



# MUTUAL ASSISTANCE NETWORK

Arcade Community Center

presents

# Nurturing Parenting Program

**for Parents of Infants, Toddlers, and Preschoolers**



The Nurturing Parenting Program Workshops are recognized by Sacramento County Child Protective Services as approved parenting classes for parents with Children ages 0 (Pregnant) to 5 years old.

### Location:

Arcade Community Center  
2427 Marconi Ave. Ste. 103  
Sacramento , CA. 95821

Please contact Adiba for more information:  
(916) 514-8096

### Dates:

Every Monday for 8 weeks  
(Accelerated):

August 06, 2018

August 13, 2018

August 20, 2018

August 27, 2018

September 10, 2018

September 17, 2018

September 24, 2018

October 01, 2018

\*No class on September 03,2018\*

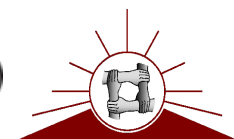
### Time:

10:00am– 2:30pm

**Last day to Register is**

**August 13, 2018**

**before 12 noon**



Family Resource Cen-



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## Nurturing Parenting Program

for Parents of Infants, Toddlers, and Preschoolers

### Class Information

Every Monday

10:00am to 2:30pm

Class #1	Aug	06	Intro: Nurturing as a lifestyle
Class #2	Aug	06	Children's Brain Development
Class #3	Aug	13	Developing Empathy
Class #4	Aug	13	Expectations and Development
Class #5	Aug	20	Meeting Our Needs
Class #6	Aug	20	Recognizing Feelings
Class #7	Aug	27	Praising Children
Class #8	Aug	27	Understanding Discipline
Class #9	Sept	10	Family Morals and Values
Class #10	Sept	10	Rewarding Children
Class #11	Sept	17	Establishing Nurturing Routines
Class #12	Sept	17	Understanding Stress
Class #13	Sept	24	Managing Anger
Class #14	Sept	24	Keeping Kids Safe
Class #15	Octo	01	Keeping Kids Drug-Free
Class #16	Octo	01	Hopes & Fears, Certificates

\*No class on September 03,2018\*

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