Hope feeds recovery. It is the fuel people need to keep doing the work to get better." - Steve Young, Board Chair

2016 was a year to always remember. As Janienne finished her first full year with the agency, I watched what was always a comfortable and reliable counseling organization completely transform before my eyes. Together we watched HOPE rise. For many years the board and staff at ACTC saved our dollars, made wise decisions, and remained out of debt in order to one day have the opportunity to move into a brand new location. It was our HOPE that we would make the right decisions to position the agency for growth and we did just that. In order for great things to happen, I believe that you must first have HOPE for a better, brighter tomorrow and embrace where you are right here, right now. This agency has (and will always) make the best of every situation...and we hope our clients see that spirit when they visit our new location.

Steve Young
Board Chair

What a difference a year makes. This dynamic 12 months has brought the start of major infrastructure changes, including the implementation of a new electronic health record for more efficient patient services, an all-new counting system, the addition of licensed clinicians, oh, and one more thing.. moving the agency to our new home at 2113 W. Britton Road! This agency is most definitely a masterpiece of humble service and commitment to our clients and community. I am looking foward to this next chapter and would like to thank our loyal and driven board of directors for their hard work helping ACTC reach these challenging goals.

Janienne Bella
CEO

2016 ANNUAL REPORT
ESTABLISHED 1979

2113 W. Britton Road, Oklahoma City, OK 73120
THE “WHY” AT A CHANCE TO CHANGE

We have a critical problem with behavioral health and addiction in the state of Oklahoma. Those are the cold, clinical terms. What this really means is mental illness, addiction or both is in almost every single household; we have family, friends, neighbors and co-workers who are dealing with these debilitating diseases. These are NOT someone else’s problems, they are our problems.

We live in houses with human issues, including alcoholism, drug addiction, domestic violence, depression, anxiety and chronic stress. These houses are often on streets lined with sprawling yards, beautiful trees and packed with every amenity that is prescribed for happiness, but the absolute truth is beyond the front door live people who are imperfect, some broken, others on the verge.

Addiction and mental illness are brain diseases. Depression, violence, addiction, fear and suicidal thoughts and actions are symptoms of bigger problems.

These brain diseases deserve treatment in the same manner as any other disease plaguing the human body. Those who seek help should be able to do so without shame, guilt or embarrassment. Thousands of people will never seek help because of the stigma associated with a sick brain.

That’s the problem. Now, here’s WHY A Chance to Change exists: hope. It’s that simple, without hope, recovery, change and health is not possible. Every day licensed clinicians and professional support staff work together on a mission to help individuals and families heal from the devastation of addiction and mental illness. It’s truly the end of the story, ACTC was founded in 1979 because a need arose and it has been addressed humbly, quietly and consistently for 37 years.

As we move life forward for thousands of people this next year as we have for many years before, let’s make it our mission to advocate for the brain health of every person young and old.

ACTC Programs & Services

Outpatient Counseling
A wide variety of quality counseling services provided to individuals and families at a reasonable cost.

A Chance to Recover
As a proud United Way partner, ACTC is able to provide counseling services at a drastically reduced cost for those facing financial hardship.

Problem Gambling Treatment
ACTC is the premiere provider of gambling addiction counseling in Oklahoma. An agreement with the Oklahoma Department of Mental Health and Substance Abuse Services allows the agency to provide low cost problem gambling counseling.

Employee Assistance
A small gesture goes a LONG way for employees working for companies participating in the ACTC EAP. Over 40 companies carry an Employee Assistance Program contract with the agency. Counseling is provided at no cost to the employee under this program.

Education Series
For over 30 years ACTC has offered this free eight-part education series to the public in order to educate and provide avenues for help for families and individuals suffering from addiction and/or other behavioral health disorders.

A Chance to SUCCEED
This proactive program provides elementary, middle and high school students with weekly small group discussion facilitated by licensed ACTC counselors and graduate students to intervene and prevent substance use during these critical growing years.