During 2021, with the effects of the COVID-19 pandemic continuing, Bread of Life made a significant impact stopping food insecurity in our communities:

- Provided groceries to 37,700 households that included 107,800 people, 28% children, 46% adults, and 26% senior citizens
- Distributed 83,700 bags of groceries
- Delivered 10,500 grocery orders door-to-door to senior citizens, disabled residents and COVID-quarantined households
- Distributed 3,036 nutrition backpacks to students in Everett public schools
- Delivered 2,800 meals and 8,000 bags of groceries to homeless individuals and families sheltered in local motels
- Provided 47,400 prepared meals through our evening meal program

Our staff and hundreds of volunteers went to the wall, taking on greatly increased work and risks to serve thousands of struggling families in 13 communities. At the start of 2020, Bread of Life’s food distribution programs were serving about 1,800 households/3,400 individuals per month. At the height of the pandemic in November 2020, we served 4,000 households/15,000 individuals per month. Thankfully, the need has decreased, but not nearly enough. As of December 2021, we were still serving 3,200 households/9,600 individuals per month. This is 1.8 times the number of households and 2.8 times the number of individuals over pre-pandemic levels.

- Malden-based food pantry, serving residents from 10 communities of the North metro Boston area pre-COVID, we converted in 2020 to a “grab ‘n go” distribution open to all from any community. During the height of the COVID-19 pandemic, the pantry served **520 families per week**, four times the pre-COVID level. We served **300 families per week in December 2021**.
• BOL staff and volunteers accomplished our move out of 54 Eastern Ave, Malden during the spring of 2021 in preparation for our Under One Roof construction project. We leased 214 Commercial St., Suite 209, Malden in May for our office and 109 Madison St., Malden in June for our food pantry/warehouse.

• Everett Mobile Market, which was a twice-monthly pantry at Everett City Hall pre-COVID, we converted in 2020 to a weekly “grab ‘n go” grocery distribution at the Lafayette School in Everett. During the height of the COVID-19 pandemic, the pantry served 200 families per week, four times the pre-COVID level. We served 140 families per week in December 2021.

• Grocery delivery program for senior citizens, disabled residents and families that are COVID-quarantined, we initiated in 2020. The program serves residents of Malden, Melrose, Everett, Medford, Chelsea, Revere, Winthrop, Saugus, Stoneham, Reading, Wakefield and surrounding communities on a monthly or weekly basis. During the height of the COVID-19 pandemic, we served 350 families per week. We delivered 190 grocery orders per week in December 2021.

• Everett Backpack Nutrition Program, in collaboration with the Everett public schools, has continued to distribute backpacks of food to Everett students, 200 – 300 per month.

• Motel meals program continued unabated during the COVID-19 pandemic. We delivered meals and groceries weekly to homeless individuals and families sheltered in local motels, partnering with Housing Families Inc. to serve their new shelter for homeless individuals. We delivered 70 meals and 130 bags of groceries per week in December 2021.

• Free evening meal Tuesday-Friday evenings at the First Baptist Church in Malden we converted in 2020 to a “grab ‘n go” meal open to all, serving about 60% more meals than pre-COVID. We served 100 meals per evening in December 2021. We also served and delivered 900 meals on Thanksgiving Day and 1,200 meals on Christmas Day through our community dinners at Malden High School, powered by volunteers including Project Ezra and the Jewish community at Christmas.

• Food Access Project continued to provide interpreting and translation services in five languages (Chinese, Haitian Creole, Spanish, Portuguese and Arabic), as well as outreach to immigrant and BIPOC communities to improve food equity by overcoming barriers to access.

• Distributed thousands of dollars’ worth of supermarket gift cards, toiletries, household supplies, diapers, blankets, jackets, boots, sneakers, gloves, hats and scarves to families and individuals through our food pantry and evening meals.

