MUTUAL ASSISTANCE NETWORK PRESENTS

ABC's of Infant Safe Sleep

Held monthly on the 2nd Tuesday

December 11th
January 8th
February 12th
March 12th
April 9th

3:00pm-4:00pm

Workshops offered in English

Do you want to learn about the ABC's of Infant Safe Sleep?

Understand the risk factors and how to reduce them?

Learn how to create safe sleeping environments for infants?

Hear about our efforts to combat infant safe sleep related deaths?

We invite you to our monthly workshop!

Arcade Community Center
2427 Marconi Ave, #103
Sacramento, CA 95841

For more information contact us at
(916)514-8096

One (1) Graco Portable Pack 'n Play will be raffled off in class

Funding provided by:

FIRST 5 SACRAMENTO

Funding for Mutual Assistance Network Birth & Beyond Family Resource Center is provided by the First 5 Sacramento Commission which uses Proposition 10 (tobacco tax) funds to support the healthy development of children ages zero to five. Additional information about the First 5 Sacramento Commission is online at www.first5sacramento.net or by calling 916-876-5865.
MUTUAL ASSISTANCE NETWORK PRESENTS

ABC's de Sueño Seguro Infantil

Se celebra mensualmente el segundo Martes

11 de Diciembre
8 de Enero
12 de Febrero
12 de Marzo
9 de Abril
3:00 pm-4:00pm
Talleres ofrecidos en Inglés y Español

¿Quieres aprender sobre el ABC de Sueño Seguro Infantil?

¿Comprender los factores de riesgo y cómo reducirlos?

¿Aprender a crear ambientes seguros para dormir para los bebés?

¿Conoce nuestros esfuerzos para combatir las muertes relacionadas con el sueño seguro infantil?

¡Te invitamos a nuestro taller mensual!

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