



Join us for a series of Parent Coaching Workshops

Play Care Provided



**Dinner Provided
with
Pre-registration**

Workshop Facilitators

Alondra Almazan
&
Alexxandria Paige

*Higher Learning Academy and
Mutual Assistance Network presents a
series of special workshops geared to
strengthen and enhance family bonds*

Location: Higher Learning Academy
2625 Plover Street
Sacramento, CA 98515
916-286-5183

When: Every 4th Thursday of the Month

January 26th— Discipline

February 23rd— Nutrition

March 23rd — Money Management

April 20th — Yoga and Mindfulness

May 25th — Summer Learning

Time: 5:00pm—7:00pm

Pre-Registration required.

**Please call (916) 514-8096 to register with workshop
facilitators**