• BOL is a Strategic Partner of the Greater Boston Food Bank, in the top 10% of its member agencies, distributing 800,028 lbs. of GBFB food, 48% of which was fresh produce.
• **Gateway Cities and Food Deserts:** Four of the cities we serve, Malden, Everett, Chelsea and Revere, are Gateway Cities facing social and economic challenges including lack of good jobs. Food deserts, areas that have low household income, lack accessibility to sources of food, and lack of vehicle access, exist in several communities BOL serves, including areas of Malden, Medford, Everett, Revere and Chelsea.

• **The Food Access Project and BIPOC communities:** Two of the cities served by BOL, Malden and Everett, are in the top ten of the most diverse cities in the state. Our FA Project, begun in 2015 and sustained by Cummings Foundation grants, works to eliminate barriers and improve access to fresh, nutritious foods for those who are from BIPOC communities, immigrants, and non-native speakers of English.

• **Networking and Collaboration:** As the largest food security organization in the area, BOL plays a critical leadership role in addressing food insecurity. BOL convenes the monthly Tri-City Hunger Network to bring together organizations and agencies fighting food insecurity in Malden, Medford and Everett. BOL was also part of the Core Leadership Team responsible for creating The Malden Community Food Assessment (CFA), accepted by the Malden City Council in November 2021. The goal of the CFA is to enhance a shared understanding of the resources and gaps present within Malden’s food system so we can work toward a food system supports the health of Malden’s people, communities, and environment.

**Bread of Life’s Under One Roof Capital Campaign:**
Bread of Life’s vision of feeding more families more efficiently in a new state-of-the-art building has been delayed again by the COVID pandemic, but is still on track to becoming a reality. We had been pushing for a December 2021 demolition/construction start. However, in November 2021 we received a construction cost estimate that was much higher than originally estimated due to increased costs for labor and materials. We put the project out to bid, receiving lower bids, and in late January 2022 selected a general contractor. Even with the lower bid, Bread of Life needs an additional $940,000 for the project. Our strategy for raising these additional funds includes:

- Seeking additional financing from our bank
- Informing donors of the cost increase and asking if they would be able to increase their support.
- Working with the City of Malden which is assisting us in identifying funding sources
- Continuing with campaign fundraising events
Bread of Life Partner Organizations 2022

Partner Organizations provide for our Evening Meals Program: prepared food, funding for a monthly meal, or volunteers

Everett:
American Muslim Center – food

Lynnfield: Good Hope, Calvary Christian Church

Malden:
First Baptist Church
First Church in Malden, Congregational
First Lutheran Church
Forestdale Community Church
Malden Catholic High School
Mass Senior Action Council Metro North Chapter
Sacred Hearts Parish and School
St. Vincent de Paul Society of St. Joseph’s Parish

Medford:
McNeilly Family & Friends
Sanctuary UCC

Melrose:
First Baptist Church
First Congregational Church
First United Methodist Church
Green Street Baptist Church
Melrose Highlands Congregational Church
Melrose Rotary Club
Melrose Unitarian Universalist Church

Peabody: Temple Tiferet Shalom/Project Ezra

Reading: Church of the Good Shepherd

Saugus: Portuguese Baptist Church

Wakefield: Emmanuel Episcopal Church

Major Food Donor Partners:
BJs Medford
Lovin’ Spoonfuls
Shaw’s Melrose
TheFoodDrive Melrose
Trader Joe’s Saugus
Wegman’s Medford

Bread of Life Board of Directors 2022

Officers:
President: Séan Twomey (At-Large)
Vice President: Mary Beth Leon
(Partner Org: Cheverus School, Malden)
Treasurer: Edwin Andrews
(Partner: Temple Tiferet Shalom, Peabody)
Secretary: Chris Chitouras (At-Large)
Recording Secretary: Jana Gimenez (At-Large)

Directors:
Anne Gelineau Powers
(Partner Org: Medford Rotary Club)
Louis Gentile, Jr (At-Large: Winchester Savings Bank)
Mark Golub (At-Large)
Robert Goodreau (At-Large)
Douglas Mayers (At-Large: Antios Therapeutics)
Kathleen McKenna
(Partner Org: Sacred Hearts Parish, Malden)
Bernadette Mutebi (Program Representative)
Cynthia Robillard
(Partner Org: Good Shepherd U. Methodist, Malden)
Dennis Roche
(Partner Org: First United Methodist, Melrose)
Stacy Roche
(Partner Org: First United Methodist, Melrose)

