

WILD CAMPING KIT LIST

Here is a kit list that we recommend for our wild camping adventures. We usually provide two breakfasts and one dinner but you'll need to bring enough food to keep you going during the day – make sure you leave room in your rucksack to carry it.

If you look through and need to discuss anything in more detail, don't hesitate to get in touch (enquiries@explorersconnect.com).

ESSENTIAL OUTDOOR CLOTHING

- Waterproof jacket with hood
- Waterproof trousers
- Walking boots with good ankle support
- Two thick pairs of socks
- Suitable base layers (thermals are best)
- Fleece / wool jumper
- Insulated mid-layer down jacket or gilet
- Non-cotton walking trousers
- Hat
- At least one pair of gloves
- Scarf or Buff
- At least one other full set of dry clothes

ESSENTIAL OUTDOOR EQUIPMENT

- Tent OR bivouac bag (ideally with tarpaulin sheet/basha to keep off the rain)
- Padded or inflatable sleeping mat
- Sleeping bag and liner (we recommend a three-season one)
- Large rucksack to carry all your kit (at least 35-40 litres)
- Large drybag or waterproof liner to fit in your rucksack
- Various sizes of drybag to separate all your kit and make it easier to find in your bag
- 2 litre water bottle or hydration bladder
- Purification tablets or water filter
- Minimal personal washkit
- Quick-dry towel
- Torch or head-torch with spare batteries
- OS Map of the area (ideally at a scale of 1:25,000)
- Compass
- Fully charged mobile phone and portable charger
- Toilet roll in a plastic bag
- Extra plastic bags to carry rubbish
- Any medicines you normally take
- Extra cash (for car parks, extra food and drinks etc)

ESSENTIAL COOKING EQUIPMENT & FOOD

- Compact and reliable cooking stove with pot
- Gas canister for your stove (if needed)
- Fork, knife, and spoon
- Bowl and mug
- Matches and lighter
- Snacks and easily-storable food for lunch (sausage rolls, nuts, dried fruit, granola bars, oatcakes etc)



OPTIONAL EXTRAS

GPS tracker device or watch
Multi-tool (e.g. Swiss Army knife or Scarab tool)
Gaiters
Walking poles
Spare gloves (ideally waterproof)
Extra drybags or binbags
Camping pillow
Thermos flask
Personal first aid kit
Insect repellent
Camera
Extra pair of shoes for use in and around your sleeping area (slippers / trainers)
Ear plugs
Pocket trowel for burying waste

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