

TOAST

AVOCADO 9 420 cal
Lemon, chili

POACHED EGGS 8.5 600 cal
Firebrand thick cut milk bread

ALMOND BUTTER 5.5 750 cal
Firebrand sprouted rye, raspberry jam,
Maldon sea salt

SUNNY SIDE EGGS 11 520 cal
Roasted cauliflower, rainbow chard,
cilantro sauce, Firebrand toast

CEREAL

OATMEAL 7 370 cal
Seasonal fruit compote, pistachios,
your choice of milk

GRAB AND GO

PARFAIT 5 170 cal
Yogurt, spiced pear and cranberry compote

BLUEBERRY CHIA PUDDING 6 360 cal

OVERNIGHT OATS 6 280 cal
Preserved fruits

SANDWICHES

BREAKFAST SANDWICH 12 480 cal
Seasonal frittata and bacon on brioche

GRILLED THREE CHEESE 9 560 cal

GRILLED HAM AND CHEESE 10 530 cal

SALAD

ROCKET SALAD 10 370 cal
Midnight Moon cheese, toasted walnuts, lemon vinaigrette

WAFEL

LIÈGE WAFEL 4.5 320 cal

LIÈGE WAFEL WITH CHOCOLATE 5.5 420 cal

ADD

Heritage bacon 3 170 cal
Two poached eggs 4 140 cal
Avocado 3 120 cal

KITCHEN HOURS

monday-friday
7am-3pm

saturday-sunday
8am-3pm

We'll gladly pack these up for you to go.

We work with local and sustainable farmers and producers whenever possible to bring you the most delicious food.

