Until we get started...
Here are some helpful reminders

• If you are having trouble hearing the webinar and are participating using your computer’s audio please switch the audio options from “Computer audio” to “Phone call”.

• To listen using your phone’s audio, and after dialing the phone number and Access Code, please dial your Personal Audio PIN.

• Please utilize the chat or questions box throughout the meeting for questions or comments.

• If you would like to be unmuted anytime throughout the meeting please type into the chat box that you would like to make a comment and we will unmute you.
ECLC Program Quality & Alignment Subcommittee - Preschool Development Grant Meeting

Friday, July 12, 2019 - 9:00-10:50 am
State Services Building
1525 Sherman St, Denver CO 80203

Please register for ECLC Program Quality and Alignment Subcommittee on July 12, 2019 9:00 AM MST at:

https://attendee.gotowebinar.com/register/2314496562438843139
Welcome and Review of Minutes
• Webinar participants please type your name and organization you are representing into the chat box for introductions.

• Review meeting objectives

• Approval of meeting minutes from June 14, 2019
ECLC Updates
Kristina Heyl
Preschool Development Grant Updates
Lindsey Dorneman
PDG Needs Assessment - Help Us Recruit for Upcoming Focus Groups
Alexandra Caldwell
Help Us Make the Focus Groups a Success!

Community Engagement Recruitment for the Preschool Development Grant Needs Assessment

Alex Caldwell
Director
Program Quality and Alignment Subcommittee

July 12, 2019
ABOUT US

We believe that sound evidence and solid analysis leads to better health policy, and that better health policy leads to healthier Coloradans. That is our work as Colorado’s leading nonprofit and nonpartisan health policy research group. And we are passionate about it.
What is the Purpose of the Focus Groups?

• Characterize needs across the early childhood care and education system

• Key Topics:
  • Early care and learning needs for families
  • Child care provider needs, including both formal and informal providers
  • Other early childhood care and education stakeholder needs
18 Focus Groups – Including Two Virtual
Who:
Parents of children birth to five years old

Where and When:
Choose the conversation that’s most convenient for you!

- **Pueblo** Public Library: Wednesday, July 24, 5:30-7 p.m.
- **Denver** Tri-County Health Department, Westminster: Thursday, July 25, 5:30-7 p.m.
- **La Junta** Woodruff Memorial Library: Monday, July 29, 5:15-6:45 p.m.
- **Greeley** Farr Regional Library: Tuesday, July 30, 5:30-7 p.m.
- **Durango** Public Library: Wednesday, July 31, 5:30-7 p.m.
- **Steamboat Springs**, Bud Werner Library: Thursday, August 1, 5:30-7 p.m.
- **Haxtun** Community Center: Monday, August 5, 5:30-7 p.m.
- **Grand Junction**, Mesa County Health and Human Services Building: Tuesday, August 6, 5:30-7 p.m.
- **Your Computer**, Zoom call-in information forthcoming: Thursday, August 8, 5-6:15 p.m.

★ Parents receive a $30 Amazon gift card
★ Dinner/lunch provided
Who:
Early childhood education and care providers and stakeholders, including policymakers, clinicians, elected officials, advocates, and others.

Where and When:
Choose the conversation that’s most convenient for you!

**Pueblo** Public Library

**Wednesday, July 24**, 11:30 a.m.-1 p.m

**Thursday, July 25**, 1:30 a.m.-1 p.m

**Denver** Tri-County Health Department, Westminster

**Monday, July 29**, 11:30 a.m.-1 p.m

**Wednesday, July 31**, 11:30 a.m.-1:30 p.m

**La Junta**, Woodruff Memorial Library

**Thursday, August 1**, 11:30 a.m.-1 p.m

**Durango** Public Library

**Monday, August 5**, 5:30-7 p.m.

**Steamboat Springs**, Bud Werner Library,

**Tuesday, August 6**, 1:30-3 p.m.

**Haxtun** Community Center

**Wednesday, August 7**, 5:30-7 p.m.

**Grand Junction**, Mesa County Health and Human Services Building

**Thursday, August 8**, 12-1:15 p.m.

**Denver**, Fire Station 2, Aurora

(Child care provider discussion)

Your Computer, Zoom call-in information forthcoming

★★ Child care providers receive a $30 Amazon gift card

★★ Dinner/lunch provided
Considerations

• Location selection criteria:
  • Population density
  • Regional representation
  • Strength of existing relationships

• One focus group for child care providers only.

• Existing needs assessments will inform discussions when applicable.

