

# UNION SQUARE SWEAT FEST 2018

Union Square, NYC's epicenter for health + fitness, is home to a diverse array of boutique studios, gyms, athleisure retailers, beauty stores + wellness spas. Explore the neighborhood with our health + fitness map, and get fit with us February 8th — 13th at **Union Square Sweat Fest**.

The Union Square Partnership showcases the neighborhood's vibrant health + wellness scene with the winter fitness celebration, **Union Square Sweat Fest**, and the summer fitness series at **Summer in the Square** in Union Square Park.

#USQSweatFest  
unionsquaresweatfest.nyc

PRESENTED BY  
**UNION SQUARE PARTNERSHIP**

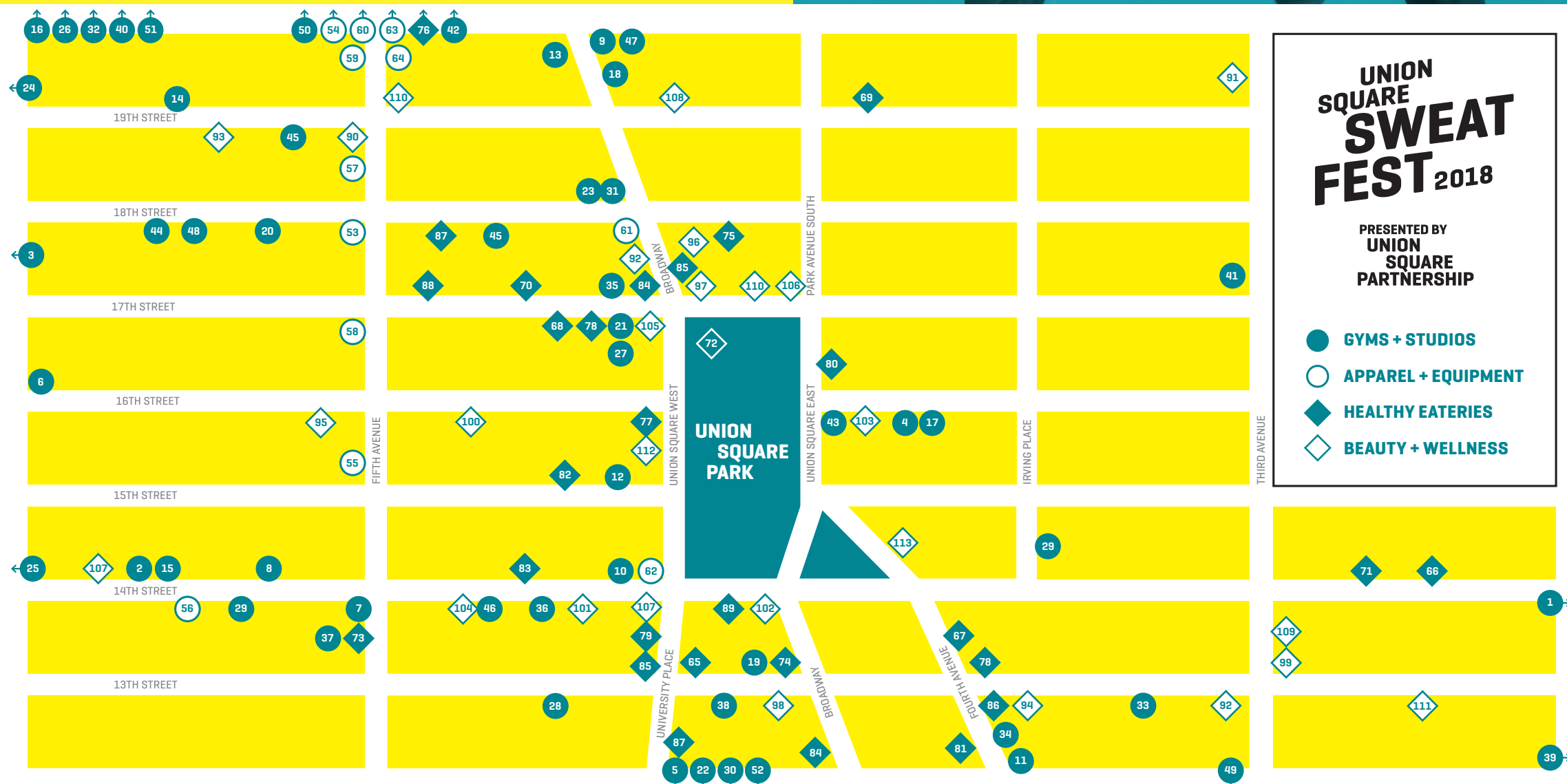
The **Union Square Partnership** is a non-profit organization highlighting the very best of what Union Square has to offer. Learn more at [unionsquarenyc.org](http://unionsquarenyc.org). Follow us at @UnionSquareNY.

