

MAJOR SPONSORS:



# 5K

25th Annual WALK & RUN

Bread of Life



"Food for the body ... Nurture for the soul"

TO BENEFIT THE HUNGRY  
& HOMELESS  
**SUNDAY**  
**OCT 1, 2017**

12PM AT PINE BANKS PARK,  
MELROSE & MALDEN

REGISTER ONLINE AT  
[WWW.BREADOFLIFEMALDEN.ORG](http://WWW.BREADOFLIFEMALDEN.ORG)

**RUNNERS \$25**  
**(\$30 DAY OF EVENT)**

**WALKERS RAISE  
PLEDGES**

**ALL PARTICIPANTS  
RECEIVE  
FREE  
T-SHIRT & SNACKS**

