

Parent/ Guardian Code of Conduct

Parents/Guardians have an influential role to play in assisting and encouraging their children to fully participate in the sport of Athletics, whether it is when they are competing or attending training or coaching sessions.

Parents/Guardians should encourage their child to:

- Always play by the rules.
- Improve their skills levels.
- Appreciate everybody on their team, regardless of ability.
- Maintain a balanced and healthy lifestyle with regard to exercise, food, rest and play.

Parents/Guardians should lead by example:

- Adopt a positive attitude to their children's participation in our games.
- Respect officials' decisions and encourage children to do likewise.
- Do not exert undue pressure on your child.
- Never admonish your own child or any other child for their standard of performance.
- Be realistic in your expectations.
- Show approval for effort, not just results.
- Do not seek to unfairly affect a competitive outcome.
- Do not enter the competition or coaching arena unless specifically invited to do so by a coach or official in charge.

Parents/Guardians must:

- Complete and return the registration/permission and medical consent forms for their child's participation in the Club.
- Inform the coaches, and any other relevant Club personnel, of any changes in their child's medical or dietary requirements prior to coaching sessions, games or other related activities.
- Ensure that their child punctually attends, coaching sessions, competitions or other related activities.
- Provide their child with adequate clothing and equipment as may be required.
- Ensure that the nutrition/hydration and hygiene needs of their child are met.
- Listen to what their child may have to say.
- Show approval whether the Child wins or loses a competition.
- Never attempt to meet their own needs and aspirations for success and achievement through their children's participation in games.

Parents/Guardians should assist the club by:

- Showing appreciation to volunteers, mentors and Club officials.
- Attending competition on a regular basis.
- Assisting in the organising of Club activities and events as requested.
- Respecting the rights, dignity and worth of every person and by treating each one equally regardless of age, gender, ability, ethnic origin, cultural background or religion.

Parents/Guardians have the right to:

- Know their child is safe and to make a complaint if they believe that their child's safety is in any way compromised.
- Be informed of problems/concerns relating to their child by their team manager.
- Be informed if their child gets injured.