# UNION SQUARE SWEAT FEST 2018 FEB 8-13

PRESENTED BY  
**UNION SQUARE PARTNERSHIP**

IN PARTNERSHIP WITH  
**FIT + LOVE**

## HEALTH + FITNESS MAP



## UNION SQUARE SWEAT FEST 2018

PRESENTED BY  
**UNION SQUARE PARTNERSHIP**

- GYMS + STUDIOS
- APPAREL + EQUIPMENT
- ◆ HEALTHY EATERIES
- BEAUTY + WELLNESS

### GYMS + STUDIOS

1. **14TH STREET Y**  
344 East 14th Street
2. **BODY SPACE FITNESS**  
47 West 14th Street, 5th Floor
3. **BRICK NEW YORK**  
257 West 17th Street
4. **CENTER PILATES**  
108 East 16th Street, Suite 504
5. **CHARLOTTE BLAKE PILATES**  
80 East 11th Street
6. **CIRCUIT OF CHANGE**  
57 West 16th Street, 4th Floor
7. **CITYROW**  
80 Fifth Avenue, Suite 1501
8. **CLAY HEALTH CLUB + SPA**  
25 West 14th Street
9. **CORE PILATES NYC**  
900 Broadway, 2nd Floor, Suite 401
10. **CROSSFIT UNION SQUARE**  
1 Union Square West, Basement
11. **CRUNCH**  
113 Fourth Avenue
12. **DEFINITIONS GYM**  
19 Union Square West
13. **EQUINOX**  
897 Broadway
14. **FHITTING ROOM**  
31 West 19th Street
15. **FLEX STUDIOS**  
47 West 14th Street
16. **FLYWHEEL**  
39 West 21st Street
17. **FORM PILATES UNION SQUARE**  
108 East 16th Street
18. **GIBNEY DANCE**  
890 Broadway, 5th Floor
19. **JIVAMUKTI YOGA SCHOOL**  
841 Broadway, 2nd Floor
20. **KEN WA KAN**  
4 West 18th Street, 3rd Floor
21. **KINETIC BODY LAB**  
41 Union Square West, Suite 517
22. **KRAV MAGA EXPERTS**  
99 University Place, 9th Floor
23. **KUNDALINI YOGA EAST**  
873 Broadway
24. **LAUGHING LOTUS YOGA**  
636 Sixth Avenue
25. **MCBURNIE YMCA**  
125 West 14th Street
26. **MILE HIGH RUN CLUB**  
24 West 25th Street
27. **THE MOVEMENT FOREST**  
41 Union Square West, Suite 1018
28. **NEW YORK HEALTH & RACQUET CLUB**  
24 East 13th Street
29. **NEW YORK SPORTS CLUB**  
34 West 14th Street  
10 Irving Place
30. **NIMBLE FITNESS**  
42 East 12th Street
31. **OM FACTORY**  
873 Broadway, Suite 202
32. **PELTON CYCLE**  
140 West 23rd Street
33. **PERIDANCE CAPEZIO CENTER**  
126 East 13th Street
34. **THE PILATES BOUTIQUE**  
125 Fourth Avenue
35. **PILATES ON THE SQUARE**  
857 Broadway, 2nd Floor
36. **PLANET FITNESS**  
22 East 14th Street
37. **PURE BARRE STUDIO**  
78 Fifth Avenue, 4th Floor
38. **RYDE**  
52 East 13th Street
39. **RINALDI PILATES**  
327 East 12th Street
40. **ROW HOUSE**  
269 West 23rd Street
41. **SAL ANTHONY'S MOVEMENT SALON**  
190 Third Avenue
42. **SLT**  
137 Fifth Avenue, 2nd Floor
43. **SMUSHSTUDIO**  
32 Union Square East, Studio 516
44. **SOUL ANNEX**  
32 West 18th Street
45. **SOULCYCLE**  
12 East 18th Street  
8 West 19th Street
46. **SPIDERBANDS**  
12 East 14th Street
47. **THE SWAN**  
900 Broadway, Suite 403
48. **SWERVE FITNESS**  
30 West 18th Street
49. **SWITCH PLAYGROUND**  
130 East 12th Street
50. **UPLIFT STUDIOS**  
24 West 23rd Street, 2nd Floor
51. **YOGA SHANTI**  
46 West 24th Street
52. **YOGA VIDA**  
99 University Place, 6th Floor

