IMPORTANT MEDICAL INFORMATION

Student Name:	_ Date of Birth:
Primary Care Physician's Name and Phone Nu	mber:
Health Insurance Provider's Name, Policy # an	nd Contact Info:
Insurance Provider's Claim Instructions/Proce	edures:
Please list any health issues POST should be av	ware of (physical or mental):
Allergies/Food Restrictions:	
Please list any medications and/or prescription	ons POST should be aware of:
List Requirements/Directions for administrati	on of this medication:
Specify symptoms or reaction when medicatio	on is taken:

IMPORTANT MEDICAL INFORMATION (cont.)

Are there any circumstances in which your student should limit his or her
physical activity, (e.g. asthma, recent injury etc.) If yes, please specify:

Additional medical information POST needs to know in regards to your student's health (physical or mental):

I authorize the release of the information above to POST trip leaders, Chaperones, and staff in order to maintain the safest environment for your student.

Student Signature (if over 18 years old)	:Date
Parent Signature(if under 18 years old):	Date