The Nurturing Parenting Program
NPP—ITP are recognized by Sacramento County Child Protective Services as approved parenting classes for parents with children ages Zero to five -years-old, (0-5).

Pre-Registration is recommended as this class has a limited capacity.

Last Class to Register is January 14, 2019
Limited Play Care available, please ask for more information

Firehouse Community Center
810 Grand Ave
Sacramento Ca, 95838
(916) 567-9567

The Mutual Assistance Network presents
Nurturing Parenting Program for Infants, Toddlers and Pre Schoolers

Firehouse Community Center
810 Grand Ave
Sacramento Ca, 95838
(916) 567-9567

January 07, 2019-February 27, 2019
Mondays and Wednesdays
5:00 pm— 7:00 pm

Class #1 Jan 07 Hopes and Fears, Nurturing as lifestyle
Class #2 Jan 09 Children’s brain Development
Class #3 Jan 14 Developing empathy in Children

NO NEW STUDENTS WILL ADMITTED TO THIS WORKSHOP AFTER CLASS #3

Class #4 Jan 16 Expectations and Development of children
Class #5 Jan 23 Developing Empathy in our Children
Class #6 Jan 28 Recognizing and Handling Feelings
Class #7 Jan 30 Spoiling your children, Praising children
Class #8 Feb 04 Understanding Discipline
Class #9 Feb 06 Developing Family Morals and Values
Class #10 Feb 11 Rewarding & Punishing Children Behavior
Class #11 Feb 13 Developing Routines
Class #12 Feb 20 Understanding and Handling Stress
Class #13 Feb 25 Managing anger, alternatives to spanking
Class #14 Feb 27 Possessive and Violent Relationships
Class #15 Mar 04 Families and Alcohol
Class #16 Mat 06 Hope and Fears reviewed, Certificates

Funding for Birth & Beyond Family Resource Centers is provided by the First 5 Sacramento Commission which used Proposition 10 (tobacco tax) funds to support the healthy development of children ages zero to five. Additional information about the First 5 Sacramento Commission is online at www.first5sacramento.net or by calling 916-876-5865.