For a male child:

יִשִּׂמְדְ אֱלֹהִים כְּאֶפְרַיִם וְכִמְנַשֶּׁה:

Y'simkha Elohim k'Efrayim v'khiMenashe.

May God give you the blessings of Ephraim and Menashe.

For a female child:

Y'simekh Elohim k'Sara Rivka Rahel v'Le-ah.

May God give you the blessings of Sarah,

Rebecca, Rachel and Leah.

יִשִּמֵך אֱלֹהִים כְּשָּׁרָה. רִבְקָה. רָחֵל וְלֵאָה:

Continue for all children:

:קָרֶרְרָ ה׳ וְיִשְׁמְרֶרְ

יָאֵר ה׳ פָּנָיו אֵלֶיךּ וִיחָנֶךְ:

יִשָּׁא ה׳ פָּנָיו אֵלֶיך וְיָשֵׂם לְךּ שָׁלוֹם:

Y'varekh'kha Adonai v'yishm'rekha.

Ya'er Adonai panav elekha vihuneka.

Yisa Adonai panav elekha v'yasem l'kha shalom.

May the Lord bless you and guard you.

May the Lord show favor and be gracious to you.

May the Lord show you kindness and grant you peace.

## She-he-he-yanu

(Wait for the Rabbi to recite this with you.)

בְרוּך אַתָּה ה׳ אֱלֹהִינוּ מֶלֶךְ הָעוֹלֶם שֶׁהֶחֶיֵנוּ וְקִיְמֶנוּ וְהִגִּיעֵנוּ לַוְמֵן הַזֶּה:

Barukh Atah Adonai, Elohainu Melekh ha-olam, sheheheyanu, v'kiy'manu, v'higi-anu laz'man hazeh.

Praised are You, Lord our God, Ruler of the universe, for granting us life, for sustaining us, and for helping us to reach this day.