

United Athletics

Assisting Athletes to Swim Bike Run



May 2013

Crowdrise Fundraiser

<http://www.crowdrise.com/unitedathletics>

United Athletics and Ainsely's Angels have created a tax deductible fundraising campaign to assist United Athletics in purchasing 15 strollers for the UA Equipment inventory. Our goal is to help more assisted athletes participate in racing events. Go to the above link, look for the orange table and follow the directions. You can donate individually or as a team. If your team raises enough money to purchase a stroller, your name will be placed on the stroller, to be seen at our future events. Remember, UA has 15 events in 2013!

UA April Events:

Please see our website and FB page for WONDERFUL pictures of our teams.

4/6 Charlottesville 8k – Team Jasmine, Team Joel and Team Jenna

4/14 Angels Tri/Lynchburg –Team Jasmine and Team Jenna

See our media coverage for the great race !

<http://www.wset.com/story/21974824/mothers-race-with-angels-in-lynchburgs-triathlon>

4/20 Kirk Williams Roll Out Bike Ride –Team Ian and Team Jenna

4/25 Hardywood Twilight 4 miler - Team Casey, Team Ben and Team Jenna

4/27 RTC Sprint Tri -- Team Jenna, Team Ben, Team Madison, Team Heather, Team Jasmine and Team Mark. What a heart warming event. Look at our links for coverage of the event.

<http://adventuresin-tri-mom-athlon.blogspot.com/2013/04/its-not-always-about-podium.html>

<http://www.wric.com/global/Category.asp?c=190525&autoStart=true&topVideoCatNo=default&clipId=8817215#.UXwEFzbbSQ.facebook>



YOUR RESOURCE BOX

Rhett syndrome is a rare genetic disease primarily affecting girls. These individuals develop normally, and then severe changes in mental/social development begins at about 6-18 mths. These symptoms include a deterioration in social/language skills, loss of muscle control, uncoordinated breathing and seizures. There is no cure for Rhett Syndrome; rather treatment is focused on the symptoms.

<http://www.ninds.nih.gov/disorders/rett/rett.htm>

<http://www.childrenshospital.org/az/Site3075/mainpageS3075P4>

May Events

• May 5
Monticello Man Olympic Tri
Team Jenna

• May 11
Cap to Cap Bike Ride
Team Ian/Madison/Jenna

• May 18
We Heart Harlie
Team Ron/Jenna/Heather/Casey

• May 19
RMS Power Sprint
Team Madison/Ben/Ian/Jenna/Casey

Upcoming June Events

June 2
RMS Naylor's Beach

June 15
Peluso OWS

June 23
REV3 Williamsburg



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