• Not included: “Informal” focus groups.
Where You Come In:

• Please help us recruit families, child care providers, and other stakeholders!
  • Send to your networks
  • CC Nina Bastian on those emails

• Do you know of parent groups or individual key informants that represent populations that are especially hard to reach?
  • e.g., homeless, families living without documentation, migrant, refugee, immigrant, monolingual Spanish-speaking

• Please contact Nina Bastian at BastianN@coloradohealthinstitute.org

• All participants RSVP here: colo.health/childcare
Discussion on Alignment and Coordination Activities for PDG
Kristen Lang
COLORADO SHINES BRIGHTER

PRESCHOOL DEVELOPMENT GRANTS BIRTH THROUGH FIVE

Ensuring all Colorado children are ready for school when entering kindergarten!
PDG: Brainstorming Ideas for Alignment, Coordination and Collaboration to Improve Program Access

Groups:

Provider Operations Matrix
1) General Provider Requirements/Involvement with QRIS
2) Ratio, Group Size
3) Screening and Assessment
4) Transitions
5) Serving Children with Disabilities

Family Access Matrix
1) Eligibility
2) Application/Recertification Process
PDG: Brainstorming Ideas for Alignment, Coordination and Collaboration to Improve Program Access

Guiding Questions: In looking across the chosen row, where do you see opportunities to improve alignment, coordination, and collaboration among programs for purposes of increasing access to quality early childhood care and education programs meeting family need for our targeted populations? What changes would:

1) align and coordinate existing early care and education programs, resources, and services;
2) improve the quality of programs serving our target populations;
3) facilitate better partnership between programs to help prepare children entering kindergarten;
4) increase program operating and cost efficiencies;
5) expand parent choice and engagement; and
6) ensure families are linked to the full range of services they need?
Remote Option:

• Look at the Application/Recertification Process row in the Family Access Matrix and the Screening & Assessment row in the Provider Operations Matrix

• During the discussion period, send ideas for alignment in these two rows through the chat. Use that feature to discuss different ideas and settle on the one(s) that would have the most impact. Complete the Jot Form to record your responses.

• Please find the JOT form attached: https://form.jotform.com/91896411695167
Early Childhood Health Outdoors (ECHO)
Liz Houston & Sarah Konradi
Our Goal

To connect young children to nature by improving the spaces where they spend time each day, transforming traditional playgrounds into natural, engaging, and dynamic outdoor learning environments.
What is ECHO?

A comprehensive program of landscape design assistance, seed grant funding, training, and ongoing technical assistance.
Physical Activity Increase

Children observed after outdoor renovations were 22% more likely to be engaged in light, moderate, or vigorous physical activity.
Environmental Quality Improvement: Indoors
Environmental Quality Improvement: Outdoors
Incremental Development
Incremental Development
ECHO Components

- Application Process
- Site Analysis
- Design Workshop
- Schematic Design
- Community Engagement
- Action Plan
- Community Build Days
- Professional Development
  - Ongoing Training and Technical Assistance
- Toolkits and Resources
Design for
Best Practice
Community Engagement
# Outdoor Learning Environment Action Plan

**Center Name:** SAMPLE Child Development Center  
**Name(s) completing plan:** Director and Teacher  
**Date:** March 27, 2017

<table>
<thead>
<tr>
<th>Goals</th>
<th>Objective(s)</th>
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| 1. Provide vegetable gardening opportunities for children            | a. Install U-shaped Learning Garden and additional raised beds in preschool OLE  
|                                                                     |   b. Install 3 raised beds in toddler/ 2’s OLE                                |
| 2. Increase connectivity and physical activity circuit in preschool OLE | a. Install pathway extension in preschool OLE  
|                                                                     |   b. *Potentially* remove central concrete area in existing path loop and install turf  
|                                                                     |   c. Install several stepping stone pathways to begin to connect new settings |
| 3. Expose children to healthy eating options                        | a. Install gooseberry bushes and apple trees  
|                                                                     | b. Install bamboo teepee and plant edible beans around the perimeter to create an edible plant-based setting |

**Additional Notes:**  
Existing raised planters in preschool OLE will be moved to infant area to create sensory gardens.  
Phase One will also include planting of trees/ shrubs and perennials in the preschool OLE once the pathway changes are completed.
Community Build Days
Training and Technical Assistance

• Annual Summit
• On-site training at Demonstration Sites
• Technical assistance training
• “Early Childhood Outdoor Environments” online certificate program
Regulatory Report

Playing by the Rules | Colorado
A Practitioner’s Guide to Rules, Regulations, and Rating Systems for Outdoor Learning Environments in Colorado Child Care Facilities
Family Child Care Providers

- Specialized “Nature Play at Home” training.
- $275 implementation grants will be provided to implement ideas learned in the training and to cover costs to attend.
Infant and Toddler Space
Incremental Change
Winding, looping path
Mud Kitchen
Gardens
Selected Demonstration and Seed Sites
Green is good!

- Physical activity increased
- Attention functioning improved
- Executive functioning, self-regulation enhanced
- Cognitive abilities enhanced
- ADD symptoms reduced
- Gross motor development supported
- Sickness reduced
- Richer play stimulated
- Stress reduced
- Smarter, healthier, happier kids
- Environmental stewards as adults
Healthy. Natural. Affordable.
ECHO
EARLY CHILDHOOD HEALTH OUTDOORS
In Partnership With
Natural Learning Initiative
Contact

• Sarah Konradi  
  ECHO Program Director  
  konradis@nwf.org  
  303-441-5140

• Liz Houston  
  ECHO Partnerships Manager  
  houstonl@nwf.org  
  303-441-5184

http://www.nwf.org/echo
Public Comment and Member Updates
Next Steps and Adjourn

• Agenda Topics for Future Meetings
Next Meeting:
ECLC Program Quality & Alignment
Friday August 9, 2019
from 9:00- 11:00 am
**Webinar Only**
https://attendee.gotowebinar.com/register/2314496562438843139