

## Tuesdays

**Event:** CHAIROBICS  
**Description:** With soup lunch  
**Day and Time:** 10am on a Tuesday  
**Venue:** St John's Church, Clapham Road.  
Open to those over 50  
**Contact:** Sheenacallender@yahoo.co.uk

**Event:** SILVER SOCIALS  
**Description:** Tea, coffee & cake, board games, chat and different activities each week (so far we have had watercolour painting, Tai Chi, ballroom dancing, music hall sing-a-long, baking, knitting, bingo & quizzes).  
**Day and time:** Tuesdays 10.30am-12 noon  
**Venue:** Clapham Holy Spirit, Narbonne Avenue, Clapham, London SW4 9JU: We do collect and drop off but only in the local area.  
Open to all, any faith or none.  
**Contact:** Judith [javickery13@hotmail.com](mailto:javickery13@hotmail.com)  
or [office@holyspirit-clapham.org.uk](mailto:office@holyspirit-clapham.org.uk) 020 8675 8094

**Event:** 2ND TUESDAY GROUP  
**Description:** We alternate between crafts, watching a film, games, listening to talks and holy communion. Tea and biscuits.  
**Day and time:** Meets every 2nd Tuesday of the month from 2.30-4pm. Check before hand.  
**Venue:** St James Church, Park Hill, Clapham, SW4 9PB  
**Cost:** No cost - Donation welcome  
**Contact:** Doris Woodeson 020 8674 6923

## Wednesdays

**Event:** SOCIAL GATHERING  
**Description:** Lunch, activities and speakers  
**Day and time:** Wednesday 12-4pm  
**Venue:** Coronation Hall, Community and Healthy living Centre, 110 Union Road  
**Contact:** [admin@springfieldcommunityflat.com](mailto:admin@springfieldcommunityflat.com)

**Service:** LUNCHTIME COMMUNION SERVICE  
**Description:** A 30 minute service followed by a lunch  
**Day and Time:** Wednesday at 12.30pm  
**Venue:** Holy Trinity Clapham  
**Cost:** There is no cost.  
Open to Anyone, but mostly elderly who attend  
**Contact:** [admin@holytrinityclapham.org](mailto:admin@holytrinityclapham.org)

**Event:** PRECIOUS YEAR 50+ CLUB  
**Description:** Lively Luncheon Club with activities including clay modelling, Art & Design, quizzes, board games, Bible Study, films. baking etc, offering friendship and providing a holistic care for those wanting activities or a chat.  
**Day and time:** Wednesday 1pm to 3.30pm – Lunch provided  
**Venue:** St Stephen 's Church Side Hall, Weir Road, Clapham Park, SN12 0NU  
**Cost:** No cost - Donation welcome  
Open to Anyone over 50  
**Contact:** Pastor Helen Smith. Tel 07533557101

## Thursdays

- Event:** TWIGLIGHTERS CHOIR  
**Time and Day:** 10am on a Thursday  
**Venue:** St John's Church, Clapham Park Road  
**Contact:** Contact: Sheenacallender@yahoo.co.uk
- Service:** SHORT EUCHARIST, LUNCH AND CHAT  
**Day and time:** Thursdays 12.30pm  
**Venue:** At Clapham Holy Spirit Narbonne Avenue, Clapham London SW4 9JU: This is mainly older people and again we offer lifts in the local area.  
**Contact:** [office@holyspirit-clapham.org.uk](mailto:office@holyspirit-clapham.org.uk) 020 8675 8094 or Sara on [rspillett@hotmail.com](mailto:rspillett@hotmail.com)
- Event:** SOCIAL GATHERING  
**Description:** With tea, music and Bingo. Transport available.  
**Time and Day:** 1-4pm on a Thursday  
**Contact:** Sheenacallender@yahoo.co.uk

## Fridays

- Event:** First Friday Lunch Club for Senior Citizens  
**Description:** The Lunch Club provides the opportunity for Senior Citizens, in the Parish, to meet friends, make new friends, enjoy a hot lunch (main course and desert) and enter the First Friday Raffle. The Lunch Club is **currently oversubscribed** but those interested in joining the waiting list should email their details to [office@stmarys-clapham.org.uk](mailto:office@stmarys-clapham.org.uk)
- Day and Time:** First Friday of each month: February to July and September to December. Approx 1pm after 12.30 Mass
- Venue:** The Monastery, St Mary's Catholic Church, Clapham Park Road, London SW4 7AP
- Cost :** None
- Contact:** [office@stmarys-clapham.org.uk](mailto:office@stmarys-clapham.org.uk)

## Churches Together in Clapham (CTiC)



Bible Study



**Opportunities to meet**  
*Events for older people and others in  
Churches Together in Clapham*