

# United Athletes

## January 2013



**“A culture of diversity and inclusion thrives when people with unique perspectives work together to achieve common goals”**

**Candace Bergman**

### Happy New Year!!

This is going to be a great year for United Athletics! This year will be full of love, happiness, acceptance and joy. We are hitting the ground running (no pun intended)!

United Athletics will now officially announce our participation into organized bike rides! See upcoming events for these races.

Craig Dunbar and the Richmond Tri Club have welcomed UA with open arms into the triathlon world. UA will have 4 teams participating in the Sprint Tri in Richmond, VA. This Triathlon will have a unique twist to the swim portion – an open water pool swim. We are so excited to participate in this spectacular event!

### Special Thanks:

United Athletics cannot express its appreciation enough for all of the support Craig Dunbar, in particular, and the Richmond Tri Club in general, has shown to UA and how enthusiastically they have welcomed us into the triathlon world. Thanks Craig and Richmond Tri Club!

We are so pleased that Amy Loving of the Chesterfield Community Services Board will be helping out both United Athletics and Inclusive Racing as the CSB representative and liaison. Thanks Amy!

United Athletics continues to be proud of our Athlete Representatives Ron and Lindsay.

We appreciate all of the positive advice from our families and from the local race directors. Together, we are going to help make Richmond the most inclusive athletic community.



Like us on Facebook!

### Upcoming events

• April 20, 2013  
**KIRK WILLIAMS ROLL OUT**  
<http://www.kwrollout.com>

• April 25, 2013 - 6:30pm  
**HARDYWOOD TWILIGHT**  
4 Miler  
<http://twilight4miler.com>  
Four athlete slots available!

• April 28, 2013  
**SPRINT TRIATHOLON**  
<http://www.richmondmultisports.com/brickman-richmond-sprint-triathlon.htm>

• May 11, 2013  
**CAP TO CAP**  
25 Mile Bike Ride

Email us if you or someone you know may be interested in being an athlete or athlete helper for these races!

### COMING SOON!!

Website – under construction

Online Forms – under construction

End of 2012 Treasurer's Report

# United Athletes January 2013 - RECAP



## Jingle Bell Run



Team Jenna participated in American Family's 2012 Jingle Bell run on Christmas Eve. Although not a "bright, sunshiny day", the smiling faces lit up the morning.



## First Day 5k



How could United Athletics have found a better way to start this year than with Bill Kelly/RRRC who graciously offered our athletes slots to race in his First Day 5K.