Bread of Life Staff 2022

Marina Artemova, Meals Program Assistant
Clifford Barchard, Food Pick-Up Driver
Teri Barchard, Pantry Volunteer Coordinator
Pumla Bunghane, Doorperson
Malika Erroboa, Food Pantry Cleaner
Tyrone Evans, Grocery Delivery Coordinator
Patty Kelly, Development Director
Brandon King, Everett Nutrition Backpack Coord.
Katie Koval, Everett Mobile Market Assistant
Anson Kwong, Food Access Coordinator
Marcia Manong, Office Manager
Doug Rogers, Truck Assistant
McKay Russo, Food Pantry Coordinator
Gabriella Snyder Stelmack, Executive Director
Maria Tiro, Meals Program Coordinator
Charlene Wilson, Everett Mobile Market Coordinator/GBFB Driver
Financial Partners:

Major Program Supporters:

- Adelaide Breed Bayrd Foundation
- Cambridge Savings Bank Charitable Foundation
- City of Everett Dept. of Planning & Development
- City of Malden Office of Strategic Planning & Community Development
- City of Medford Office of Community Development
- Cummings Foundation
- EagleBank
- East Boston Savings Bank
- East Cambridge Savings Bank
- Eastern Bank
- Encore Boston Harbor
- Everett Citizens Foundation
- Everett Foundation for the Aged
- Exelon Generation
- Housing Families Inc.
- Joy in Childhood Foundation
- Commonwealth of Massachusetts
- Melrose Bank Foundation
- Mystic Valley Elder Services
- The Foundation Trust

"Under One Roof" Capital Campaign Major Funders:

- Mr. & Mrs. Craig & Sara Brandon
- Adelaide Breed Bayrd Foundation
- Beth Israel Senior Citizens Housing, Inc.
- The Clipper Ship Foundation
- The Donovan Family Foundation
- City of Malden Office of Strategic Planning & Community Development
- Massachusetts Food Security Infrastructure Grant Program
- Encore Boston Harbor Grant (Kitchen) & Cash Out Program
- Malden Community Preservation Committee
- Amelia Peabody Charitable Fund
- Arthur S. Reinherz Charitable Foundation (Reception Area)
- Eastern Bank Charitable Foundation
- Sidney and Deanna Wolk (Conference Rm)
- Yankee Pest Jamboree

How We Help:

Malden Based Food Pantry: Location: 109 Madison St., Malden. Hours: Wednesdays 4-6 pm, Fridays 2-4 pm
Eligibility: low-income people from Malden, Medford, Everett, Melrose, Stoneham, Saugus, Wakefield, Reading, North Reading, Winchester, Revere, Chelsea, Winthrop. May receive food typically once every four weeks. Register on arrival.

Everett Mobile Market: Location: Lafayette School, 117 Edith St., Everett. Hours: every Thursday from 3-5 pm
Eligibility: low-income residents of Everett and surrounding communities. A household may receive food weekly. No registration needed. Drive-thru or Walk-up.

Evening Meals: Location: First Baptist Church, corner of Main & Salem Sts., Malden. Hours: Tuesday, Wednesday, Thursday and Friday 5:30 - 6:30 pm. Eligibility: open to all, no application or reservation required.

Everett Backpack Nutrition Program: Locations: Whittier, Lafayette and Parlin Schools
Hours: school hours. Eligibility: food-insecure Everett public school students. See school principal or guidance dep't.

Grocery Delivery: Hours: weekly, monthly or emergency deliveries.
Eligibility: senior citizens, disabled residents, COVID-quarantined households and emergencies for residents of Malden, Everett and Melrose. We serve additional cities for MVES-referred clients.

Motel Meals Outreach: Hours: weekly meals and grocery delivery to homeless individuals and families in motels

Office: 214 Commercial St., Suite 209, Malden, MA 02148
Pantry: 109 Madison St., Malden, MA 02148. • www.breadoflifemalden.org • 781-397-0404