinta O'Grady	Female	FS	12	South Galway AC	01:37:37
170	577	Lorna Murphy	Female	FS	13		01:38:00
171	3	Denise Sweeney	Female	F35	10		01:38:14
172	2	Orla Cunningham	Female	FS	14		01:38:15
173	5	Chris Power	Male	MS	42		01:38:17
174	590	Oliver Mc Inerney	Male	M40	21	Ennis Tri Club	01:39:04
175	81	Patricia O Mahony	Female	F35	11		01:39:05
176	544	Kieran O Leary	Male	M60	4	Craughwell A. C.	01:39:10
177	137	Aine O Driscoll	Female	F45	13	Broadford	01:39:11
178	623	Bernie Shannon	Female	F40	16	Tulla	01:39:12
179	546	Irene Fallon	Female	F50	2	Craughwell A. C.	01:39:15
180	641	Elaine Slattery	Female	F40	17	Ennis	01:39:20
181	72	Louise Conheady	Female	FS	15	Ashford AC	01:41:51
182	591	Maeve O Dwyer	Female	FS	16	Quin	01:41:56
183	93	Jennifer Vickers	Female	F35	12	Ruan	01:42:13
184	77	Angela Gibbons	Female	F40	18	Love2Run	01:42:15
185	26	Michelle Conheady	Female	FS	17	Quin	01:42:25
186	648	Hanna Himanen	Female	F40	19	Ballinderreen	01:42:39
187	576	Brigid Murdoch	Female	F50	3	LimerickCountry Club	01:43:50
188	40	Pj O Gorman	Male	M50	16	Storm Runners 2019	01:44:36
189	9	Loretta McNamara	Female	F55	3	Graney AC	01:44:41
190	622	Cait Gallagher	Female	F45	14	Tulla	01:44:55
191	88	Mairead Tarpey	Female	F40	20	Athenry AC	01:48:37
192	32	Laura Maloney	Female	FS	18		01:50:21
193	25	Brian Maloney	Male	MS	43		01:50:22
194	619	Paudie Nestor	Male	MS	44	Cree	01:51:15
195	70	Declan Mullane	Male	MS	45		01:51:22
196	71	Eimear Meehan	Female	FS	19		01:51:22
197	16	Niamh McNamara	Female	F35	13		01:51:44
198	8	Paula Bowes	Female	F35	14	Graney AC	01:51:45
199	572	Damian Gormley	Male	MS	46	Turnpike Harriers	01:57:19
200	126	Jacinta McEvoy	Female	F50	4	Storm Runners 2019	02:01:34
201	4	Mary Brady	Female	F35	15		02:03:33
202	621	Conor Flanagan	Male	M45	30	Cumann suileadoiri agus ritheadoiri	02:06:13
203	10	Mary Lynch Morgan	Female	F35	16	Cumann suileadoiri agus ritheadoiri	02:07:09
204	617	Timmy John Murphy	Male	M55	8	Kilnaboy AC	02:40:05
205	119	Patricia Sheehan	Female	F60	1	Marian AC	02:55:16