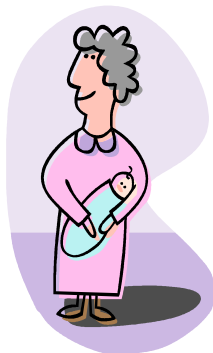


**LEARNING
ACTIVITIES**



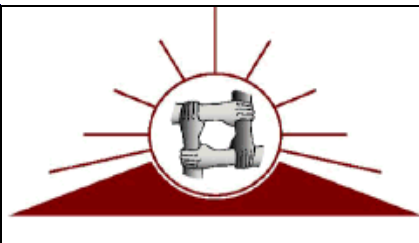
FUN!



**Come meet other
Parents!**

Sign up by calling
Mutual Assistance
Network at
(916) 567-9567

Facilitator
Monica Kemery &
Laura Escamilla



**The Mutual Assistance
Network of Del Paso
Heights Presents**

Make Parenting A Pleasure



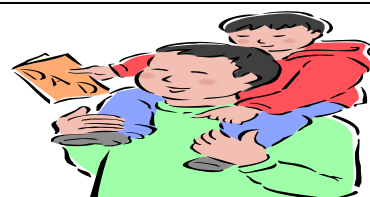
**Come join this exciting parenting skills series.
Series begins on June 19, 2018 for parents/ guardians with
children ages 0-8.**

**The series will highlight topics such as: *positive discipline techniques, child development, communication skills, how to better manage anger and stress*, and many more. So sit in
for a few sessions or stick around for all 13 sessions and earn a
Certificate of Completion!**

**Class
Dates**

**Tuesdays &
Wednesdays**

- 1: 06/19/18
- 2: 06/20/18
- 3: 06/26/18
- 4: 06/27/18
- 5: 07/03/18
- 6: 07/10/18
- 7: 07/11/18
- 8: 07/17/18
- 9: 07/18/18
- 10: 07/24/18
- 11: 07/25/18
- 12: 07/31/18
- 13: 08/01/18



**WHEN: Tuesdays & Wednesdays
12 p.m. to 2 p.m.**

**WHERE: Firehouse Community Center
810 Grand Ave, Sacramento Ca 95838
916-567-9567**

*** This workshop, if completed, can
fulfill the requirements for Children's
Protective Services and Juvenile Court.**

Funding for Mutual Assistance Network Birth & Beyond Family Resource Center is provided by the
First 5 Sacramento Commission which uses Proposition 10 (tobacco tax) funds to support the
healthy development of children ages zero to five. Additional information about the First 5 Sacra-
mento Commission is online at www.first5sacramento.net or by calling 916-876-5865.

Funding provided by:

