



COMMUNITY HEALTH QUICK AUDIT

INTRODUCTION

The Community Health Quick Audit was designed to provide communities with an easy tool with which to assess their community's health with regard to physical activity and access to healthy foods. Each community has different assets and needs. By completing this assessment, communities will better be able to utilize the Healthy Communities Toolkit to support their assets and address their needs.

PLAN4Health
An American Planning Association Project



Community Health Quick Audit

Please rate the following statements regarding your town's physical activity.

Walkability	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
My town has safe, good quality footpaths, sidewalks, or other walking routes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Roads in town center have wide shoulders	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Roads in town center have signage	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Roads in town center have crosswalks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Residents can walk easily and safely from home to a park	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Residents can walk easily and safely from home to local businesses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Footpaths and sidewalks connect safely and logically to building entrances	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Connectivity	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
There are safe walking paths that link between different parts of my town to provide access and easy travel from one area to another	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are safe biking paths/routes that link between different parts of a town to provide access and easy travel from one area to another	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Bikeability	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
There are directional signs to support and promote bicycling for travel on local roads.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are off-road bike paths to promote recreational biking in our town	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are safe shoulder conditions on the roads in areas that do not have bike paths	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Playability	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
There are local opportunities for indoor play such as community centers, libraries, open spaces, cafes for gathering and playing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are local opportunities for outdoor play such as fields, playgrounds, water recreation, etc. for gathering and playing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Placemaking	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
Residents reimagine public spaces to create opportunities for gathering	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Wayfinding	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
There are signs on local roads that assist both residents and visitors to easily find distances, directions, and travel times among places in the community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are signs on walking paths that assist both residents and visitors to easily find distances, directions, and travel times among places in the community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are maps for both residents and visitors to easily find distances, directions, and travel times among places in the community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Scoring	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
Enter the total number of each					
Multiply total number	___ x 1 =	___ x 2 =	___ x 3 =	___ x 4 =	___ x 5 =
				Add together for total score:	

Opportunities for Physical Activity Score: _____/90

Please rate the following statements regarding your town's access to healthy foods.

Food Markets	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
There are designated zones where farmer's markets are permitted	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are designated zones where food truck parking and retail are permitted	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Healthy Grocery Stores	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
There are a variety of grocery store options that offer healthy food (large chain stores, small corner stores, etc).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are a variety of opportunities to purchase local foods.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Small Growing Spaces	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
My town has established design standards and permitting for community gardens,	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My town has established design standards and permitting for backyard farming	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My town has established design standards and permitting for the keeping of farm animals in the town center or residential zones.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Incentivize Farming	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
My town has zoning regulations that make all forms of farming allowable.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My town has tax incentives to limit tax rates on farmed land.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Rural Transportation	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
Residents have physical access to healthy foods regardless of access to a personal vehicle.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Scoring	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
Enter the total number of each					
Multiply total number	___ x 1 =	___ x 2 =	___ x 3 =	___ x 4 =	___ x 5 =
				Add together for total score:	

Access to Healthy Foods Score: _____/50

Total Audit Score: _____/ 140 = _____%