



UWA HOCKEY CLUB - J3/4 competition - 2016

UWA Hockey Club participates in a local inter club J3/4 competition run Perry Lakes playing fields. There are several local clubs who participate in the competition.

The J3/4 season will commence on the 1st or 2nd weekend of May and concludes in late August (with a break for the Foundation Day long weekend and during the July School holidays).

The J3/4 Program comprises;

- Is for boys and girls who are currently in Year 3 or 4 at school (irrespective of actual age).
- Offers boys and girls a transition from J1/2 hockey and is played on three-quarter sized fields.
- The emphasis is on developing hockey skills in a fun environment and early development of positional play to make an easier transition to full field hockey.
- Teams are arranged in line with school and friendship groups and generally mixed (i.e. girls and boys).
- Teams train once per week at a location to suit the team and play Saturday mornings at Perry Lakes between 8.30am and 11.30am. The playing time can vary each week.
- You can request to have your child play for a particular team or with other players by emailing the J3/4 Coordinator, Todd Knox at J34@uwahockey.org.au
- Players wear a t shirt provided by the club and their school shorts – they do not require a club uniform. Sock colour can be agreed by each team.
- Players must provide their own stick, mouthguard, shin pads & water bottle.
- Parents are expected to take on the role of coach, umpire and team manager for each team. The club provides training for coaches and umpires.

Games:

- Teams play on a “three quarter” field format and comprise up to 11 players, with 9 players on the field at one time.
- Games are played at Alderbury Reserve (northern end of Perry Lakes), Floreat.
- All games are played on Saturday mornings and game times vary between 8.30, 9.30 and 10.30 am. The organizers arrange and distribute fixtures to the participating clubs
- There are two 20-minute halves with a 5-minute interval.
- Rules are modified to ensure a simple and safe version of the game.

Fees and Registration:

Fees for the season are \$130.

To play at UWAHC please register your child online at: <http://uwahockey.org.au> after 1 February 2016

Regards

Todd Knox

UWA Hockey Club J3/4 Coordinator

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