### APPAREL + EQUIPMENT

53. **ATHLETA**  
126 Fifth Avenue
54. **BANDIER**  
164 Fifth Avenue
55. **EDDIE BAUER**  
100 Fifth Avenue
56. **JACKRABBIT**  
42 West 14th Street
57. **LOU & GREY**  
138 Fifth Avenue
58. **LULULEMON ATHLETICA / HUB SEVENTEEN**  
114 Fifth Avenue
59. **NEW BALANCE**  
150 Fifth Avenue
60. **NIKE RUNNING**  
156 Fifth Avenue
61. **PARAGON SPORTS**  
867 Broadway
62. **REEBOK FITHUB UNION SQUARE**  
1-3 Union Square West
63. **SWEATY BETTY**  
168 Fifth Avenue
64. **TORY SPORT**  
129 Fifth Avenue

### HEALTHY EATERIES

65. **BE JUICE**  
35 East 13th Street
66. **BEYOND SUSHI**  
229 East 14th Street
67. **CAVA**  
143 Fourth Avenue
68. **CHOPT**  
24 East 17th Street
69. **DAILY PROVISIONS**  
103 East 19th Street
70. **DIG INN SEASONAL MARKET**  
17 East 17th Street
71. **FAT CAT KITCHEN**  
223 East 14th Street
72. **GREENMARKET**  
Union Square Park  
North + West Plaza
73. **HU KITCHEN**  
78 Fifth Avenue
74. **JIVAMUKTEA CAFÉ**  
841 Broadway, 2nd Floor
75. **JUICE GENERATION**  
28 East 18th Street
76. **JUICE PRESS**  
1 West 22nd Street
77. **JUS AT THE COFFEE SHOP**  
29 Union Square West
78. **LIQUITERIA**  
26 East 17th Street  
145 Fourth Avenue
79. **LUKE'S LOBSTER**  
124 University Place
80. **MAOZ VEGETARIAN**  
38 Union Square East
81. **THE POKÉSPOT**  
120 Fourth Avenue
82. **POKÉWORKS**  
21 East 15th Street
83. **PRESSED JUICERY**  
7 East 14th Street
84. **PRET A MANGER**  
857 Broadway  
821 Broadway
85. **ROAST KITCHEN**  
870 Broadway  
120 University Place
86. **SANDWICHERIE**  
127 Fourth Avenue
87. **SWEETGREEN**  
8 East 18th Street  
101 University Place
88. **UNION FARE**  
5 East 17th Street
89. **WHOLE FOODS MARKET**  
4 Union Square South

### BEAUTY + WELLNESS

90. **AVEDA**  
140 Fifth Avenue
91. **BESU SALON AND DAY SPA**  
234 Third Avenue
92. **BLUEMERCURY**  
865 Broadway  
104 Third Avenue
93. **COMPLETE BODY & SPA**  
22 West 19th Street
94. **CÔTE**  
100 East 13th Street
95. **DRYBAR**  
4 West 16th Street
96. **FRESH**  
872 Broadway
97. **INNISFREE**  
862 Broadway
98. **JENIETTE NEW YORK DAY SPA**  
58 East 13th Street
99. **KIEHL'S**  
109 Third Avenue
100. **LING SKIN CARE**  
12 East 16th Street
101. **LUSH**  
28 East 14th Street
102. **MAC COSMETICS**  
853 Broadway
103. **MPOWER BODYWORK**  
32 Union Square East, Suite 603
104. **NATURE REPUBLIC**  
12 East 14th Street
105. **NYX COSMETICS**  
41 Union Square West
106. **THE RED DOOR**  
200 Park Avenue South
107. **REHOBOTH SPA LOUNGE**  
55 West 14th Street  
126 University Place
108. **RESCUE SPA**  
29 East 19th Street
109. **RICKY'S NYC**  
111 Third Avenue
110. **SEPHORA**  
45 East 17th Street  
119 Fifth Avenue
111. **TAMAGO SKIN CARE**  
236 East 13th Street
112. **UNION SQUARE LASER DERMATOLOGY**  
19 Union Square West
113. **URGENT CARE AT MOUNT SINAI**  
10 Union Square East, 2nd Floor