

Fabrics: Choose two contrasting fabrics (or fabric groups,) illustrated as red (light) and black (dark)

*A fat quarter or a quarter yard cut of each color will yield one block.

Cutting Instructions (yields one 12½" x 12½" block)

Light Fabric(s):

6 strips 1¼" x 20"

1 square 6½" x 6½"

Dark Fabric(s):

6 strips 1¼" x 20"

1 square 6½" x 6½"

Recommended supplies:

6½" square ruler and a long ruler, such as 6" x 24"

rotary cutter & self-healing mat

spray starch

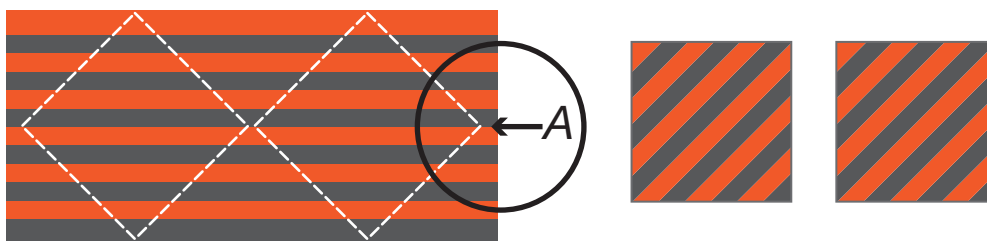
¼" foot and a walking foot (or similar)

50 wt piecing thread and 70-80 sharp needle

Assemble the block All seam allowances are ¼"



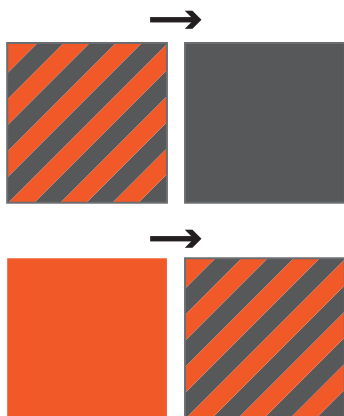
1. Stitch the 1¼" x 20" strips together alternating the lights and darks to create the stripe unit. Press seams open.



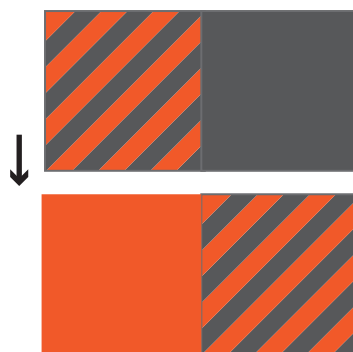
2. Place your 6½" square ruler on the stripe unit turned on the diagonal. Line up the horizontal points at the center light and dark intersection on the stripe unit as shown. *Fig. A*

3. Mark first if you prefer and cut two 6½" squares.

*Use spray starch when pressing for added control on the bias seams.



4. Stitch each striped unit to a solid square as illustrated. Use a walking foot (or similar) for the best results. Press toward the solid squares.

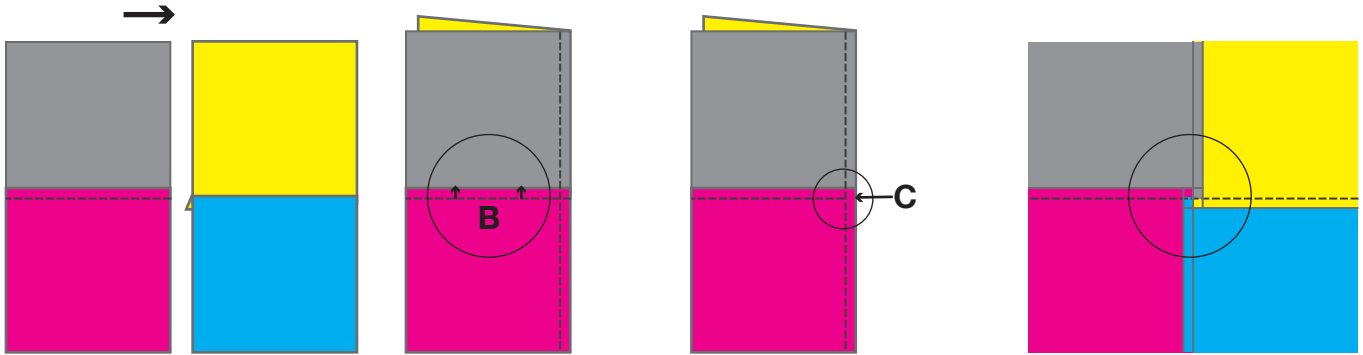


5. Stitch the stripe/solid units to each other, nesting the center seam. Spin your center seam before pressing. *additional instructions on page 2.



6. Square up unit to 12½"

Technique Tip: Spinning a Seam



1. Stitch sections right-sides together to create the 4-patch unit. Nest seam allowances at the center intersection. Top seam allowance must face “up” when sewing the units for seams to “spin.” Fig. B

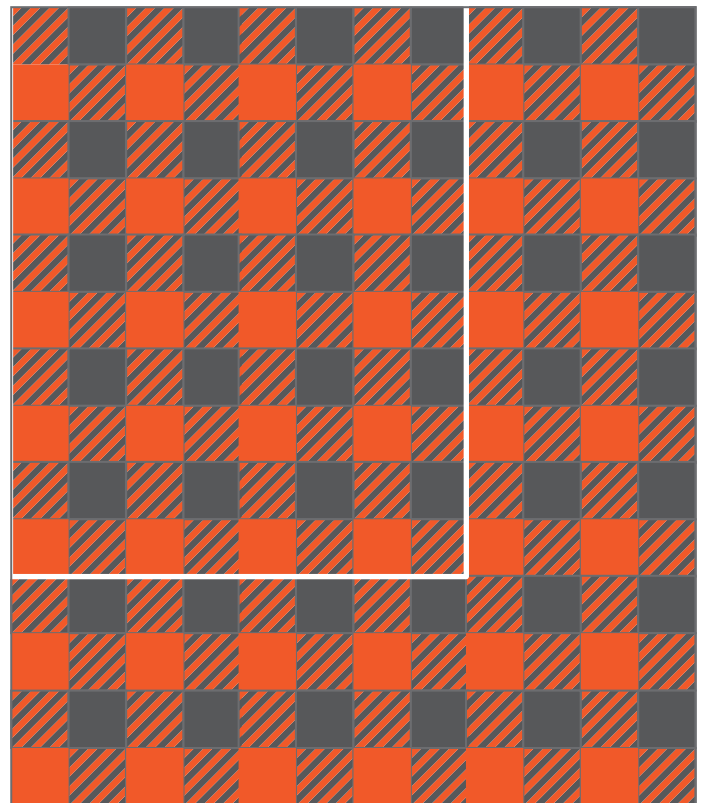
2. Remove stitches on the seam allowance with a seam ripper from the edge of the seam allowance to the “T” at the vertical stitch line. Fig. C Repeat on the other side.

3. Open block and press seams in opposite directions. They will naturally want to “spin” and make a tiny 4-patch. Isn’t that pretty!

PMQG 2018 BOM Assemble 4 blocks for a 24" square



Make a 48" x 60" lap or baby quilt with 20 blocks
 Make a 72" x 84" twin or throw quilt with 42 blocks



Make it your own!

- vary the widths of your stripes for a different look. For example, cut the strips 1½" x 20" for wider stripes or cut the light strips narrower than your dark strips.
- use a foundation to string piece the striped blocks for extra control with the bias edges
- make it scrappy and use a variety of dark and light fabrics in each color group.
- share on social media with these tags:

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