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Leader in Natural and Organic Frozen Children's Food Continues Expansion

Mom Made Foods Meals and Munchies are launching into Harris Teeter stores

Alexandria, VA (December 18, 2013) - [Mom Made Foods](#), maker of family-friendly frozen prepared [meals](#), [handheld snacks](#) and [meatballs](#), is launching into all Harris Teeter Mid-Atlantic locations in January 2014, the company announced from its headquarters in Northern Virginia. Harris Teeter stores will offer select Mom Made Meals and Munchies, including organic Cheesy Mac, Spaghetti with Turkey Meatballs, Bean Burrito Munchie and Apple Pie Munchie.

Mom Made's nutritious frozen meals and snacks give parents a guilt-free, convenient way to feed kids foods that they love and are good for them. Using USDA-certified organic and antibiotic-free ingredients, Mom Made Foods provides families with healthy versions of macaroni and cheese, spaghetti and other kid-friendly favorites. Mom Made products also contain an added punch of nutrition with vitamin-rich vegetables such as cauliflower, sweet potatoes and butternut squash.

"In addition to our great availability already in the Mid-Atlantic, we are excited to offer consumers the chance to purchase Mom Made Foods in Harris Teeter stores," added company founder and CEO Heather Stouffer.

Mom Made product lines are flash frozen to preserve flavor, nutrients, color and natural texture. They feature antibiotic-free meats, no preservatives, no trans fats, and no artificial colors, and they are significantly lower in sodium than their conventional counterparts.

Mom Made Foods has existing Mid-Atlantic distribution in Whole Foods, My Organic Market, SuperTarget and ShopRite stores, as well as many independent retailers.

About Mom Made Foods

The Mid-Atlantic's first USDA-organic certified producer of frozen foods for children, Mom Made is available nationwide in the freezer aisle of select stores. To find a store near you, please visit www.mommadefoods.com.

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