

# Pre-Assessment For The Practical Guide to Love, Sex and Relationships Resource

## Note to Teachers:

The main function of this assessment is to gauge the students' current understanding and knowledge of key aspects that appear in The Practical Guide to Love, Sex and Relationships resource. Use it as a **pre-test and complete it prior to lessons beginning with the resource.** It is made up of 20 questions. Some are multiple choice, with some short, written response formats as well. The assessment is designed to be a 'snapshot of understanding' that requires minimal time and preparation from both teachers and students. The results of the pre-test can be used to inform the teacher on areas that will need particular attention when using the resource.

The marking guide for the assessment is attached. Results of this test **should not be given out as one numerical score to students,** rather as several smaller scores by their content areas; for example, *'You scored well in the relationships section, but you scored fewer marks in 'sex and the law'.* Please note that some questions are hard to mark as correct or incorrect. The function of some questions is to allow the teacher and the students to reflect on changes in opinion or communication strategies, pre and post the program.

It is important that students get their marked tests returned as soon as possible. Research suggests that unless told otherwise, students can begin to believe the answer they gave in the tests was correct. To save time, you may want to mark some of the multiple choice questions as whole class.

The results for the pre-test can be compared with the results for the post-test to show any change in knowledge and understanding on the topic. The teacher or the school staff can decide whether to use the results at either a class level or an individual level or both to indicate improvement.

# THE PRACTICAL GUIDE TO LOVE, SEX AND RELATIONSHIPS PRE-TEST

NAME: \_\_\_\_\_ CLASS: \_\_\_\_\_

## Relationships

1. What are 3 things you think are important in a romantic/love kind of relationship?

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

2. It can be hard to tell the difference between caring and controlling actions in a relationship. Tick the statements that might be controlling actions?<sup>1</sup>

My boyfriend or girlfriend mostly or always...

a) seems to like me for who I am \_\_\_\_\_

b) won't let me talk to other boys / girls \_\_\_\_\_

c) checks up on what I do, where I go, or who I've been talking to \_\_\_\_\_

d) tries to stop me from spending time with my friends or family \_\_\_\_\_

e) makes me feel like I have to watch what I do or say \_\_\_\_\_

f) is ok if I say no to something (including sex) \_\_\_\_\_

g) is happy that I make my own decisions about my life \_\_\_\_\_

h) puts me down or humiliates me \_\_\_\_\_

1 \_\_\_\_\_  
Questions from <http://lovegoodbadugly.com/quiz-is-it-love-or-control/>

- i) has been aggressive or violent \_\_\_\_\_
- j) tries to work out arguments by compromising or talking \_\_\_\_\_
- k) is happy for me to hang out with friends, without them there \_\_\_\_\_
- l) has threatened to hurt me or kill him/herself if I leave \_\_\_\_\_

3. What factors might contribute to 2 people having a positive experience of sexual intercourse?

- a) \_\_\_\_\_
  - b) \_\_\_\_\_
  - c) \_\_\_\_\_
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### *Sex, gender and sexuality*

4. Out of every 100 people, what is the average number of people sexually attracted to the same sex?

- a) 1
- b) 10
- c) 20

5. Gina has been with 2 boys this month. Tom has been with 2 girls this month Gina is getting called negative names by some people at her school, like 'slut'. Tom is not. In fact, he is seen as a bit of a hero.

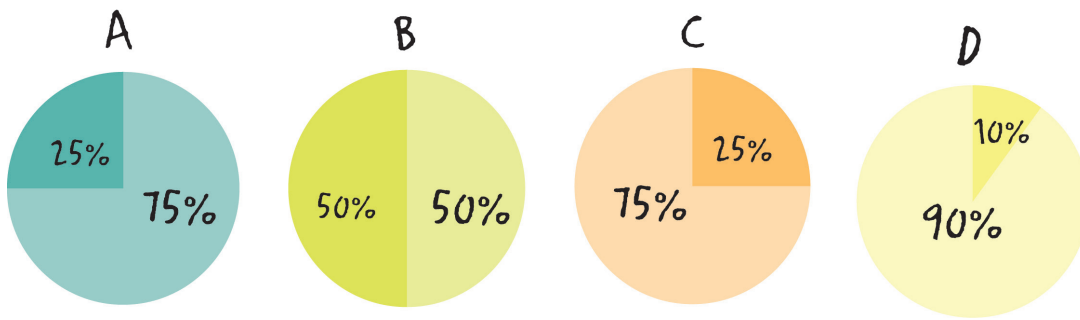
Why do you think the Tom and the Gina have been labeled differently for doing the same thing?

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6. Which graph correctly shows how many people have had sex by the time they finish Year 12?



- a) Never had sex – 75%; had sex - 25%
- b) Never had sex – 50%; had sex – 50%
- c) Never had sex – 25%; had sex – 75%
- d) Never had sex – 10%; had sex – 90%

7. Some young people have had sex that they describe as ‘unwanted’ sex. What do you think are the top 3 reasons for unwanted sex?

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### Communication skills

8. How would you rate your ability to read other people’s body language and emotions (ie non-verbal cues)? Would you say you:\_\_\_

_____	_____	_____
1	5	10
Always get it wrong	50/50	I can always tell what people are thinking

9. How do you know when someone is listening to what you are saying? Name two things or signs you notice when they are really paying attention to you.

a) \_\_\_\_\_

b) \_\_\_\_\_

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### Getting help

10. Someone you know is worried they might be pregnant. They don't know what to do.

a) Can you name a health or youth service in your town that they could go to? YES/NO

a) What is the name of the service? \_\_\_\_\_

11. Someone you know thinks they might be gay and they would like to talk to someone they trust about it, but they would rather not talk to their other friends or family. Who could they go to? \_\_\_\_\_

12. The condom broke last night and Emily wants to get Emergency Contraception. She is 15 years old. Is it legal for her to go the Chemist and buy it? YES/NO

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### Sex and the law

13. Is it legal for the following pairs of people to have a sexual relationship?

a) An 11 year old and a 14 year old? YES/NO

b) A 15 year old and a 16 year old? YES/NO

c) A 16 year old and a 20 year old? YES/NO

14. In Australia, sexual assault is a crime.

Which of the following actions could be judged as sexual assault by the law?

Action:	Could this be sexual assault?	
Having sex with someone who said they did not want to	YES	NO
Having sex with someone who is asleep	YES	NO
Having sex with someone who is severely affected by alcohol or other drugs.	YES	NO

### Pregnancy, contraception and condoms.

15. Read the following statements about how to avoid falling pregnant and decide if they are true or false.

Statements: You cannot get pregnant if...	True or false?	
It is the first time for BOTH people		
The penis is pulled out before ejaculation		
The female has her period		

16. Most accidental pregnancies from having sex using a male condom happen because

- a) the condom had a hole in it.
- b) The condom broke during sex.
- c) The condom wasn't the right size.
- d) The condom wasn't put on correctly.

17. Tick the most effective form of contraception for preventing pregnancy

- a) The Pill
  - b) Condoms
  - c) Contraceptive skin implant
  - d) Withdrawal (pulling out before he 'cums' - ejaculates).
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### *Sexually transmissible infections.*

18. How many new infections of HIV were there in Australia recently (2013)?

- a) Just over 12
- b) Just over 120
- c) Just over 1200

19. STIs can be passed during oral, vaginal, or anal sex with an infected partner. What percentage of women with an STI have no symptoms?

- a) 25%
- b) 50%
- c) 75%

20. What percentage of men with an STI have no symptoms?

- a) 25%
- b) 50%
- c) 75%