The Mutual Assistance Network presents
Nurturing Parenting Program for
Infants, Toddlers and Pre Schoolers

March 16, 2019 – May 4, 2019
Saturdays (Accelerated)
10:00 am – 2:30 pm

Firehouse Community Center
810 Grand Ave
Sacramento Ca, 95838
(916) 567-9567

The Nurturing Parenting Program
NPP—ITP are
recognized by Sacramento County Child
Protective Services as approved parenting
classes for parents with children ages
Zero to five -years-old, (0-5).

Pre-Registration is recommended as
this class has a limited capacity.

Last Class to Register is March 23rd
before 12:00 noon
Play Care not available

March 16, 2019  Hopes and Fears, Nurturing as lifestyle
Class #1
Mar 16  Children’s brain Development
Class #2
Mar 23  Developing empathy in Children
NO NEW STUDENTS WILL BE ADMITTED TO THIS WORKSHOP AFTER CLASS #3

Class #3
Mar 23  Expectations and Development of children
Class #4
Mar 30  Developing Empathy in our Children
Class #5
Mar 30  Recognizing and Handling Feelings
Class #6
Apr 6  Spoiling your children, Praising children
Class #7
Apr 6  Understanding Discipline
Class #8
Apr 13  Developing Family Morals and Values
Class #9
Apr 13  Rewarding & Punishing Children Behavior
Class #10
Apr 20  Developing Routines
Class #11
Apr 20  Understanding and Handling Stress
Class #12
Apr 27  Managing anger, alternatives to spanking
Class #13
Apr 27  Possessive and Violent Relationships
Class #14
May 4  Families and Alcohol
Class #15
May 4  Hope and Fears reviewed, Certificates
Class #16

Funding provided by:

Sacramento County

Family Resource Centers