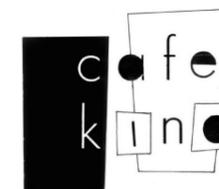


**Cafe Kino** is a not-for-profit worker cooperative, here to serve the local community. All of our food is **vegan**, our meals are lovingly handmade on site, and most can be ordered to take-away. *Please order at the counter with your table number.*



## Breakfast *served from 10am until 1pm*

**Full Kino** - herby garlic mushrooms, two vegan sausages, two hash browns, roast tomato, baked beans, seasonal greens and granary toast £8.00

**Small Kino** - vegan **sausage**, hash brown, herby garlic mushrooms, roast tomato, baked beans and granary toast £6.00

**Kino muesli** - homemade with toasted coconut, sultanas, raisins & figs. Served with soya, almond, hemp or oat milk £3.00

**Garlic mushrooms** on two slices of granary toast £4.60

**Baked Beans** on two slices of toast £3.80

**Granary toast** - two slices with your choice of:  
Crunchy peanut butter £2.50  
Strawberry jam or Marmalade  
Yeast extract



## Sandwiches

**BLT** - vegan bacon, fresh leaves & tomato served in granary bread with kino mayo £4.50

**Sausage sandwich** - vegan sausages, tomato and fresh leaves served in granary bread with wholegrain mustard and homemade tomato relish £4.50

## Soup

**Soup of the day** (gf) - delicious, homemade soup served with a wholegrain roll (£4.00 without roll) £4.80

We are committed to using ingredients that are sourced as locally, seasonally and ethically as possible. Our key suppliers include Bristol based companies; the Essential cooperative, Severn Project farms and the Proper Bread Bakery. We also source organic produce and products wherever possible.

## Burgers

*Our famous burgers are homemade from UK grown badger beans, carrots, beetroot, oats, herbs & seeds*

**Classic Kino Burger** - served in a granary bap with homemade vegan mayo, homemade relish, fresh leaves and tomato £5.00

**Spicy Burger** - served in a granary bap with homemade vegan mayo, homemade relish, leaves and homemade hot sauce & salsa £5.00

*add vegan cheese or bacon for £1.00*

**Classic or Spicy Burger with one side with two sides** £7.00 £8.50

*choose from hand-cut chips, hand-cut sweet potato chips, curly fries, kino green salad or kino coleslaw*

**Kino Experience!** - Classic or Spicy Burger with two sides of your choice, vegan cheese AND bacon... £10.00

## Falafel

*Our falafel is homemade with UK grown fava beans*

**Kino Falafel** - three falafel balls served with kino salad, coleslaw, houmous, pitta bread and tahini sauce (*ask for gluten free*) £6.00

**Sharing Platter for two** - a selection of falafel, olives, houmous, pitta, tahini sauce and salads £12.50

## Salads

**Salad Platter** (gf options) - our daily selection of three fresh, filling, seasonal salads £6.00

*why not add a slice of Farinata, a vegan Sausage Roll or another of our homemade tasty snacks?*

**Please let us know if you have allergies, including gluten intolerance, when you order your food.**

## Snacks

**Freshly baked vegan Sausage Roll** £2.30

**Slice of Farinata** (gf) - Italian chickpea flour tart £2.00

**Pitta bread with homemade Houmous** £3.00

**Olives in homemade marinade** £2.00

**British Horseradish Peas** £1.50

**Spicy Nuts in homemade spice mix** £1.50

## Extras *(ask for gluten free)*

**Bowl of rosemary tossed hand-cut Chips** £3.00

**Bowl of hand-cut Sweet Potato Chips** £3.00

**Bowl of Curly fries** £3.00

**Bowl of Kino Salad** - mixed green leaves, sundried tomatoes, tamari seeds and kino dressing £3.00

**Kino Coleslaw** £2.50

**Fresh salad portion** - choose from one of our three seasonal salad platter options £2.50

## Dips

Kino vegan Mayonnaise; Sweet chilli sauce; Tahini sauce; Kino Hot Sauce or Wholegrain Mustard £0.50

Pot of homemade Houmous £1.50

## Sweets

**Slice of homemade Cake** £2.80

**Homemade Flapjack** £2.00

**Homemade Muffin** £1.60

*Add scoop of ice-cream for £1.20*

**Radeks** (handmade, raw chocolate, no refined sugar & g.f.) £1.30-

Truffle, Brownie or Chocolate bar £2.80

**Two generous scoops ice-cream** - vanilla; chocolate; raspberry or blueberry £2.80

**Affogato** - delicious espresso on vanilla ice-cream drizzled with homemade chocolate sauce £3.50



[www.cafekino.coop](http://www.cafekino.coop)

## TEA

Fairtrade teabag (ask for decaf)

### Loose Leaf

We source our delicious loose leaf blends from ethical tea supplier Tip Top Teas.

