Reflections from the Director

With the days lengthening, I reflect on how much we long for light – on our faces and in our hearts. In this time of national strife over racial equity, immigration and economic justice, we long for things to be set right, for fairness, for light to drive out the darkness in our society. It reminds me of what the prophet Isaiah had to say to the people of his generation who longed for light and couldn’t understand why darkness was prevailing: “If you do away with the yoke of oppression, with the pointing finger and malicious talk, and if you spend yourselves in behalf of the hungry and satisfy the needs of the oppressed, then your light will rise in the darkness, and your night will become like the noonday. The Lord will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen your frame.” Isaiah 58:9-11. The idea of finger-pointing is expanded in Psalm 1:1 “How blessed is the one who doesn’t...sit in the company of mockers.”
It can come easily to us to be a mocker - a critic, a cynic - to point the finger at our government or the other guy or a group of people. But the call is for us to get up off that bench and spend ourselves for others, to be the change we want to see. That’s one of the things I so love about Bread of Life. You won’t see complainers, critics and cynics sitting around BOL. We have always been a magnet for the doers – for people who are thankful, who praise what’s good, who believe for a better tomorrow, who build others up instead of tearing them down. With a community like this we can keep working to transform ourselves and our society to bring about racial and economic equity in food access, housing, employment, health care, education and more.

Bread of Life’s Under One Roof building project, a key component of our vision for our future work, has been transformed from a dream into reality. With the goal to start demolition and construction at 54 Eastern Avenue this summer, our architects are working hard to finalize construction documents; we are seeking leases on transitional sites for our programs and offices to operate during twelve months of construction; we’re meeting with our major funders on details of financing the project; we’re raising funds to outfit and equip our warehouse, food pantry superette and dining program in the new facility. All this is only possible because of you – our community of doers, praise-ers, believers and builders.

Thank you and God bless you!
Gabriella

Gabriella Snyder Stelmack
Executive Director

Click here for information on our "Under One Roof" Campaign.

P.S. Our "Under One Roof" campaign continues to gather momentum, despite the crisis. Please like us and follow us on facebook and follow us on twitter. And instagram.
We continue to be amazed at the generosity of our community. Thank you to Melrose Unitarian Universalist Church for their generous donation to Bread of Life and our 30 year partnership: “I was stunned when I got the call from the church,” said Bread of Life Executive Director Gabriella Snyder Stelmack. “This is such a generous act on behalf of the congregation. The money is so needed and will go right to use, providing food for families and individuals impacted by the pandemic in Melrose, Malden and surrounding communities.”
Read article

Inspiring Woman!

In honor of Women’s Day last month we celebrate Bread of Life’s Marcia Manong who is being honored as a Woman Making a Difference by Zonta Club of Malden. We’re so fortunate to work with Marcia who truly makes a difference at Bread of Life and throughout our community. Congratulations Marcia on this well deserved recognition! Read more about wonderful Marcia here: https://zontamalden.com/marcia-manong-a-woman-making-a.../

Walk For Hunger

Sunday, May 2, 2021
8:00 AM  9:00 PM
Click here to support Team Bread of Life captained by Sara Brandon!

Time to Wake Up

Big thanks to WCVB Channel 5 Boston for featuring BOL on their Wakeup call on Friday March 26th! and congratulations to Bread of Life’s
Communication and PR intern Ben from Salem State University for a job well done! https://www.wcvb.com/.../wake-up-call-from.../35945413...

Save the Date June 27, 2021

We’re looking forward to this! Mark your calendars- Sunday, June 27th! Knock on Wood, featuring singer-songwriter Howie Newman, an acoustic folk-rock duo will be hosting a free outdoor concert on the lawn at First Baptist Church Melrose, 561 Main St. Howie’s daughter Jen, (Malden High Class ’05!) will be joining as backup vocals. Donations will be accepted and a portion of the proceeds will be donated to Bread of Life! Read more about Knock on Wood here: http://howienewman.com/knockonwood/

Save this Date Too! October 3rd

The Bread of Life Walk is back! Mark your calendars for Sunday, October 3rd. We look forward to hosting this much loved event this year in memory of Beatrice Flammia. Stay tuned for more details in the weeks and months ahead!

Thank You Sponsors!

Special thank you to Bread of Life’s 40th Anniversary Premier Sponsors. This banner will be in our NEW building! This awesome banner was created by our friends Minuteman Press of
Volunteer Opportunities

Plenty of volunteer opportunities at Bread of Life! There is no better feeling then to help others in need and that's what Bread of Life is all about! Get involved and make a difference! Big shout out to intern Ben for creating this great flyer!

Standing in the Gap

Here’s what one senior citizen to whom we deliver groceries had to say:

"We just want to start out your day by thanking you for the baked goods you delivered. The sugar cookies we loved. Brownies, Sourdough bread and the rest of the groceries too of course. We really do appreciate it. You have no idea."

“Bread of Life’s Backpack Nutrition Program sponsored by The Foundation Trust”

Food for the Body...Nurture for the Soul

Donate with Credit Card