

APA 2018



AMERICAN
PSYCHOLOGICAL
ASSOCIATION

San Francisco, CA August 9–12



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Minimizing Opioid Use by Optimizing Pain Psychology

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CE CREDITS **4**
ENROLLMENT LIMIT **75**

Friday, August 10

8:00–11:50 a.m.

Hilton San Francisco
Union Square Hotel,
Yosemite Room B/Ballroom Level

With up to one third of the U.S. population living with ongoing pain, psychological treatment for chronic pain is relevant to all mental health professionals. Concomitantly, there is an urgent need to help nonaddicted patients with chronic pain reduce the use of opioids. This intermediate workshop provides instruction that equips attendees with the knowledge, skills, and resources to help clients reduce reliance on opioids to manage chronic pain. Case-based examples and interactive exercises complement didactics. Participants receive toolkits that include opioid reduction resources and evidence-based behavioral medicine strategies that empower clients to self-manage pain and symptoms.

This workshop is designed to help you:

1. Describe the role of psychology in the experience of pain, pain treatment, and opioid reduction.
2. List three strategies to reduce patient fears about opioid reduction and facilitate patient readiness to engage in opioid reduction.
3. List three behavioral strategies clients can use to gain success with opioid reduction.
4. Explain the importance of integrated care and a long-term pain management plan.

ENROLLMENT IS NOW OPEN!

Visit convention.apa.org/ce
or call the CEP Office at
800-374-2721 x5991, option 3.

Fees	ADVANCE (4/16–6/30)	REGULAR (7/1–8/7)	ON-SITE (8/8–8/12)
MEMBERS	\$130	\$160	\$190
NONMEMBERS	\$160	\$200	\$240

All CE workshops are sponsored by the APA Continuing Education Committee (CEC). They have been reviewed and approved by the APA CEC to offer CE credits for psychologists. The APA CEC maintains responsibility for the content of the programs.