

GREENS

11 am to close

ROBUST ROSA 10
kale, spinach, roasted broccoli, roasted tomato, red onion, toasted hemp seeds, avocado caesar dressing **gf V DF**

LE MIDI 11
kale, spinach, fennel, green beans, orange slices, red onion, smoked almonds, flaxseeds, basil, tahini-yogurt dressing, black olive tapenade **gf**

THE ARCADIAN 12
roasted butternut squash, apple, arugula, farro, red onion, parsley, vegan basil pesto, seeded cracker croutons, parmesan

JIMMY CHING 11
napa cabbage, romaine hearts, snow peas, crunchy quinoa, cashews, green onion, mint, toasted sesame seeds, chinese mustard vinaigrette **gf V DF**

SANTA MONICA SHRED 10
shaved carrots and beets, roasted broccoli, sunflower sprouts, red onion, toasted walnuts, lemon yogurt, crunchy quinoa **gf**

FARMER'S MARKET 11
arugula, spinach, heirloom tomatoes, roasted corn, peaches, sunflower seeds, basil, chive blossoms, white balsamic vinaigrette **gf V DF**

+ ADD PROTEIN

all-natural CHICKEN | 4 *grass-fed* STEAK | 5
sustainable SALMON | 6 *local farm* VEGGIE TOFU | 3
local non-GMO 7-MINUTE EGG | 2

GRAINS

11 am to close

CADILLAC CURRY 11
roasted garnet yams, green beans, madras curry sauce, pickled sultanas, green onion, basil, mint, toasted coconut, brown rice **gf V DF**

K-TOWN 10
roasted broccoli, mushrooms, spinach, carrots, kimchi, bean sprouts, Korean hot sauce, brown rice, 7-minute egg, toasted nori **gf DF**

FARRO AND AWAY 11
roasted broccoli, kale, spinach, roasted tomatoes, basil pesto sauce, toasted pine nuts, parmesan cheese, farro

MOAB MEDLEY 12
couscous, cucumber, roasted tomato, red grapes, smoked almonds, parsley, mint, lemon vinaigrette, tahini-yogurt drizzle

BOULDERADO 11
roasted zucchini, red bell peppers, spinach, quinoa, mojo rojo, toasted pepitas, fresh herbs, lemon yogurt dressing **gf**

WRAPS

11 am to close

THE CHRONIC 14
steak, 7-minute egg, avocado, carrots, red onion, spinach, chimichurri, whole wheat wrap **DF**

CALIFORNIA LOVE 13
chicken breast, black beans, brown rice, romaine, roasted tomato salsa, avocado, lemon yogurt, whole wheat wrap

REGULATOR 15
miso marinated salmon, kimchi, brown rice, napa cabbage, basil, mint, green onion, flaxseed vinaigrette, whole wheat wrap **DF**

KIDDOS

11 am to close / kids under 12

UNCLE RICO'S QUESADILLA 6
chicken -or- avocado, queso fresco, whole grain tortilla with green beans and brown rice

HOLY MEATBALLS 6
turkey meatballs, tomato sauce, couscous, broccoli **DF**

D-O-DOUBLE G 13
turkey meatballs, spicy hummus, cucumber, roasted tomato, parsley, romaine, tahini-yogurt, whole wheat wrap

EAZY STREET 11
tofu, brown rice, pickled sultanas, smoked almonds, arugula, red onion, madras curry sauce, whole wheat wrap **V DF**

CHICKEN LITTLE 6
chicken breast, snow peas, carrots, quinoa **gf DF**

SUNBUTTER + JELLY TIME 6
whole grain bread, sunflower butter, strawberry jam, apple slices -or- banana **DF**

FIRST WAVE

Served All Day

LAGUNA AVOCADO TOAST 12
toasted whole grain bread, avocado, orange slices, sunflower seeds, ricotta salata, sunflower sprouts, orange vinaigrette, zaatar spice

HERMOSA AVOCADO TOAST 11
toasted semolina bread, avocado, mojo rojo, red onion, basil **V DF**

BAJA SOL TOSTADAS 10
two corn tostadas, black beans, scrambled soft tofu, sliced avocado, greek yogurt, roasted tomato salsa, cilantro **gf V**

LEFT COAST ACAI BOWL 12
acai berries, blueberries, raspberries, banana, almond butter, macca powder, hemp seeds, granola, coconut **gf V DF**

MONTECITO HASH 11
two poached eggs, garnet yams, red bell pepper, kale, spinach, queso fresco, lemon yogurt, toasted pepitas, LC hot sauce **gf**

OFFSHORE OATMEAL 7
steel cut oatmeal, farro, almond milk, toasted walnuts, blueberries, golden raisins, maple syrup **V DF**

BIG WOOD CREPES 12
two buckwheat crepes, smoked salmon, ricotta cheese, toasted sunflower seed mix, apple, sunflower sprouts, lemon vinaigrette

PK PANCAKES 11
three buckwheat pancakes, seasonal fruit, greek yogurt, granola, maple syrup

COLD-PRESSED JUICE

COMING SOON

GOING TO CALIFORNIA 9.5
kale, spinach, apple, cucumber, ginger, lemon, sea salt

LIGHT MY FIRE 9.5
kale, spinach, romaine, cilantro, jalapeño, bell pepper, lime, sea salt

PARADISE CITY 9.5
pineapple, strawberry, cucumber, lemon

START ME UP 9.5
carrot, apple, cucumber, turmeric, lemon

FIELDS OF GOLD 9.5
yam, apple, coconut water, jalapeño, lime, sea salt

PURPLE HAZE 9.5
beet, apple, carrot, ginger, lemon, sea salt

KASHMIR 9.5
almond milk, coconut water, vanilla, goji berry, white pepper, agave, sea salt

ROCKET MAN 9.5
almond milk, espresso, macca powder, agave

PAINT IT BLACK 9.5
ginger, turmeric, lime, coconut water, agave, activated charcoal

MIGHTY MICK 5.5
apple, kale, cucumber, lemon

ENZO'S ORCHARD 5.5
apple, orange, carrot

MEGA MADDOX MILK 5.5
almond milk, cacao, macca powder, dates, vanilla

SOPHIA'S STRAWBERRY MILK 5.5
cashew milk, strawberries, beet juice powder, agave, vanilla

COLD-PRESSED ORANGE JUICE 4

BOTTLED SPRING WATER 2.5

Gluten-free items **gf**
Vegan items **V**
Dairy-free items **DF**

Although our kitchen is not gluten, dairy or nut-free, many of our dishes can be made without these items. Let us know about any dietary sensitivities and we'll happily try to accommodate you!