GOLD STAR YOUTH MENTORSHIP PROGRAM

2024 Mentor Information

Each spring, wear blue: run to remember is hosts a ten-week run-focused mentorship program for children who have lost a parent in military service. Please register by Friday, February 9, 2024. Youth and Mentors will meet Saturday mornings to train for a 5K, set and work toward S.M.A.R.T. goals, learn about a life of service, and develop healthy coping mechanisms.

DATES: Saturdays April 6th through June 1st plus Memorial Day

LOCATION: You’ll meet as a big group at a local park or trail

TIME: Saturday Runs and Mentoring activities last approximately three hours, beginning between 7am and 9am (depending on your location)

MENTOR REQUIREMENTS:

• Still actively serving in the military or recently transitioned out
• Complete and pass a federal background check
• Physically capable of running a sustained pace of at least 12 minutes per mile for 3.1 miles
• Virtual interview
• Attend mandatory mentor training

Each mentor will receive training, wear blue apparel, opportunities to participate in additional fun sponsor events, and memories to last a lifetime.

HOW TO REGISTER: www.wearblueruntoremember.org/gold-star-youth-mentorship.

SCAN TO REGISTER