### Black Tea

**Assam** - blend of assam teas with hints of malt

**Earl Grey** - wiry Ceylon pekoe, natural bergamot

**Indian Chai** - masala blend of Assam, bay leaves, cardamom, cinnamon, cloves and ginger

**Lapsang Souchong** - traditionally smoke dried over a pinewood fire

### Green Tea

**Cloud and Mist** - a Chinese YunWu green tea

**Jasmine Pearls** - tightly rolled green leaves shaped into 'pearls' with a delicate floral aroma.

**Gen mai cha** - Japanese infusion with roast brown rice

### White Tea

**White Peony** - fresh peony tea made with tea leaves from the Fujian province. Low in caffeine & high in antioxidants.

### Herbal & Fruit (caffeine free)

**Peppermint** - a gentle infusion of peppermint leaves

**Ginger & Lemongrass** - lemongrass, liquorice & ginger

**Balance** - a soothing blend of cardamom, cinnamon, coriander, fennel, ginger, liquorice & rose petals

**Energising** - ginger, turmeric, cardamom, coriander & cloves

**Turkish Apple** - a sweet & sour blend of real apple pieces

**Berry Royale** - papaya, hibiscus blossoms, blackcurrants, blueberries, elderberries, strawberry & raspberry pieces

### Rooibos (caffeine free)

**Original** - herbal infusion from the South African Rooibos plant

**Grapefruit and Mint** - rooibos blended with orange and grapefruit slices & blossoms, safflowers and spearmint

**Rooibos Chai** - delicious blend of rooibos, cinnamon, aniseed, ginger, star anise, cloves & jasmine blossom

*Ask for a free refill of hot water*

£1.30

£2.20

## COFFEE

Made with Fairtrade, Organic, Sumatran Beans from Bristol roaster Brian Wogan. Our coffees are served with a double shot as standard, with your choice of local organic dairy, soya, oat, hemp, or homemade almond milk.

**Espresso**

**Americano**

**Cappuccino**

**Latte**

**Flat White**

**Mocha**

£1.80

£2.00

£2.40

£2.40

£2.40

£2.70

**Hot Chocolate**

£2.60

**Chai Tea Latte** - brewed with our loose leaf

£2.70

Black or Rooibos Chai tea. Served unsweetened.

**£1 for milk refill**

**Add a shot of homemade syrup** - salted caramel, vanilla, almond or mixed spice £0.40

## SOFT DRINKS

**Luscombe** - sicilian lemonade or apple & pear juice £2.30

**Fentimans** - cherry cola or dandelion & burdock £2.20

**Cawston Press sparkling pressed juices** - can of cloudy apple, cucumber & mint, rhubarb & apple or ginger beer £1.80

**Ubuntu** - can of fairtrade cola £1.80

**Cube Cola** – made by our favourite community cinema £2.00

**LemonAid** – blood orange, passion fruit or lime £2.40

**ChariTea** – black, red or mate iced teas £2.40

**Club Mate** - original & cola £2.50

**Rock cordial** - blackcurrant, elderflower or ginger £1.20

**Oatly Chocolate Milkshake Carton** £1.20

**Organic Biona Coconut water** £2.50

**Frank Water** - still or sparkling water £1.00

## SMOOTHIES

*Freshly made with fruit, vegetables & 100% apple juice*

Red Berry / Blueberry / Carrot / Spinach £3.50

Smoothie

**Add ginger for 30p**

## MILKSHAKES

*Freshly blended with soya milk and vegan ice-cream*

Chocolate / Raspberry / Blueberry / Banana / £3.50

Chocolate & Mint / Vanilla

## ALCOHOL *served from 12pm*

### Organic Beer

Freedom Organic 'Helles' Lager 4.8% A.B.V. £3.50

Stroud Brewery 'Tom Long' Amber Bitter 3.8%; £4.50

'Big Cat' Stout 4.5%; 'Budding' Pale Ale 4.5% £4.50

Sam Smiths Organic Wheat Beer 5%; £4.50

Chocolate Stout 5%; Raspberry Fruit Beer 5.1%

### Organic Ciders

Pint Orchard Pig Philosopher 6% A.B.V. £3.80

Pint Orchard Pig Chilli and Ginger Maverick 4% £3.80

Bottle Wyldwood Apple Cider 6% £4.20

### Ginger Beer

Hollows & Fentimans All Natural Alcoholic £4.50

Ginger Beer 4% A.B.V. (gf)

### Organic Wine

**Glass of Red** 13% A.B.V. 125 ml £2.90

Hint of cherry and pear 175 ml £3.90

**Glass of White** 12% A.B.V.

Dry with citrusy notes

**Bottle of Red or White** £15.00

### Organic Mixed Drinks

Gin & Tonic or Rum & Cola £4.50

**Make it a double - add £2**

**Bristol Kombucha 'Pioneer'** 1.6% A.B.V. £2.90

