

CSA Registration

Summer Session – 20 Weeks
June 5th, 2017 – October 22nd, 2017



*Register Online (PDF form available) at:

www.brookfordfarm.com/csa

*Mail form to:

Brookford Farm
Attn: CSA Administrator
250 West Road
Canterbury, NH 03224

*Email:

brookfordfarm.csa@gmail.com

Thank you for your support!

Eat with the Seasons!

COMMUNITY SUPPORTED AGRICULTURE (CSA)

A CSA Farm is one which forms a partnership with a community of individuals (members) who support the farm's operation through the purchase of shares. The members of the farm pledge in advance to cover anticipated production costs of the farm. In return, each week they receive some of the farm's bounty. Members also share some of the risk of farming, which could include poor harvests due to unfavorable weather or pests.



CSA Benefits:

- Healthy food that is locally grown and freshly harvested!
- Being part of a community that supports the farm and the local economy.
- Knowing how your food is grown and that the land and animals are taken care of in a sustainable and humane manner.
- You are always welcome to visit and tour Brookford Farm anytime.



Brookford Farm Summer 2017 CSA Session



Brookford Farm is a diversified organic farm, located in Canterbury, NH that offers nutritious food for your entire diet.

- **Grass-Fed Dairy Products**
- **Certified Organic Vegetables**
- **Raw Fermented Vegetables**
- **Pasture Raised Pork, Beef, and**
- **Broilers**
- **Dry/Aged Salami**
- **Pasture Raised Eggs**
- **Organic Maple Syrup**

Brookford Farm's CSA is a year round experience.

We offer three seasonal sessions:

Summer – 20 weeks – June-October
Fall/Winter – 20 weeks- October-March
Spring – 12 weeks- March-June

Distribution Locations

NH:

Amherst	Plymouth	Epsom
Canterbury	Exeter	Manchester
Concord	Nashua	Hollis
Deerfield	Hampstead	Salem
Dover		

MA:

Somerville	Cambridge
Reading	Brighton

Our Products



Dairy: Our cows eat a grass based diet of forages and grass crops as nature intended. Their high quality diet keeps them healthy and strong, producing the highest quality milk for our various dairy items. We have the deepest respect for our herd, our cows are never treated with artificial hormones or antibiotics.

Pastured Pork: Our hogs free range on the pastures and forest; foraging for a portion of their diet. Their active lifestyle combined with a natural diet supplemented with whey and New England, non-GMO, grain produces exceptionally flavorful and tender pork.

Grass Fed Beef: Our cattle graze on our pastures and are raised naturally without antibiotics. They are moved frequently to provide fresh sources of high quality forages. Seasonally their diet is supplemented with minerals, dry hay and baling.

Vegetables: Our vegetables are certified organic. Your Summer share may include lettuce, kale, zucchini, summer squash, spinach, tomatoes, peppers, onions, radishes, carrots, beets, melon, parsley, cilantro, celery, dill, beans, broccoli, cauliflower, eggplant, Swiss chard, leeks, sweet corn, cucumbers and more. Our fermented veggies are made right here on the farm, from seed to jar!

Pastured Poultry: Our poultry flocks spend much of the year foraging on pastures and are fed with organic grains to providing the highest quality eggs available anywhere.

Dry/Aged Salami: Nitrite free smoked in Maine made with our own 100% grass fed beef and pastured pork. We offer a variety of types: Chorizo, Summer Sausage, Soppressata and Hard Salami

Maple Syrup: We are proud to partner with North Family Farm to provide an organic maple syrup share.

Brookford Farm Share Options

~ Whole Diet Base Share: \$2136.50

This share is composed of organic vegetables, dairy, beef, pork, eggs and broilers. This is the best possible deal anywhere on Brookford Farm products!

Each week you will receive:

- 3 dairy credits
- 1 dozen eggs
- Certified organic vegetables

Each month you will receive:

- approx. 6 lbs beef
- approx. 6 lbs pork
- approx. 2 broilers

~Half Whole Diet Share: \$1050.00

Each week you will receive:

- Half Vegetable Share
- Value Added Share
- Sampler Meat Share
- 1 choice of our fresh, farmstead dairy

~ Meat Base Share: \$1017.00

Each month you will receive:

- approx. 6 lbs beef
- approx. 6 lbs pork
- approx. 2 broilers

~ Half Meat Base Share: \$550

Each month you will receive:

- 6 lbs mix pork and beef
- ~1 broiler

~Meat Sampler \$231.00

Each week you will receive:

- 1 lb of a different type of meat (bacon, sausage, ground beef, ground pork, stew beef or pork chops)

~ Vegetable Base Share: \$650.00 (4-5 people)

*Half Vegetable Share: \$400.00 (2-3 people)

*Quarter Vegetable Share: \$275.00 (single person)

*Peak Season Share: \$280

(½ share for 12 weeks 6/26 – 9/10)

Each week you will receive:

- Seasonal organic vegetables

~Value Added Share \$320

Choose any of the 2 per week:

- Farmstead cheese, dry salami, fermented veggies, dozen eggs or pint of pork lard

Add-on Supplemental Shares:

~**Dairy: \$360.00** - 3 dairy credits/week

~**Dairy (2 items): \$240.00** 2 dairy credits/week

~**Pork: \$345.00** - approx. 6 lbs pork/month

~**Beef: \$390.00** - approx. 6 lbs beef/month

~**Ground Beef: \$182.00** – approx 4 lbs ground beef/month

~**Broilers: \$292.50** – 2/month

~**Eggs: \$140.00** - 1 dozen eggs/week

~**Organic Maple Syrup: \$100.00** – 1 qt/month



Brookford Farm CSA

Partner Distribution Program

Brookford Farm recognizes the importance of community access to nutritious, locally grown food. If you would like to be part of bringing food to your community, this program might be for you.

What is required:

- Organize a group of CSA members in your area (minimum amount of members required depending on location).
- Provide a location (residential or work place).
- Collect member requests for dairy each week.
- Manage bottle deposits/refunds.

Benefits to you:

- Savings: You will receive a 5% credit towards your next sessions share on the gross sales of the members you recruit.
- Convenience: Weekly share delivered right to you!