First week of Advent: Nazareth

Day 3 – Just

*Matthew 1:19 "...and Mary's husband Joseph, being a **just** man…"*

What is a "just" man? One who lives their life according to scripture, and who maintains regular contact with the word of God. He is also one who loves the law of the Lord.

We've all heard the saying, "you are what you eat." If you eat junk food all the time, you're more likely to be unhealthy, but if you eat healthy food, you'll likely to be healthy. The same goes for your spiritual life.

Joseph was a just man because he "consumed" the word of God. He wanted to be holy, so he filled his life with holy things.

Imagine Joseph's typical day - He wakes up early to pray and meditate on God's word. Throughout the day, while working, he reflects on what he read earlier. When he finishes his work for the day, he relaxes at home with Mary and Jesus, and before bed he reads some scripture with his family.

How do you spend your free time? Using Joseph as an example, how would you like to spend your free time?

Psalm 1:2

Blessed is the man, "whose delight is in the law of the Lord, and on his law he meditates day and night."

Let us Pray:

God, this Advent help me to live in you.