The Mutual Assistance Network presents

Nurturing Parenting Program for

School Aged Children

Firehouse Community Center
810 Grand Ave
Sacramento, CA 95838
(916)567-9567

The Nurturing Parenting Program
NPP—School Age Workshops are
recognized by Sacramento County Child
Protective Services as approved parenting
classes for parents with children ages
Six to twelve -years-old, (6-12).

Pre-Registration is recommended as
this class has a limited capacity.
*No class 02/17*

Last Class to Register is February 5th 2019
Play Care maybe available, ask for information

January 29th 2020– March 23rd 2019
Monday and Wednesday
3:30pm-5:30pm

Class #1 Jan. 29 Nurturing Parenting
Class #2 Feb.3 Developing Family Rules
Class #3 Feb. 5 Self-Worth & Praise
NO NEW STUDENTS WILL BE ADMITTED TO THIS WORKSHOP AFTER CLASS #3
Class #4 Feb. 10 Encouraging Good Behavior
Class #5 Feb. 12 Empowering Our Children
Class #6 Feb. 19 Expectations & Development
Class #7 Feb. 24 Helping Kids Manage Behavior
Class #8 Feb. 27 Recognize/Understand Feelings
Class #9 Mar. 2 Establish Nurturing Routines
Class #10 Mar. 4 Negotiating & Compromising
Class #11 Mar. 9 Touch and Personal Space
Class #12 Mar. 11 Body Map
Class #13 Mar. 16 Self Expression
Class #14 Mar. 18 Families and Alcohol
Class #15 Mar. 23 People Power /Graduation/Certificates

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Funding for Birth & Beyond Family Resource Centers is provided by the First 5 Sacramento Commission which used Proposition 10 (tobacco tax)
funds to support the healthy development of children ages zero to five. Additional information about the First 5 Sacramento Commission is online at
www.first5sacramento.net or by calling 916-876-5865.

Funding provided by:

First 5 Sacramento

Birth & Beyond Family Resource Centers