



2017 April Run Schedule

April 1st
Corner perk Coffee shop
Old Town Bluffton
8:00AM

April 8th
Pinckney Island
Hilton Head
8:00AM

April 12th
"Rolling with Lauren"
Tigger Point massage clinic
Bring your form rollers
PRC Bluffton
7:00PM

April 15th
Palmetto Bluff
Meeting at RT's Market
8:00AM

April 22nd
Super Hero 5K
Port Royal, SC
8:00AM

April 29th
Group Run
PRC Hilton Head
8:00AM