

It is said that your true, authentic self lives in what you're wanting...what is it that you want {in life, career, relationships}?

What is it within you that is simply busting to get out? {if you can't name it, don't worry...it will show up when it's good and ready}

If you DO know what that is, what would it take for that thing to bust out? How committed are you to making that happen?

What is the gift that you HAVE that could save the world? OR, what is it that you are always being thanked for...the thing that others come to you for...that you might not even "get" that it is your personal gift/brand of genius?

What do you trip over in your life? What is it that seems to be chronic, persistently annoying or that just won't go away? {hint: it's likely what you're ready to let go of}

What are you always apologizing for? {hint: this is likely your biggest opportunity for growth}

Who are you being when you are in your flow, at your greatest, or your most "you"?

Have fun with these thought-starters...