



the BIRTH boutique

CHICAGO



are welcoming a

BOY

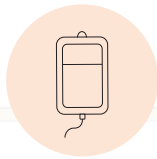
GIRL

SURPRISE

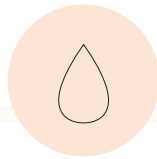
LABORING



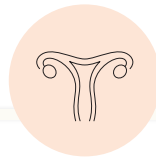
intermittent fetal monitoring



medication only upon request



natural water rupture



limited cervical exams

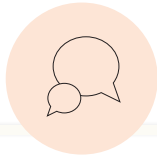


food & water instead of IV



to labor in tub or shower

BIRTHING

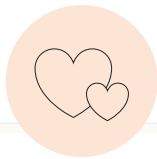


undirected pushing

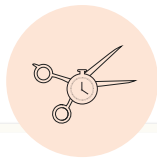


choice of position when pushing

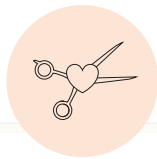
RECOVERY



immediate skin-to-skin



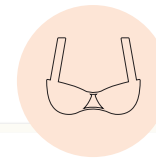
delayed cord clamping



partner to cut cord



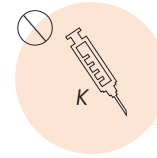
placenta to be saved



breastfeeding



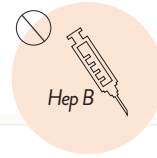
formula feeding



no vitamin K injection



no eye ointment



no hepatitis B vaccination

THOUGHTS
