

# RISK ASSESSMENT FOR ROWING ON CANOE LAKE

<u>HAZARD/RISK</u>	<u>RATING</u>	<u>ACTIONS</u>	<u>IMPROVEMENTS</u>
SLIPPING/TRIPPING	2X2+1= 5 (L)	Ensure all participants are aware of the environment and that suitable footwear is worn.	none
HYPOTHERMIA	2X4+1=9 (L)	Ensure that all participants/staff are aware of the conditions and seek advice before taking on the water.	have spare warm clothing with us
FALLING FROM BOAT	3X4+1=13 (M)	Before letting participants onto the water instruct them how to get into and out of the boat safely. Do not allow them onto the water unless they are confident.	none
STRAINS	2X2+1=5 (L)	Ensure the participants have warmed up properly and use the correct technique.	none
BIRD MESS	4X4+4=20 (H)	Explain the importance of cleanliness and provide an antibacterial handwash for participants to use after each session	none

Ratings key- *likelihood of injury x severity of injury + population = risk* (1=low, 5= high). Bracketed risk value (L=0-9, M=10-19, H=20+)